

MAY OILS OF THE MONTH

\$27 (20BV)

\$5.00 Savings + Free Worldwide Shipping

- Geranium, rose {10ml}

\$127 (80BV)

\$65.00 Savings + Free Worldwide Shipping + Try Me Product

- Geranium, rose {10ml}
- Age Delay Beauty Serum {5ml}
- Age Delay Rose Moisturizing Cream {1oz}
- Age Delay Facial Cleanser {4oz}
- Organic Bath & Beauty Bar {3.5oz}
- Natural Loofah {4inch}
- Honey Hydrating Lip Balm {0.18oz}
- Slimmer Hydrating Lip Balm {0.18oz}
- Purify Hydrating Lip Balm {0.18oz}
- Age Delay Hair & Scalp Serum {15ml} - *Try Me*

\$197 (80BV) S.A.T. PACK

\$93.00 Savings + Free Worldwide Shipping + Try Me Product

- Geranium, rose {10ml}
- Age Delay Beauty Serum {5ml}
- Age Delay Rose Moisturizing Cream {1oz}
- Age Delay Facial Cleanser {4oz}
- Organic Bath & Beauty Bar {3.5oz}
- Natural Loofah {4inch}
- Honey Hydrating Lip Balm {0.18oz}
- Slimmer Hydrating Lip Balm {0.18oz}
- Purify Hydrating Lip Balm {0.18oz}
- Age Delay Hydrating Hand & Body Lotion {4oz}
- Age Delay Facial Toner {4oz}
- Age Delay Skin Renewal Serum {15ml}
- Age Delay Skin Toning Serum {15ml}
- Age Delay Hair & Scalp Serum {15ml} - *Try Me*



TRY ME PRODUCT

Free with all orders of 100BV or more and all Pre-Selected & Build Your Own S.A.T. Packs

- Age Delay Hair & Scalp Serum {15ml} - *Try Me*

goDésana
feel the difference

For More Information:

Name

Phone

Consultant ID #

Web Address

These products are not intended to diagnose, treat, cure or prevent any disease. Information in this brochure is provided for informational purposes only. It is not meant to substitute for any medical advice provided by your physician or other medical professional. You should not use the information contained herein for diagnosis or treating a health problem or disease, or prescribing any medication. You should read carefully all product packaging and labels. If you have or suspect a medical problem, promptly contact your physician or health care provider.



5991 Chandler Court
Westerville, OH 43082
614.948.4409
www.godesana.com

Recipes From The Stillroom

The stillroom was perhaps the most important room in a home. The stillroom recipe book was passed down from mother to daughter and training in the stillroom arts had direct relation to the value a young girl could bring to a marriage. Everything that sustained and added quality of life to the family might be found in the stillroom recipe book.

Today, with the increasing interest in aromatherapy, Essential Oils and other natural forms of health care, the arts of the stillroom are again gaining recognition and are truly the birthright of every woman.

People all over the world are enjoying affordable, at-home spa and beauty treatments based on the arts of aromatherapy and ancient massage. The following recipes will rejuvenate your skin, relax your mind, brighten your smile, and renew your spirit.

Acne Prone Skin Cleansing Mask

- 1 tablespoon Clay Vitality Detox Powder
- Cell Vitality
- 15 drops Tea Tree

To one heaping tablespoon of Clay Vitality Detox Powder, add just enough Cell Vitality to make a thin paste. Add Tea Tree to this mixture and stir well. Apply to face with small brush, and leave until dry. Wash gently with warm water and goDesana Anti-Acne Facial Cleanser. Apply Age Delay Facial Toner and finish with Anti-Acne Facial Moisturizer.

After Shaving Skin Soother

- 2 ounces Age Delay Facial Toner
- 40 drops Age Delay Skin Renewal Serum

Mix Age Delay Skin Renewal Serum with Age Delay Facial Toner and use after shaving. Follow with 1-2 drops of Age Delay Beauty Serum if desired.

Cellulite Wrap

- 40 drops Cell-U-Lite Blend
- 1 ounce Zinc beSecure
- 1 ounce Magnesium beCalm
- 1 ounce Cell Vitality
- 16 ounces Distilled Water

You can create an effective and easy to use wrap to fight Cellulite, while detoxing the tissue and nourishing the skin. Mix ingredients in a quart jar, pour into a glass bowl, soak gauze strips or small towels in the mixture and apply over the areas of cellulite. Cover area with plastic wrap (e.g. Saran Wrap). Cover yourself with a warm blanket and relax for 20 to 30 minutes. Remove wraps and shower.

