

# Essential Health

## FOR ANIMALS

### Itch Relief (health support blend)

**Ingredients:** Patchouli, Lavender, fine; Organic Carrot Seed, Frankincense, Niaouli, Organic Sesame Seed, Fractionated Coconut

Just like us, dogs can get itchy skin which can originate from many different causes. Diet can be the cause of most dogs' itchy skin: remove wheat, soy, corn, and other known allergens from your dog's diet.

Dogs are prone to allergies derived from the unnatural lifestyle that accompanies domestication. Feed a more natural diet of fresh raw or lightly cooked meat or moist foods, not dried food. Check your home for chemical cleaners, air fresheners, and other known allergens.

Insect bites can also create itchy spots that annoy your animal. Stress is also known to cause itching as well as pain. Reduce the stress you can in your dog's environment and watch your own stress as your dog will be mirroring that back to you. Seek veterinary advice if itching continues.

### Animal Safety Guidelines

- Do not give Essential Oils to your animals internally.
- Animals will often lick the area where Essential Oils have been applied. This is normally not a problem when following recommended dilution and dosage guidelines, but you should watch for adverse reactions that may include skin irritation, vomiting, diarrhea, depression, lethargy, weakness, excessive drooling/salivation, or seizures. If they show signs, wipe the area with a cloth soaked with a carrier oil. If irritation continues or your animal's condition worsens, seek immediate veterinary assistance.
- Never apply Essential Oils directly to an animal's muzzle area, inside nostrils, inside ears or mouth, or directly to genital areas.
- Do not get Essential Oils near or in the eyes. If Essential Oils accidentally get into the eyes, apply a carrier oil such as Grape Seed to a cloth and wipe over the area.
- Do not apply Essential Oils neat (undiluted) to animals; they should always be diluted for topical application to animals.
- In a barn or kennel-type facility, it is best to store aromatherapy products in aroma-safe containers, locked away from children and animals. Be mindful of your fellow barn/stable/kennel mates and their animal friends; not everyone can tolerate the same aromas you and your animals may enjoy.
- Remember, less is best when it comes to Essential Oils. Do not be tempted to think that if it's good, more is better.
- Exercise caution with pregnant animals and use smaller dosages than you normally would. Avoid during first few weeks of pregnancy and do not use on puppies until after 10 weeks of age.

### Do Not Use Essential Oils With The Following:

- **Cats:** due to their highly sensitive metabolic systems.
- **Fish and Reptiles:** due to their pH levels and aquatic environment.
- **Birds:** due to their respiratory and metabolic systems.
- **Rodents & small mammals (gerbils, hamsters, rabbits, rats etc.):** there is not enough research on the use of Essential Oils with these animals to determine a safe use.

# Alexandria Brighton Collection

## ESSENTIAL OILS

### Suggested Usage

**Topical:** Apply to the area of itchy skin and try to distract your pet for 10 to 15 minutes while it is being absorbed. A recovery collar (cone) could be used if necessary to keep them from licking it off immediately.

Put in a roller bottle for application to small areas such as insect bites.

### Responsible Cautions

Use caution with pregnant animals and use smaller dosages than you normally would. Avoid during the first few weeks of pregnancy and do not use on puppies until after 10 weeks of age.

### Dilution & Dosage Guidelines

For topical application, use the product adhering to the dosage recommendations below. Animals should respond within 1 to 3 days but can show improvement immediately. If there is no improvement in 7 days, discontinue use and re-evaluate.

#### Massage Dosage Guidelines for Dogs

**Miniature (Up to 10 lbs):** 1 to 2 drops massage blend

**Small (11-25 lbs):** 3 to 5 drops massage blend

**Medium (26-40 lbs):** 6 to 9 drops massage blend

**Large (41-70 lbs):** 10 to 15 drops massage blend

**Extra-Large (70+ lbs):** 16 to 20 drops massage blend

#### Horses and Large Animals

Follow instructions for medium to extra-large dogs, beginning with less and working up to the larger sizes as you gauge the animal's response and tolerance.

#### Smaller Animals

*Miniature horses and cows, goats, sheep, etc.*

Follow instructions for small to large dogs, beginning with less and working up to the larger sizes as you gauge the animal's response and tolerance.

#### PURE PLANT INGREDIENTS PROMISE

goDésana pure plant ingredients are never tested on animals, are always free of chemicals, synthetics, preservatives, stabilizers, potassium sorbate, phthalates, petroleum, sulfates, silicones, parabens, mineral oil, triclosan, and animal products.

#### STANDARDS OF QUALITY

All ingredients in goDésana products are 100% pure and therapeutic, meaning they are sourced and approved by Master Formulator Alexandria Brighton to the highest standards possible. Our raw plant ingredients are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wildcrafted), and the specific therapeutic chemical constituent percentages that Alexandria Brighton insists upon for safety and therapeutic properties.

#### DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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availability  
2oz Massage

