

HAPPY

Happy is symbolic of the innocence of a child's love - given freely and without condition.

LOVING,
JOYOUS,
LIGHT-HEARTED

Balancing work with play is necessary in order to experience joy and happiness, and it's essential to our wellbeing. Happy reminds us to indulge our inner child and experience as much fun and joy in living as we can.

Happy reminds us to take time each day to nourish our inner child, leaving us feeling as light-hearted as when we were young.

Available in: 5ml Bottle

daily uses

BATH

- Add 6 to 12 drops of Happy to ½ cup of Pink Himalayan or Dead Sea salts and mix into a warm bath. Soak away your cares.

INHALATION

- Apply 2 drops to palms of hands; rub together, cup hands over nose and mouth. Inhale deeply as needed.

MISTING SPRAY

- 10 to 12 drops in 4 ounces of distilled water in a cobalt blue spray bottle. Shake well before use. Close your eyes and mist around your body.
- You may also make up 2 ounce sample misters to share with friends, family, and potential distributors. Add 5 to 6 drops in 2 ounces of distilled water in a cobalt blue spray bottle.

TOPICAL

- Apply as a perfume. Can be used alone or as a base to layer additional AromaStix. May be applied to pulse points.
- Apply to the soles of the feet and run, dance and jump around for the pure joy of it.
- Apply to the wrist and inhale when feeling bogged-down and depressed by too many hours of work and a lack of rest and play.

RESPONSIBLE CAUTIONS

- Due to the amount of citrus oils in this blend and their potential for photo-sensitivity, it is best to avoid direct sun exposure to any areas where this blend has been applied for at least 24 hours.



Essential Blends

ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted oils of Rosewood, Sweet Orange, Pink Grapefruit, Red Mandarin, Tangerine, Rose Damascena, Spearmint, and Fractionated Coconut Oil.

notes



QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