Chapped Hands & Dry Skin

- 4 ounces Age Delay Hydrating Hand & Body Lotion
- 50 drops Rose Geranium *or* 50 drops Lavender, vera

Add Rose Geranium or Lavender, vera to Age Delay Hydrating Hand & Body Lotion and shake well. Apply as needed to moisturize dry, chapped skin.

Detox Deodorant

- 1 goDesana Honey Hydrating Lip Balm
- 3½ teaspoons Baby Bliss Powder (neutralizes pH & body odor)
- 1 teaspoon Clay Vitality Cleansing Mud (adds extra wetness protection by whisking away sweat & pulling toxins from skin)
- 1 teaspoon Silver beSafe
- 5 drops L-Stimulate Blend (optional but highly suggested as it is a powerful lymphatic system stimulant)

Remove lip balm from tube and melt in a double boiler over very low heat. Once melted, add the other ingredients and mix thoroughly while still on the double boiler. Pour into 1 ounce glass jar with lid and label.

To apply, simply rub your finger on the top of the paste and scoop out a small amount to rub on your underarms. The past will "melt" right into your skin and absorb rather quickly.

Essential Oil & Mineral Enhanced Bath Gels

To any of the goDesana Body Washes, add the following variations of Essential Oils and Essential bioMinerals to create your own personalized shower gel. Add ingredients to a 4 ounce PET plastic bottle and shake well before using. Apply gel directly to washcloth or loofah to cleanse your body, or directly to the water for a bath.

Relaxation Bath Gel (*good for use before bed*)

- 3 ounces goDesana Body Wash
- ½ ounce Cell Vitality
- 30 to 40 drops Calm Blend

Uplifting, Sensual Bath Gel

- 3 ounces goDesana Body Wash
- ½ ounce Cell Vitality
- 30 to 40 drops Restore Unconditional Love Blend

Cold & Flu Bath Gel

- 3 ounces goDesana Body Wash
- ½ ounce Cell Vitality
- 20 drops Wellness For Adults Blend *or* Cold & Flu Blend

Women's Hormone Balancing Bath Gel

- 3 ounces goDesana Body Wash
- ½ ounce Cell Vitality
- 25 drops Moon Blend *or* 10 drops Rose Geranium, 5 drops Clary Sage, and 10 drops Lavender, fine

Essential Oil & Mineral Enhanced Balancing Facial Toner

goDesana Age Delay Facial Toner can be enhanced by adding Essential bioMinerals and Essential Oils that are specific for mature, dry, or prematurely aging skin; oily and acne prone skin; or skin prone to redness and inflammation. Mix ingredients in a PET plastic bottle, and apply after cleansing following instructions on the Age Delay Facial Toner.

Mature Skin

- 4 ounces Age Delay Facial Toner
- ½ ounce Cell Vitality
- 2 drops Lavender Frankincense Blend
- 6 drops Sandalwood

Oily, Acne Prone Skin

- 4 ounces Age Delay Facial Toner
- ½ ounce Cell Vitality
- 15 drops Tea Tree
- 5 drops Cypress
- 5 drops Lavender, fine

Red & Inflamed Skin

- 4 ounces Age Delay Facial Toner
- ½ ounce Cell Vitality
- 15 drops Lavender Frankincense Blend

Invigorating Bath Salts

- 1 cup Dead Sea Salt
- 10 drops Geranium, rose
- 6 drops Orange, sweet
- 6 drops Petitgrain

Mix ingredients and store in a glass jar. Can be added directly to water, or put into muslin bags and tossed into the bath as the tub fills.

Mature Skin Wrinkle Cream

- 1 ounce Age Delay Rose Moisturizing Cream
- 10 drops Frankincense
- 5 drops Age Delay Skin Renewal Serum

Add Frankincense and Age Delay Skin Renewal Serum to 1 ounce jar of Age Delay Rose Moisturizing Cream. Apply to skin in the morning and again at night before bed.

Mouthwash

- 3 drops Mouth Rinse Blend
- 8 ounces Distilled Water

Combine in glass bottle and shake well. Use mouthful to freshen mouth and breath as you would any mouthwash.

Perfume Oil

- 20-30 drops of your favorite Essential Oil
- 10ml Jojoba Oil

Mix 20-30 drops of your favorite Essential Oil with 10ml Jojoba Oil in a cobalt glass bottle with orifice reducer. Egyptian Rose Geranium, Ylang Ylang Complete, and Gratitude blend are great choices. Apply to pulse points and on neck as you would regular perfume.

Rashes & Skin Problems

- 1 ounce Age Delay Rose Moisturizing Cream
- 10 drops Tea Tree
- 5 drops Lavender, fine
- 5 drops Age Delay Skin Prevention Serum

Add Tea Tree, Lavender, fine; and Skin Prevention Serum to 1 ounce jar of Age Delay Rose Moisturizing Cream. Apply gently, as needed, to affected areas.

