

HOPE

Formulated to inspire and stimulate remembrance of the hopeful future you may have once envisioned for yourself, and let it clear away the obstacles to realizing that vision. In some cases, this blend may open up hope for a future that one has never had access to.

**HOPEFUL,
INSPIRATIONAL,
STRENGTHENING**

When we instill hope into our darkest times, it opens up a light that helps us to find our way out of the darkness and allows the possibility for miracles to occur.

Hope blend uses many of the ancient oils of wisdom to awaken access to a deep positive reality within us.

Increased hope can strengthen the immune system, allow the body to heal wounds, and open up possibilities that we may not have had access to previously. Use this blend to “get back on track” when discouragement has distracted you from the joy of living and fulfillment of your life purpose.

Available in: 5ml Bottle

daily uses

BATH

- Add 12-15 drops to ½ cup of Pink Himalayan or Dead Sea salts and dissolve into a warm bath.

FOOT SOAK

- Add 5-8 drops in ¼ cup of Pink Himalayan or Dead Sea salts, dissolve into a basin of warm water, soak & enjoy.

DIFFUSION

- Diffuse 5-10 minutes per hour as desired throughout the day.

INHALATION

- Rub 2-3 drops on the palms of the hands, cup hands over nose and mouth, and inhale deeply.

MASSAGE

- Add 10-15 drops to 1 tablespoon of carrier oil and massage on for a localized massage, or mix greater quantity of oil for a full-body massage.

MISTING SPRAY

- Add 10 to 12 drops of Hope to 4 ounces of distilled water in a blue cobalt spray bottle. Shake well before use.

TOPICAL

- Apply as a perfume. Can be used alone or as a base to layer additional oils.
- Can be applied over the heart to restore hope when we are feeling hopeless.
- Roll on the back of the neck to access the Governing Meridian to spread peace and hope through all systems of the body.
- Apply to the wrists and inhale as needed to help restore peace and harmony.
- Apply to the soles of the feet and move forward in faith.

RESPONSIBLE CAUTIONS

- Non-toxic, non-irritating, and non-sensitizing.



Essential Blends

ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted oils of Myrrh, Spikenard, Sandalwood, Rose Damascena, Lavender Fine, and Fractionated Coconut Oil.

notes



QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

