# Isoflex Infused Massage Blends

#### Isoflex Cool Down

Ingredients: Wintergreen, Marjoram, sweet: Helichrysum, Rosemary 1.8 cineole, Peppermint, Cypress, Sesame Seed Oil, Fractionated Coconut Oil

Used after working out, this blend helps the muscles to cool down properly, thereby avoiding cramping and soreness the next day. Isoflex Cool Down contains Helichrysum and other pure Essential Oils known to be antispasmodic and anti-inflammatory, which helps when we have overworked or strained a muscle. Apply liberally to the muscles after a workout (do not apply to wet skin as it may be irritating).



#### TOPICAL

Essential Oils pass through the skin's epidermis and are carried away by the capillary blood circulating in the dermis. The more skin you cover, the greater the dose. Very seldom will Essential Oils be applied neat or undiluted.

- Apply to the areas of concern following strenuous physical activity.
- ♣ Pregnancy Not recommended
- → Infant to 3 months Not recommended
- ◆ 3 months to 3 years Not recommended
- + 3 to 5 years Not recommended
- + 5 to 10 years Not recommended
- + Healthy Individuals 10+ years Safe when used as directed



### Isoflex Warm Up

Ingredients: Wintergreen, Marjoram, Sweet; Rosemary 1,8 cineole, Peppermint, Ginger Root, Cypress, Sesame Seed Oil, Fractionated Coconut Oil

Formulated to help warm the muscles before exercise to protect the body from injury. This blend contains Ginger, which warms the muscles helping them to strectch and relax more easily. May also help those with arthritis who require heat for joint ache relief. Massage a small amount into the muscles that you will be exercising (calves and thighs for walking, shoulders and upper arms for lifting etc.).\*



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## Responsible Cautions

- ♣ Non-toxic, non-irritant, non-sensitizing.
- ★ Keep out of reach of children and pets.
- ◆ Use as directed, and adhere to Responsible Cautions at www.goDesanaOrganics.com/cautions.asp.
- + Store away from sunlight, at room temperature, with the lid securely tightened.



## **Pure Plant Promise**

goDésana pure plant ingredients are never tested on animals, are always free of chemicals, synthetics, preservatives, stablizers, potassium sorbate, phthalates, petroleum, sulfates, silicones, parabens, mineral oil, triclosan, and animal products.



The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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