Relaxing Bath Salts

- 1 cup Dead Sea Salt
- 10 drops Geranium, rose
- 10 drops Lavender, fine
- Optional: ½ cup Rose petals

Mix ingredients and store in a glass jar. Can be added directly to water, or put into muslin bags and tossed into the bath as the tub fills.

Salt Body Scrub

- ½ cup of your favorite goDésana Carrier Oil
- 1 cup Dead Sea Salt Fine
- 20 drops of your favorite goDésana Essential Oil
- *Optional:* bit of dried herb like mint, rosemary, etc.

Mix ingredients together and store in a glass or PET plastic container. Stir before use.

Age Delay

- Beauty Serum
- Facial Cleanser
- Facial Toner
- Hair & Scalp Serum
- Hydrating Hand & Body Lotion
- Hydrating Lip Balm
- Rose Moisturizing Cream
- Skin Prevention Serum
- Skin Renewal Serum
- Skin Toning Serum

Use as directed, and adhere to Responsible Cautions found at www.godesana.com/cautions.asp.

Scalp Stimulating Hair Rinse

- 1 drop Age Delay Hair & Scalp Serum

Add to your favorite creme rinse or conditioner every time you shampoo your hair. Apply as usual, being careful to avoid eyes.

Shaving Serum

- 2 ounces Age Delay Facial Cleanser
- 40 drops Age Delay Skin Prevention Serum

Mix Age Delay Skin Prevention Serum with Age Delay Facial Cleanser and use for shaving face, underarms, legs, or bikini area. Follow with After Shaving Skin Soother.

Soft Hands One Minute Manicure

- ½ cup of your favorite goDésana Carrier Oil
- ½ cup Dead Sea or Pink Himalayan Fine Salt
- ½ cup Sugar
- 10 drops Lemon
- 10 drops Lime

Mix ingredients and store in a glass jar. Use whenever you wash for your hands for an invigorating, nourishing scrub. Twenty (20) drops of Grapefruit can be substituted for the Lemon & Lime if desired.

Stretch Mark Massage Oil

- 50 drops Frankincense *or* 50 drops Scar & Stretch Mark Serum
- 4 ounces carrier oil

Add the Frankincense or Scar & Stretch Mark Serum to 4 ounces of your favorite carrier oil. Label and shake well before using. Apply to stretch marks 2-3 times daily.

Tooth Brushing & Toothbrush Care

- 2 drops Tea Tree

Add 1 drop Tea Tree to toothbrush before brushing. When you finish, work another drop of Tea Tree into the bristles to prevent germs from taking up residence in your toothbrush.

Tooth Brushing Blend #1

- 2 tablespoons Clay Vitality Detox Powder
- 2-4 tablespoons Distilled Water
- 4 drops Tea Tree
- 10-15 drops Mouth Rinse blend *or* Peppermint
- ¼ teaspoon Dead Sea Salt Fine
- 5 drops Liquid Stevia (optional)

Mix Clay Vitality Detox Powder and water, add Essential Oils, then add salt. Store in a 1oz glass jar.

Tooth Brushing Blend #2

- 10 drops Tea Tree
- 2 drops Peppermint
- 1 ounce organic Coconut *or* Sesame Oil

Mix in PET bottle, label, and shake well before using. Apply 1 to 2 drops to toothbrush as you would toothpaste.



For More Information:

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Phone _____

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Geranium, rose

Pelargonium graveolens

One of the best oils for easing anxiety and depression, Rose Geranium is wonderfully balancing and uplifting. Anxiety, nervous exhaustion, and stress-related conditions may all benefit from its use.

Rose Geranium is a very strong oil and is best avoided as a body massage in pregnancy. It can, however, be used after the fifth month of pregnancy for the wonderful relief it gives to tired, aching legs.

Both analgesic and antispasmodic, Rose Geranium is particularly useful for nerve, eye, and joint pain, and is applicable in cases of neuralgia, ophthalmia, and rheumatitis.

general uses

LAYER ON HANDS OR FEET

- Use 2-4 drops on reflex points on either hands or feet.
- Use 2-4 drops on soles of feet or along the foot spinal reflex.

BATH

- Add 8-10 drops to ½ cup Clay Vitality or Vitality Bath Salts and mix into warm bath water to relieve stress, tension headaches, and premenstrual symptoms.

INHALATION

- Put 1-2 drops on a tissue, cotton ball, or your hands and inhale as needed to balance mood.
- Diffuse 10-12 drops in a cool mist Essential Oil diffuser.

