

CELERY SEED

Apium graveolens



Essential Singles

Celery Seed essential oil is one of the best oils for natural liver cleansing. Natural remedies for gout include Celery Seed because of its excellent ability to reduce uric acid. It is also used in natural remedies for rheumatoid arthritis along with Wintergreen and Peppermint. Researchers have been studying Celery Seed oil because of the compound 3-n-butylphthalide or 3nB. This compound has shown relieve arthritis.

DETOXIFYING,
ANTISEPTIC,
HEPTIC

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Celery Seed possesses a spicy, warm, long-lasting aroma and has seductive properties. Traditionally used as a liver tonic, it is also thought to be useful for treating arthritis, cystitis, menstrual and digestive problems, and high blood pressure. Celery seed essential oil is used as a fragrance component in soaps, cosmetics, and perfumes.

Available in: 5ml Bottle

daily uses

BATH

- Mix 20 drops in a warm bath.

DIFFUSION

- Diffuse 20-30 minutes per hour.

INHALATION

- Can be used alone for diffusion or for direct inhalation.
- Apply a drop or two from a tissue or cotton.
- Used as a sleep aid, put a couple of drops on a cotton ball and place inside your pillowcase.

INTERNAL

- Celery Seed certified as GRAS ("Generally Regarded As Safe" for internal use by the FDA.
- Dilute two drops with carrier oil in a veggie capsule and take up to three times daily.

MASSAGE

- Add 5-10 drops to 1 tbsp of carrier oil and massage into skin using a clockwise motion.

MISTING SPRAY

- Mix 20-30 drops in 4 oz of water in cobalt blue spray bottle. Shake well before each use.

RESPONSIBLE CAUTIONS

Avoid use with small children, elders, epileptics, pregnant and/or nursing women

attributes

PRODUCING ORGAN

Seeds

EXTRACTION

Steam distillation

COUNTRY OF ORIGIN

India

PROPERTIES

Antibacterial, antioxidant, antirheumatic, antiseptic (urinary), antispasmodic, digestive aid, diuretic, heptic (stimulates drainage), liver protectant, tonic (neuromuscular) and relaxant.



QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

