

## CARRIER & MASSAGE OILS

Carrier oils, also known as message oils, are so named because they "carry" essential oils onto the skin.

Carrier oil, sometimes referred to as base oil or vegetable oil, is used to dilute essential oils before they're applied to the skin in massage and aromatherapy.

### ORGANIC, SOOTHING, THERAPEUTIC

Carrier oils do not contain a concentrated aroma, unlike essential oils, although some have a mild distinctive smell. Carrier oils don't evaporate like essential oils, which are more volatile. The carrier oils used should be as natural and unadulterated as possible. Organic oils should be used where possible. Cold-pressing and maceration are the two main methods of producing carrier oils.

Each carrier oil offers a different combination of therapeutic properties and characteristics. The choice of carrier oil can depend on the therapeutic benefit being sought.

# types & sizes

#### ARGAN HAIR & BODY OIL [1 oz]

• Argan oil is a rich source of nutrients particularly beneficial for the skin, hair, and nails.

#### AVOCADO OIL [1 oz]

• This luxurious variety of Avocado Oil is considered high-oleic; it is high in nutrients to soothe and nourish dry, damaged skin. It is also known to be anti-aging.

#### FRACTIONATED COCONUT OIL [4 oz]

• Unlike traditional Coconut Oil, Fractionated Coconut Oil won't turn solid. This light, penetrating oil is a great carrier for essential oils.

#### GRAPESEED OIL [1 oz]

Grapeseed oil an excellent carrier for essential oils, massage oil, and bath oil. It is
expressed from the seeds of grapes and used widely in hypoallergenic products.

#### HEMP SEED OIL [1 oz]

 Hemp oil benefits include important essential fatty acids and amino acids. It can help prevent heart disease, high blood pressure, high cholesterol, cancer, arthritis, and much more.

#### MACADAMIA NUT OIL [1 oz]

 Fabulously protective oil with a high absorption rate that can be used as a healing oil for scars, sunburn, minor wounds, and other irritations. Contains several important vitamins and minerals that make it a great way to treat dry hair.

#### SESAME OIL [4 oz]

• Sesame (Sesamum indicum) is one of the oldest cultivated plants in the world; praised for its benefits for over 5,000 years.

#### GO SIGNATURE BLEND [4 oz]

• A soothing mixture of Certified Organic Virgin Sesame Oil, Certified Organic Sunflower Oil, Certified Organic Safflower Oil, 100% Pure Fractionated Coconut Oil, Certified Organic Lavender Essential Oil, and Certified Organic Rosemary Extract.



Carrier & Massage Oils

### daily uses

#### **REVITALIZE HAIR**

Apply desired amount of oil directly to scalp and massage oil through the hair. Wait 30 minutes then shampoo. To add shine, apply a few drops to your palm, rub hands together and rub through your towel dry hair.

#### **MOISTURIZE SKIN**

Apply a small amount to your hands and massage it into the skin, paying close attention to rough spots and areas with scars or blemishes.

#### SOOTHING MASSAGE

Mix with your favorite essential oils for a massage to help repair damaged skin cells, improve blood circulation, and relax tired muscles.



#### QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