MASSAGE/TOPICAL

- Use 1-2 drops on the Sacral Chakra to balance hormones and assist with premenstrual symptoms.
- For premenstrual syndrome and menopause, massage on abdomen and back, paying extra attention to the lower back region.
- Mix with your favorite goDésana beauty products to moisturize and nourish skin and hair.
- Mix 20-30 drops with 2 ounces of Carrier Oil in a PET mister bottle to create an insect repellent.
- Mix 40 drops with 1 ounce of Jojoba Oil and apply with a cotton ball to cleanse oily or acne-prone skin. Also good for reducing cellulite and edema.
- Can be used neat to suture small cuts and wounds.

MISTING

- Mix 20 drops with 4 ounces distilled water in a cobalt blue glass or PET plastic bottle, shake well and mist into environment as desired. Can be used whenever you are feeling anxious, overwhelmed, or stressed. Also makes a sensual linen spray.

PERFUME & COLOGNE

- For a safe, healthier alternative to synthetic fragrances, apply and layer 2-4 drops of Essential Oils on pulse points to create your own personalized signature scent.

pregnancy & children

TOPICAL

- Infant to 3 months - 1 drop Essential Oil in 10 ml carrier oil (grapeseed)
- 3 months to 2 years - 2 drops Essential Oil in 10 ml carrier oil
- 2 years to 5 years - 3 drops Essential Oil in 10 ml carrier oil
- 5 years to 10 years - 6 to 8 drops Essential Oil in 10 ml carrier oil
- Pregnancy - not recommended for all-over body massage during pregnancy

BATH

- Infant to 3 months not recommended
- 3 months to age 2 years - 1 to 3 Essential Oil drops in 1 tablespoon of dried milk
- 3 years and up to age 5 years - 3 to 5 Essential Oil drops in 1/4 cup Pink Himalayan salt
- 5 year to 10 years - 6 to 10 Essential Oil drops in 1/4 cup Pink Himalayan salt or Clay Vitality
- Pregnancy - not recommended during early pregnancy



attributes

Wildcrafted

Producing Organ: Leaves & flowering branches

Extraction: Steam Distillation

Country of Origin: Egypt

Therapeutic Properties:

Antidepressant, anti-hemorrhagic, antiinflammatory, antiseptic, astringent, cicatrizant, deodorant, diuretic, fungicidal, hemostatic, stimulant (adrenal, cortex), styptic, tonic, vermifuge, vulnerary.

DILUTION GUIDELINES

Topical dilution for healthy individuals ages 10 and up is 10%.

Dilution	Essential Oil	Carrier Oil
1%	6 drops	1 ounce
1.5%	9 drops	1 ounce
2%	12 drops	1 ounce
3%	15 drops	1 ounce
10%	60 drops	1 ounce

RESPONSIBLE CAUTIONS

- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at www.godesana.com/cautions.asp.
- Store away from sunlight, at room temperature, with lid securely tightened.
- Not for use during early pregnancy.

availability

10ml Bottle



QUALITY ASSURANCE

All goDésana Essential Oils are 100% Pure, Certified Organic and Wildcrafted. They are sourced, formulated, and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents, and GC/MS Chromatography Documents are sent to Alexandria for her approval prior to being shipped to goDésana.

DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified health care professional and you should seek the advice of your health care professional before undertaking any dietary or lifestyle changes. The material provided in this document is for educational purposes only.
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Age Delay

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Beauty Serum (5ml Bottle)

A concentrated blend of nourishing Essential Oils with a patented, certified organic dehydrasome delivery system of Chamomile & Mushroom to help skin regain a younger, more radiant look. Contains Essential Oils carefully selected for their anti-aging properties and ability to rejuvenate and regenerate the skin. Formulated for all skin types, including those prone to redness.

Rejuvenation & UV Protection Benefits

- Chamomile and Mushroom patented, certified organic dehydrasome delivery system to help skin regain a younger, more radiant look.
- Lavender, fine Essential Oil has the ability to rejuvenate the skin and encourage new skin cells to come to life. They are high in antioxidants which help protect your skin from harmful environmental stress and UV rays.
- Rose Geranium Essential Oil can help to eliminate or reduce the appearance of scars and dark spots. It does this by improving the blood circulation below the surface of the skin and promotes an equal distribution of melanin.
- Vitamin E is an anti-oxidant that protects your skin from free radicals and prevents damage from occurring. Vitamin E will help prevent signs of premature aging.
- Grape Seed Oil is expressed from the seeds of grapes and used widely in hypoallergenic products. It has astringent properties that help tighten the skin, close up those pores which then leads to less breakouts. Grape Seed Oil is very light, and works great on an skin type.

