

Inflam Relief

A General Purpose Symptom Synergy blend to assist with inflammation.

When something harmful or irritating affects a part of our body, there is a biological response to try to remove it. Inflammation is the body's attempt to remove harmful stimuli including damaged cells, irritants, or pathogens.

The signs and symptoms of inflammation, especially acute inflammation, show the body is trying to heal itself. Inflammation does not, however, mean infection, even when an infection causes inflammation. Infection is caused by a bacterium, virus, or fungus, while inflammation is part of the body's response to that infection.

Symptoms of inflammation include redness, swollen joint(s) that may be warm to the touch, joint pain, joint stiffness, and loss of joint function. Inflammation may also be associated with general flu-like symptoms including fever, chills, fatigue/loss of energy, headaches, loss of appetite, and muscle stiffness.

As part of an autoimmune disorder, inflammation can also affect organs, with the type of symptoms varying based on which organs are affected. For example, inflammation of the heart (myocarditis) may cause shortness of breath or fluid retention. Inflammation of the small tubes that transport air to the lungs may cause shortness of breath, and inflammation of the kidneys (nephritis) may cause high blood pressure or kidney failure.

ingredient highlights

- Eucalyptus Citriodora has been used in traditional Aboriginal bush medicine for thousands of years. Its analgesic, anti-fungal, and anti-inflammatory properties make it useful for easing joint pain, reducing fevers, easing gastric conditions, assisting with skin conditions, and speeding the healing of cuts and wounds.
- Lavender, spike is great for muscles, pain, inflammation, headaches, and the respiratory system. It differs from "true" Lavender in chemical composition, having a more camphorous aroma coupled with stimulating, antiseptic properties.
- Sesame Seed Oil has been used for thousands of years as a healing oil, particularly in India. It is a natural anti-inflammatory agent due in part to its high levels of copper. Sesame Seed Oil reduces the swelling of joints while strengthening bones and blood vessels, helping to keep your frame strong and sturdy for many years without painful inflammation. It can be helpful for inflammatory conditions like gout and arthritis.

pregnancy & children

TOPICAL

- Infant to 3 months - not recommended
- 3 months to 2 years - not recommended
- 2 years to 5 years - safe when used as directed on small areas
- 5 years to 10 years - safe when used as directed on small areas
- Pregnancy - safe when used as directed on small areas, not the stomach



ingredients

100% Pure, Certified Organic and Wildcrafted oils of Eucalyptus citriodora, Lavender, spike, and Sesame Seed

Note: AromaStix contain a very small amount of Certified Organic Fractionated Coconut Oil

suggested usage

- May be applied to area of inflammation (over lungs, heart, joints, muscles, etc.) 3 to 4 times per day as needed.

reasonable cautions

- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at www.godesana.com/cautions.asp.
- Store away from sunlight, at room temperature, with lid securely tightened.

availability

10ml bottle & AromaStix



QUALITY ASSURANCE

All goDésana Essential Oils are 100% Pure, Certified Organic and Wildcrafted. They are sourced, formulated, and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents, and GC/MS Chromatography Documents are sent to Alexandria for her approval prior to being shipped to goDésana.

DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified health care professional and you should seek the advice of your health care professional before undertaking any dietary or lifestyle changes. The material provided in this document is for educational purposes only.
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