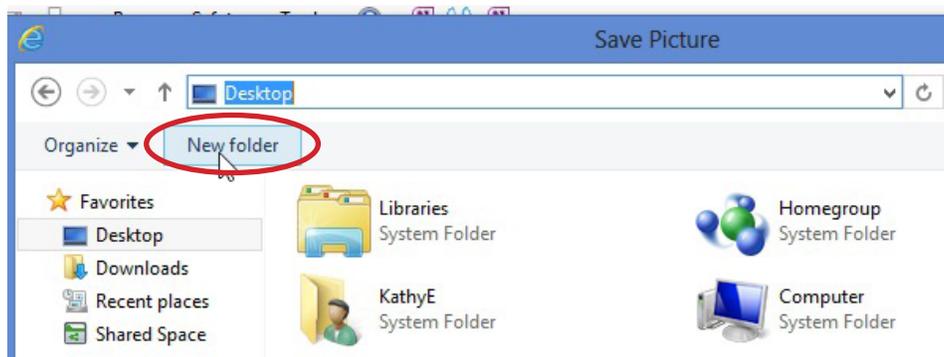**Step 1:** Locate the image you want and then right-click on the image to open the alternate dialogue box.
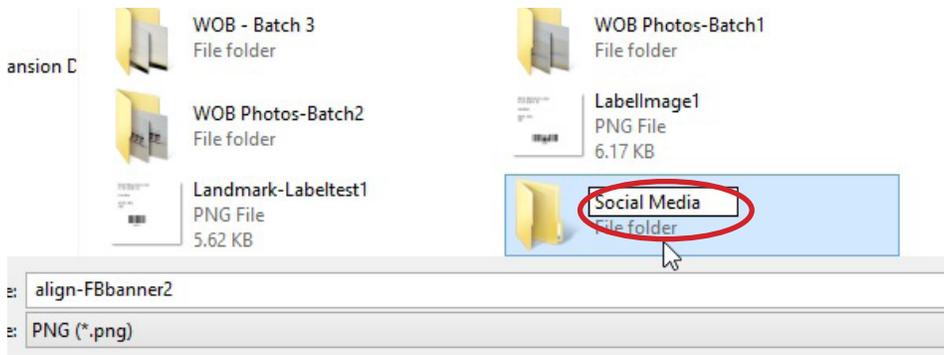

Step 2: Select "Save picture as..." or "Save image as..." to save the image to your computer.

Step 3: Create a new folder in an easily found location like your desktop.

Step 4: Double-click the new folder you created, and save the file to it.
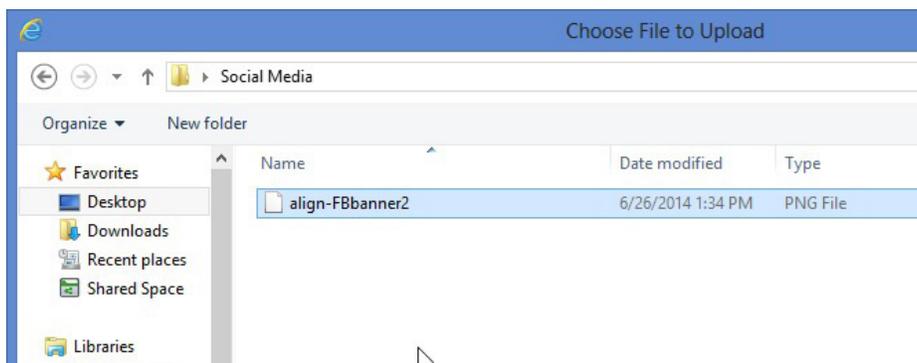

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Step 5: Go to your Facebook account and select "Add Photos/Video".

Step 2: Select "Upload Photos/Video".

Step 3: Navigate to the folder you created above in Step 3, and select the file you want to upload/post.

Step 4: Type anything you want to say about the photo and then hit "Post".