Moisturizing Benefits

- Organic Plum Kernel Seed Oil dramatically improves skin elasticity, nourishes, and moisturizes. Can be effective in treating dry skin, psoriasis, eczema, scars, and acne.
- Rose Essential Oil is an extraordinary beauty oil supporting every skin type. It is especially recommended for infected, dry, or sensitive skin. It is helpful for aging skin and often found in high-end rejuvenation cosmetics.
- Organic Argan Oil is a rich source of nutrients particularly beneficial for the skin, hair, and nails. Packed with antioxidants, vitamin A and E makes for a high healing properties. Proven to ease inflammation while keeping the skin moisturized.
- Macadamia Nut Oil is fabulously protective with a high absorption rate. It can be used as a healing oil for scars, sunburn, minor wounds, and other irritations.
- Meadowfoam Oil is high in antioxidants which contain great anti-aging properties. Its a great moisturizer, and can reduce the look of fine lines, wrinkles, and scars.
- Organic Sunflower Oil is known for retaining moisture, and keeping the skin from drying out. It's high in antioxidants, which keep out those free radicals that can cause premature aging.

Anti-aging Benefits

- Sea Buckthorn Oil has a high amount of vitamin C which offers a maximum amount of antioxidants, and anti-inflammatory properties. The antioxidants improve the skin texture and overall pigment.
- With a history dating back thousands of years, Frankincense Essential Oil is historically known for its powerful healing and anti-aging benefits. It promotes healthy cell regeneration, treats dry skin, reverses signs of aging, and the appearance of scars.
- Lavender, fine Essential Oil has great soothing qualities and can reduce inflammation leaving the skin tone even, with an all around better texture. Lavender, fine Essential Oil also relieves tension and stress which are main causes of premature aging.
- Organic Pomegranate Seed Oil help to reverse signs of skin damage, and reveal a more youthful appearance. It contains punical acid which is an omega 5 fatty acid that has very high anti-inflammatory properties.
- Organic Rosehip Seed oil is an excellent source of natural vitamin E and natural vitamin A, or 'trans-retinoic acid'. Retinoic acid, the acid derivative of vitamin A, is the active ingredient found in Retin-A or Tretinoin. Retin-A (a pharmaceutical preparation) has been heralded as a wrinkle cure because of its ability to increase skin cell proliferation, or speed the time it takes for your skin to regenerate. In fact, Rosehip Seed Oil has been extensively studied for many of the same actions attributed to Retin-A, and has been shown effective without side effects (like over-drying and peeling, though unlike Retin-A, it should not be used to treat acne).

Age Delay

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Beauty Serum

DIRECTIONS FOR USE

- Use nightly. After cleansing and toning, apply 4-6 drops and gently massage into face, neck, and décolletage until fully absorbed, or mix a few drops with Age Delay Rose Moisturizing Cream.
- Exfoliation recommended twice weekly.

RESPONSIBLE CAUTIONS

- Keep out of reach of children. Keep away from eyes. Store away from sunlight, at room temperature, with lid securely tightened.

PREGNANCY

Safe for use as directed during pregnancy and while nursing.

ingredients

Rosa Mosqueta (Organic Rosehip) Seed Oil, Hippophae Rhamnoides L (Organic Seabuckthorn) Oil, Prunus domestica (Organic Plum) Seed Oil, Boswellia carteri (Frankincense) Essential Oil, Rosa Damascena Flower Essential Oil, Argania Spinosa (Organic Argan) Kernel Oil, Macadamia Ternifolia (Organic Macadamia Nut) Seed Oil, Vitis Vinifera (Organic Grape) Seed Oil, Limnanthes Alba (Meadowfoam) Seed Oil, Lavandula angustifolia (Lavender, fine) Essential Oil, Punica Granatum (Organic Pomegranate) Seed Oil, Rosa Damascena Flower Essential Oil, Pelargonium Graveolens (Geranium, rose) Essential Oil, Helianthus annuus (Organic Sunflower) Seed Oil (and) Lentinus Edodes (Shiitake Mushroom) Extract (and) Matricaria chamomilla (Chamomile, roman) Extract, and Tocopherol (Vitamin E) Oil

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Rose Moisturizing Cream (1 ounce jar)

Rose Moisturizing Cream provides all-day moisture with a single application. The rich formula spreads easily and smoothly, absorbs rapidly, and never feels greasy. Ideal for face, neck, décolletage, and all drier areas of the body including elbows, knees, and heels.

Rejuvenation & UV Protection Benefits

- Organic Aloe Barbadensis Leaf Juice soothes the skin and protects it from UV damage. With its natural anti-inflammatory properties it can help to reduce the look of redness and scarring.
- Carrot Seed Essential Oil, Lavender, fine Essential Oil; and Wheatgerm Oil have the ability to rejuvenate the skin and encourage new skin cells to come to life. They are high in antioxidants which help protect your skin from harmful environmental stress and UV rays.
- Rose Geranium Essential Oil can help to eliminate or reduce the appearance of scars and dark spots. It does this by improving the blood circulation below the surface of the skin and promotes an equal distribution of melanin.
- Vitamin E is an anti-oxidant that protects your skin from free radicals and prevents damage from occurring. Vitamin E will help prevent signs of premature aging.

