

Ingredients

Vetiver, Cedarwood, atlas;
Elemi, Frankincense, Lavender,
fine

STANDARDS OF QUALITY

All ingredients in goDésana products are 100% pure and therapeutic, meaning they are sourced and approved by Master Formulator Alexandria Brighton to the highest standards possible.

Our raw plant ingredients are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wild-crafted), and the specific therapeutic chemical constituent percentages that Alexandria Brighton insists upon for safety and therapeutic properties.

DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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Focus For Kids

Many kids commonly have difficulty concentrating on tasks, particularly school work.

Multi-tasking and distractions like surfing the web or instant messaging compete for their attention. With so many potential interruptions, it can be difficult for children to stop and focus on the task at hand.

Focus For Kids is a proprietary blend of Essential Oils that have been shown to assist and help support the body with left-brain, logical thought processes, attention, and concentration.

It helps to keep one present during mental work and may be helpful for attention deficit disorders.

ingredient highlights

- Vetiver, a very grounding and balancing oil emotionally, mentally, and spiritually, is said to affect the nervous system, endocrine (hormone) system, skin, and emotions.
- Cedarwood, atlas is a grounding, calming Essential Oil that is said to combat negativity. Unlike other conifers, Cedarwood, atlas brings instantly uplifting, yet calming effects.
- Elemi Essential Oil stimulates circulation, the secretion of hormones and enzymes from the endocrinal glands, and the discharge of bile and other gastric juices into the stomach. Additionally, it stimulates nervous responses, including those affecting neurons in the brain, the heartbeat, and respiration.
- Frankincense is known for its comforting properties. It is useful for visualizing, improving one's spiritual connection, and helping to overcome stress and despair. Frankincense can promote feelings of mental peace, relaxation, and satisfaction while helping to relieve anxiety, anger, and stress.
- Lavender, fine, with its well-known calming scent, is an excellent tonic for the nerves and anxiety issues. It can be helpful in treating migraines, headaches, depression, nervous tension, and emotional stress. The balancing properties of Lavender, fine can also boost energy and stamina.

suggested usage (10 years & up)

- Inhale, then apply neat under the big toe, then drop or apply neat to the back of neck near hairline. This can be repeated as needed.

pregnancy & children

Safety Group #3

Topical

- Infant to 3 months: not recommended
- 3 months to 3 years: not recommended
- 3 to 5 years: not recommended
- 5 to 10 years: not recommended
- Pregnancy: not recommended

Bath

- Infant to 3 months: not recommended
- 3 months to 3 years: not recommended
- 3 to 5 years: not recommended
- 5 to 10 years: not recommended
- Pregnancy: not recommended

responsible cautions

- Generally non-toxic, non-irritant.
- Keep out of the reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at godesana.com/cautions.asp.
- Store away from sunlight, at room temperature, with lid securely tightened.

availability

5ml Bottle



Alexandria Brighton Collection
ESSENTIAL OILS

