

# CARDIO EXTREME

## L-arginine Optimal Cardiovascular Formula

Cardio Extreme is based on a Nobel Prize winning medical breakthrough that some consider to be one of the most important advancements in the fight to naturally lower High Blood Pressure, and promote cardiovascular health in the last 50 years!

**HEART HEALTH,  
REGENERATION,  
ANTI-AGING**

Cardio Extreme combines L-arginine with L-citrulline and other vital nutrients in a breakthrough formulation which assists the body in generating Nitric Oxide, a life saving molecule.

It is now known that people who have high blood pressure or high cholesterol may be deficient in Nitric Oxide.

Nitric Oxide has been found to relax and enlarge blood vessels, prevent blood clots that cause strokes and heart attacks, regulate blood pressure, reduce stress on the heart, improve circulation and reduce accumulation of plaque in blood vessels. Has also been shown to boost HGH production, increase lean muscle mass, preserve bone density and support healthy sexual performance.

## historical benefits

- assists with reduction of blood pressure
- assists with reduction of triglycerides
- assists with increasing HDL (good cholesterol)
- assists with decreasing LDL (bad cholesterol)
- assists with neuropathy in legs and feet
- assists with Pulmonary Hypertension
- assists with reducing glucose levels
- assists with reducing creatinine levels (measure of kidney distress)
- assists with reducing c-reactive protein (indicates inflamed arteries)
- assists with increasing vitamin D and magnesium
- assists with wound healing
- assists with immune and hormone function

Published studies have proven that L-arginine, a vital amino acid, triggers cellular production of Nitric Oxide and that L-citrulline, when added in the correct ratio of L-arginine, is metabolized in the body and may help yield an increased amount of L-arginine, which in turn provides additional Nitric Oxide for up to an additional 20 hours.

### DIRECTION FOR USE

- Mix one level scoop with 8-10 ounces of water once a day (preferably on an empty stomach) and enjoy.

### RESPONSIBLE CAUTIONS

- Keep out of reach of children or anyone under the age of 18.
- Store at room temperature with lid securely tightened.
- As with all dietary supplements, when being treated for a medical condition, pregnant or nursing, consult with your health care provider.

### SUPPLEMENT PANEL

Serving Size: 1 level scoop (12 g)  
Servings per container: 30

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	35				
Total Carbohydrates	4 g	1%*			
Vitamin C (Ascorbic Acid)	60 mg	100%	L-arginine	5,000 mg	**
Vitamin D3 (Cholecalciferol)	2,500 IU	625%	L-citrulline	1,000 mg	**
Vitamin K	20 mcg	25%	Red Wine Extract	100 mg	**
Vitamin B6 (Pyridoxine HCE)	2 mg	100%	Xylitol	1 g	**
Vitamin B12 (Methylcobalamin)	6 mcg	100%	AstraGin	50 mg	**
Folate (Folic Acid)	400 mcg	100%	Proprietary Blend of 72	100 mg	**
Magnesium	20 mg	5%	Trace Minerals		

Other Ingredients: Citric Acid, Stevia, Natural Grape Flavor, and Natural Colors.

\* Percent values are based on 2,000 calorie diet

\*\*Daily value not established.

*Cardio Extreme L-arginine Optimal Cardiovascular Formula combines the optimal levels of both L-arginine (5,000mg) with L-citrulline (1,000 mg) and other vital nutrients in an exclusive formula to help promote exceptional cardiovascular health.*

## ingredient highlights

**5000 mg L-arginine** - Research has shown that you need to consume 4,000 mg-6,000 mg of L-arginine in each serving to receive meaningful benefits.

**1,000 mg L-citrulline** - Clinical trials in universities in California have established the effective amount of L-citrulline is 1,000 mg per serving. These studies showed that L-citrulline is critical in the production of Nitric Oxide because it acts like a catalyst when combined with L-arginine and extends the body's production of Nitric Oxide to over twenty hours.

**Vitamin C** - Linus Pauling, the founder of modern chemistry, holder of 48 honorary Ph.D.s, and the world's only 2-time unshared Nobel prize laureate, theorized that too little vitamin C elevates cholesterol levels, including the Lp(a) variant that causes narrowing of blood vessels.

**Vitamin D3** - Now classified as a hormone rather than a vitamin, known to aid in calcium absorption, and plays a role in healthy cardiovascular function and healthy inflammatory response.

**Vitamin K, & Magnesium** - Synergistically keeps calcium in the bones and out of arteries.

**Folic Acid, Vitamins B6 & B12** - Works together to naturally decrease homocysteine levels and relieve stress.

**Red Wine Extract** - High in antioxidants, anthocyanins, and polyphenols, which may help protect the heart and reduce LDL oxidation.

**70 Trace Minerals** - Our trace minerals normalize pH Levels in the stomach and throughout the digestive tract.

**AstraGin™** - A careful blend of two plant extracts, Panax notoginseng and Astragalus membranaceous, that has been shown to promote the absorption of amino acids by up to 66%.