Moisturizing Benefits

- Organic Plum Kernel Seed Oil dramatically improves skin elasticity, nourishes, and moisturizes. Can be effective in treating dry skin, psoriasis, eczema, scars, and acne.
- Rose Essential Oil is an extraordinary beauty oil supporting every skin type. It is especially recommended for infected, dry, or sensitive skin. It is helpful for aging skin and often found in high-end rejuvenation cosmetics.
- Organic Argan Oil is a rich source of nutrients particularly beneficial for the skin, hair, and nails. Packed with antioxidants, vitamin A and E makes for a high healing properties. Proven to ease inflammation while keeping the skin moisturized.
- Studies on individuals with dry skin show that Coconut Oil can improve the moisture and lipid content of the skin.
- Organic Macadamia Nut Oil is fabulously protective with a high absorption rate. It can be used as a healing oil for scars, sunburn, minor wounds, and other irritations.
- Meadowfoam Oil is high in antioxidants which contain great anti-aging properties. Its a great moisturizer, and can reduce the look of fine lines, wrinkles, and scars.
- Organic Sunflower Oil is known for retaining moisture, and keeping the skin from drying out. It's high in antioxidants, which keep out those free radicals that can cause premature aging.
- Ylang Ylang Essential Oil is great at restoring your natural oil production. It's prefect for all skin types because it will correct any and all oil imbalances.

Anti-aging Benefits

- Sea Buckthorn Oil has a high amount of vitamin C which offers a maximum amount of antioxidants, and anti-inflammatory properties. The antioxidants improve the skin texture and overall pigment.
- With a history dating back thousands of years, Frankincense Essential Oil is historically known for its powerful healing and anti-aging benefits. It promotes healthy cell regeneration, treats dry skin, reverses signs of aging, and the appearance of scars.
- Lavender, fine Essential Oil has great soothing qualities and can reduce inflammation leaving the skin tone even, with an all around better texture. Lavender, fine Essential Oil also relieves tension and stress which are main causes of premature aging.
- Organic Pomegranate Seed Oil help to reverse signs of skin damage, and reveal a more youthful appearance. It contains punicic acid which is an omega 5 fatty acid that has very high anti-inflammatory properties.
- Organic Rosehip Seed Oil is an excellent source of natural vitamin E and natural vitamin A, or 'trans-retinoic acid'. Retinoic acid, the acid derivative of vitamin A, is the active ingredient found in Retin-A or Tretinoin. Retin-A (a pharmaceutical preparation) has been heralded as a wrinkle cure because of its ability to increase skin cell proliferation, or speed the time it takes for your skin to regenerate. In fact, Rosehip Seed Oil has been extensively studied for many of the same actions attributed to Retin-A, and has been shown effective without side effects (like over-drying and peeling, though unlike Retin-A, it should not be used to treat acne).

Age Delay

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Rose Moisturizing Cream

Pore Minimizer & Antiseptic Benefits

- Grape Seed Oil is expressed from the seeds of grapes and used widely in hypoallergenic products. It has astringent properties that help tighten the skin, close up those pores which then leads to less breakouts. Grape seed oil is very light, and works great on an skin type.
- Sugar Cane contains glycolic acid which helps protect the skin from toxins, moisturizes, and conditions. As a natural exfoliate it eliminates dead skin cells and blemishes, while restoring the natural balance of oils in our skin.
- Chamomile Tea, has amazing anxiolytic and antioxidant properties which fight against acne, and acne scarring. It can also lighten your skin tone for a more natural healthy glow.

DIRECTIONS FOR USE

- Massage onto skin with a gentle, circular motion, two to three times per day.
- Follow with 2 to 3 drops of Age Delay Beauty Serum.
- Add 1 to 2 drops of your favorite Essential Oil to a small amount of Rose Moisturizing Cream then apply to pulse points for an indulgent personal scent.

RESPONSIBLE CAUTIONS

- Keep out of reach of children. Keep away from eyes. Store away from sunlight, at room temperature, with lid securely tightened.

