

# L-Stimulate

This masterfully formulated proprietary blend features Essential Oils that have an affinity for the lymphatic system; for the express purpose of stimulating, supporting, and strengthening the flow of the lymphatic system.

The lymphatic system is one of the most complex networks of our body, but it doesn't get much "press". The primary function of the lymph system is to flush excess toxins, waste, metabolic debris, and infection from our body.

A well functioning lymphatic system can mean fewer colds, flu and illness; clearer, smoother, more radiant skin; and a body that is more firm and toned.

A properly functioning lymph system can also mean fewer food cravings, a more deeply nourished body, little to no swelling or bloating, and vibrant health in general.

## ingredient highlights

- Bay Laurel is known to be a powerful stimulant to the immune and lymphatic systems. It is of tremendous value in dealing with a wide range of viral and respiratory conditions including colds, flu, tonsillitis, and allergies, especially when congestion and infection are involved.
- Pink Grapefruit is a wonderful detoxifying agent as it helps to activate the lymphatic system. It's also known to clear toxins, remove excess fluids, and help burn fat.
- Lemon is known for encouraging stimulation and detoxification of the lymphatic system, helping to maintain optimum health.
- Lime is very beneficial to the lymphatic system, as it cleanses and clears out the lymph nodes. This results in improving the immune system and causing it to work more effectively.

## suggested usage

- Use as an application for foot reflexology.
- Use for on-site application when doing lymphatic massage, or lymphatic drainage work.
- Apply to feet as desired.
- Self-apply to lymph sites such as behind the ears, underarms, under breasts, inside elbows, and around groin daily, or as needed, for lymphatic support.
- For WholeBody Lymphatic Detox please refer to WholeBody Detox Brochure

## responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at [www.goDesanaOrganics.com/cautions.asp](http://www.goDesanaOrganics.com/cautions.asp).
- Store away from sunlight, at room temperature, with the lid securely tightened.

## ingredients

100% Pure, Certified Organic and Wildcrafted oils of Bay Laurel, Pink Grapefruit, Lemon, Lime, and Sesame Oil

## topical dilution guidelines

**Ages 10 & Over:** Topical dilution for healthy individuals is 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.

## pregnancy & children



safety group #4

### Topical

- Infant to 3 months - *not recommended*
- 3 months to 3 years - *not recommended*
- 3 to 5 years - *not recommended*
- 5 to 10 years - *not recommended*
- Pregnancy - *not recommended*

### Bath

- Infant to 3 months - *not recommended*
- 3 months to 3 years - *not recommended*
- 3 to 5 years - *not recommended*
- 5 to 10 years - *not recommended*

## availability

10ml Bottle  
AromaStix

AromaStix contains  
Fractionated Coconut Oil



### QUALITY ASSURANCE

All oils from goDesana Organics are 100% pure and therapeutic, meaning they are sourced and approved by Alexandria Brighton to the highest standards possible. Our Essential Oils are chosen for their integrity (all chemical constituents important for use are intact), ecological "soundness" (all are organic or wildcrafted), and the specific chemical constituent percentages that Alexandria Brighton insists upon for efficacy and safety.

### DISCLAIMER

goDesana Organics products have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease. They are not intended as a substitute for the advice or medical care of a qualified health care professional. Seek the advice of your health care professional before undertaking any dietary or lifestyle changes.

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