

# EMOTIONAL BLENDS

## DISPEL SICKNESS

Dispel Sickness contains Essential Oils that are known to be antibacterial and antiviral when diffused into the air.

It can cleanse the air and help prevent cross infection as well as removing the energy of hypochondria. This blend works best in a diffuser, but can also be used as a misting spray.



## ingredients

100% Pure, Certified Organic and Wildcrafted oils of Thyme ct. linalool, Ocean Pine, Eucalyptus globulus, Tea Tree, Lemon, and Jojoba

## daily uses

- Diffuse 15 drops 15 minutes per hour as needed during sickness.

## pregnancy & children

- Safe when used as directed after the first trimester of pregnancy.
- Safe for children when used as directed.

## dilution guidelines

Topical dilution for healthy individuals ages 10 and up is 10%.

Dilution	Essential Oil	Carrier Oil
1%	6 drops	1 ounce
1.5%	9 drops	1 ounce
2%	12 drops	1 ounce
3%	15 drops	1 ounce
10%	60 drops	1 ounce

Remember that blends, because of the smaller percentage of the stronger oils, are usually safer than single oils; especially during pregnancy, while nursing, and when using with children or the elderly.

## responsible cautions

- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at [www.godesana.com/cautions.asp](http://www.godesana.com/cautions.asp).
- Store away from sunlight, at room temperature, with lid securely tightened.

## availability

### 5ml Bottle



### QUALITY ASSURANCE

All goDésana Essential Oils are 100% Pure, Certified Organic and Wildcrafted. They are sourced, formulated, and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents, and GC/MS Chromatography Documents are sent to Alexandria for her approval prior to being shipped to goDésana.

### DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified health care professional and you should seek the advice of your health care professional before undertaking any dietary or lifestyle changes. The material provided in this document is for educational purposes only.  
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