PREGNANCY

Safe for use as directed during pregnancy and while nursing.

ingredients

Aloe Barbadensis (Organic Aloe) Leaf Juice, Cocos Nucifera (Organic Coconut) Oil, Rosa Mosqueta (Organic Rosehip) Seed Oil, Argania Spinosa (Organic Argan) Kernel Oil, Organic Sugar Cane Alcohol, Limnanthes Alba (Meadowfoam) Seed Oil, Organic Beeswax, Organic Lecithin, Pelargonium Graveolens (Geranium, rose) Essential Oil, Prunus domestica (Organic Plum) Seed Oil, Rosa Damascena Flower Essential Oil, Boswellia carteri (Frankincense) Essential Oil, Organic Copernicia prunifera (Carnauba) wax, Butyrospermum Parkii (Organic Shea) Butter, Theobroma Cacao (Organic Cocoa) Seed Butter, Macadamia Ternifolia (Organic Macadamia Nut) Seed Oil, Helianthus Annuus (Organic Sunflower) Seed Oil, Hippophae Rhamnoides L (Organic Seabuckthorn) Oil, Vitis Vinifera (Organic Grape) Seed Oil, Maranta arundinacea (Arrowroot) Root Powder, Cananga odorata (Ylang Ylang Complete) Essential Oil, Cocos nucifera (Coconut) Oil (and) Gardenia tahitensis (Tiare) Flower Extract (and) Tocopherol (and) Helianthus annuus (Sunflower) Seed Oil, Carica Papaya Fruit Extract (and) Curcubita Pepo (Pumpkin) Extract Organic Calendula Oil, Lavandula angustifolia (Lavender, fine) Essential Oil, Punica Granatum (Organic Pomegranate) Seed Oil, Non GMO Xanthan Gum, Tocopherol (Vitamin E) Oil


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Age Delay

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Facial Cleanser

Removes dirt, oil, and dead skin from your face gently and effectively. It is also very effective in the gentle removal of stubborn eye make-up and mascara without leaving your eyes sore. A truly refreshing yet mild cleanser that will prepare your face perfectly for the goDésana Facial/Beauty Serum and Rose Moisturizing Cream.

Moisturizing Benefits

- Studies on individuals with dry skin show that Organic Coconut Oil can improve the moisture and lipid content of the skin.
- The traditional use of Organic Shea Butter is to reduce the appearance of fine lines, scars and stretch marks, and to ease a variety of skin irritations, such as psoriasis, eczema, and sunburn.
- Organic Jojoba Oil has a texture that is similar to the natural oil produced by human body. It is non-greasy and it has a pleasant smell. It does not create thick layer of oil on your skin, so you can use it regularly yet comfortably.
- Organic Chlorella Powder is a single-cell green sea algae that is very beneficial to the skin and body. The reason why Organic Chlorella Powder helps the skin so much is because it has high levels of skin-benefiting vitamins and omega-3 fatty acids.

Pore Minimizer & Antiseptic Benefits

- Organic Chamomile Tea, has amazing anxiolytic and antioxidant properties which fight against acne, and acne scarring. It can also lighten your skin tone for a more natural healthy glow.
- Organic French Green Clay has long been known for its detoxifying skin care benefits that can be attributed to its unique mineral composition. Composition includes dolomite, manganese, silica, copper, phosphorous, magnesium, zinc and calcium.
- Sandalwood Essential Oil is great for reducing the signs of premature aging, dark spots, and enlarged pores. It has high antibacterial properties so its great for keeping your skin clean & clear.

DIRECTIONS FOR USE

- Shake well before use.
- Wet face with lukewarm water. Massage a small amount of Age Delay Facial Cleanser onto face with hands or wash cloth in a gentle, circular motion. Rinse well, pat dry, and follow with goDésana Facial/Beauty Serum and Rose Moisturizing Cream.

RESPONSIBLE CAUTIONS

- Keep out of reach of children. Keep away from eyes. Store away from sunlight, at room temperature, with lid securely tightened.

PREGNANCY

Safe for use as directed during pregnancy and while nursing.

ingredients

Certified Organic Chamomile Tea, Certified Organic Saponified Coconut Oil, Certified Organic Saponified Extra Virgin Olive Oil, Certified Organic Unrefined Saponified Shea Butter, Certified Organic Saponified Jojoba Oil, Certified Organic Yellow Beeswax, Certified Organic French Green Clay, Certified Organic Non-GMO Guar Gum, Certified Organic Chlorella Powder, Certified Organic Rosemary Extract, and Certified Organic Non-GMO Mixed Tocopherols, Wildcrafted Rose Essential Oil, Wildcrafted Ylang Ylang Complete Essential Oil, Wildcrafted Sandalwood Essential Oil, and Wildcrafted Geranium, rose Essential Oil.

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Organic Bath & Beauty

Bath Bars

goDésana bar soaps are a luxurious blend of Essential Oils and botanical extracts in a hypoallergenic, vegan soap base of organic Palm, Coconut, Olive, and Palm Kernel oils. All varieties are facial quality, and they work great for shaving too. Treat yourself to a goDesana Organic Bath Bar today. Your skin will thank you!

