# LAVENDER FRANKINCENSE

lavender apothecary blend aromastix





## application

#### ingredients

Lavandula angustifolis (Lavender, vera), Boswellia carteri (Frankincense), Cocos nucifera (Fractionated Coconut Oil)

### responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

### product summary

This is a wonderful blending of our wildcrafted Frankincense from Somalia and Lavender, vera from Bulgaria. This blend of essential oils is particularly suited to the skin and has traditionally been used to help with scarring and restoration of tissue. This soothing, anti-inflammatory blend may be added to unscented lotion or body wash. Great to use as an after sun lotion when mixed with Jojoba Oil.\*

Lavender, vera is known as a great essential oil for assisting the body with wound healing due to its powerful antiseptic properties.\*

With a history dating back thousands of years, Frankincense is known for its powerful healing and anti-aging benefits. Frankincense is also known to promote skin cell regeneration while keeping the existing cells healthy. It also has astringent properties that can help accelerate the healing of wounds.\*

### suggested use

- Add 8-10 drops to ½ cup of Clay Vitality or bath salts and mix into warm bath water.\*
- Apply 1 to 2 drops on location to assist with inflammation of joints.\*
- Apply to cuts, scrapes, and other skin abrasions to assist with healing and scarring.\*
- Apply over minor burns that are not open wounds. If applied immediately, it may assist with blisterina.\*
- Mix with your favorite skin care products to boost their anti-aging, skin rejuvenating properties.\*
- Apply a few drops to the back of the neck two or more times daily to help mitigate depression and feelings of helplessness.\*