

HEALER'S HEART

Formulated specifically to support caregivers of any nature; moms of little ones, those caring for aging parents, loved ones caring for special needs family members, as well as health care practitioners.

CARING,
UPLIFTING,
SUPPORTIVE

Healer's Heart is a valuable energetic support to anyone who is involved in the care and nurturing of others, whether it be physical, emotional, or spiritual in nature.

Healer's Heart blend connected the heart chakra with the high heart chakra, helping to expand the caregiver's own innate intuitive abilities, thereby enhancing their facilitative abilities.

This synergistic blend also provides protection from "taking in" any negative energies from those who are being cared for.

Available in: 5ml Bottle

daily uses

BATH

- Add 12-15 drops to ½ cup of Pink Himalayan or Dead Sea salts and dissolve into a warm bath.

FOOT SOAK

- Add 5-8 drops in ¼ cup of Pink Himalayan or Dead Sea salts, dissolve into a basin of warm water, soak & enjoy.

MISTING SPRAY

- Add 10 to 12 drops of Healer's Heart to 4 ounces of distilled water in a blue cobalt spray bottle. Shake well before use.
- Mist throughout living area or for practitioners, in treatment rooms or other areas where client interaction occurs.

TOPICAL

- Healer's Heart is best and most often used neat (undiluted).
- Place 1-2 drops on the breastbone; gently massage upward toward the thymus.
- Apply 1 drop to the heart chakra.
- Place 1 drop in the palm of one hand and rub both hands together.

RESPONSIBLE CAUTIONS

- Non-toxic and non-sensitizing.
- Not for use internally.



Essential Blends

ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted oils of Sandalwood, Spikenard, Frankincense, Jojoba, Cypress, Elemi, and Cedarwood Atlas.

notes



QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