Aloe

Wonderfully gentle cleansing bar featuring organic Aloe Vera with a very light Lavender scent. Great all natural option for skin of all types and ages.

Ingredients: *Saponified Organic oils of Palm, Coconut, Olive and Palm Kernel; Organic Aloe Vera, Natural Lavender Essential Oil Blend, Rosemary Extract, Organic Lavender Oil*

Bentonite Clay

The smooth, creamy lather and astringent properties of this bar make it a great choice for normal to oily skin. Also helpful for skin affected by oil based irritants like poison ivy, poison oak, and poison sumac.

Ingredients: *Saponified Organic oils of Palm, Coconut, Olive and Palm Kernel; Rosemary Extract, and Pure Calcium Bentonite Clay*

Lemongrass

Refresh and invigorate with one of our most popular bars. Lemongrass opens pores while Rosemary's astringent properties clear away skin impurities. This bar is especially effective for oily skin, and is the perfect choice for a energizing shower to start your day.

Ingredients: *Saponified Organic oils of Palm, Coconut, Olive and Palm Kernel; Natural Lemongrass Essential Oil Blend, and Organic Rosemary Extract*

Patchouli

Luxuriate in the unforgettable scent of Patchouli Essential Oil combined with the skin soothing properties of Hemp Oil. This bar is gentle enough for all skin types, but is especially good for dry, chapped, inflamed, or mature skin.

Ingredients: *Saponified Organic Oils of Olive, Coconut, Palm, and Palm Kernel; Patchouli Essential Oil Blend, Hemp Oil, and Organic Rosemary Extract*

Rosemary

This bar features cut & sifted organic Rosemary to polish the skin and stimulate circulation. With a fresh, invigorating scent from Rosemary Essential Oil, it's good for all skin types.

Ingredients: *Saponified Organic Oils of Olive, Coconut, Palm, and Palm Kernel; Natural Rosemary Essential Oil Blend, Organic Rosemary Herb, and Organic Rosemary Extract*

Tea Tree

Pure Australian Tea Tree Essential Oil and organic Aloe Vera make this the ideal face & body care bar to use on a daily basis. Good for all skin types, and especially helpful for troublesome "T-zone" areas.

Ingredients: *Saponified Organic Oils of Olive, Coconut, Palm, and Palm Kernel; Natural Tea Tree Essential Oil, Organic Aloe Vera, and Organic Rosemary Extract.*



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Organic Bath & Beauty

Pamper Your Pucker

Hydrating Lip Balms formulated with a patented, certified organic dehydrasome delivery system of Papaya & Pumpkin. Increases circulation to the lips, reduces the look of fine lines, and hydrates the lips, making them look fresh and fuller.

Honey Hydrating Lip Balm

A concentrated blend of nourishing, organic oils with a patented, certified organic dehydrasome delivery system of Papaya & Pumpkin. Use as a protective and hydrating treatment to diminish fine lines around the mouth area or as a moisturizing lip conditioner.

ingredients

Triticum Vulgare (Organic Wheat) Germ Oil, Helianthus Annuus (Organic Sunflower) Seed Oil, Organic Beeswax, Rosa Mosqueta (Organic Rosehip) Seed Oil, Olea Europaea (Organic Olive) Fruit Oil, Persea Gratissima (Organic Avocado) Oil, Carica Papaya Fruit Extract (and) Curcubita Pepo (Pumpkin) Extract, Cocos Nucifera (Organic Coconut) Oil, Butyrospermum Parkii (Organic Shea) Butter, Simmondsia Chinensis (Organic Jojoba) Seed Oil, Tocopherol (Vitamin E) Oil, Azadirachta Indica (Organic Neem) Seed Oil, and Rosmarinus Officinalis (Organic Rosemary) Leaf Extract

Purify Lip Balm

A concentrated blend of nourishing, organic oils with a patented dehydrasome delivery system of Papaya & Pumpkin. Use as a protective and hydrating treatment to diminish fine lines around the mouth area or as a moisturizing lip conditioner.

ingredients

Triticum Vulgare (Organic Wheat) Germ Oil, Helianthus Annuus (Organic Sunflower) Seed Oil, Organic Beeswax, Rosa Mosqueta (Organic Rosehip) Seed Oil, Olea Europaea (Organic Olive) Fruit Oil, Persea Gratissima (Organic Avocado) Oil, Carica Papaya Fruit Extract (and) Curcubita Pepo (Pumpkin) Extract, Cocos Nucifera (Organic Coconut) Oil, Butyrospermum Parkii (Organic Shea) Butter, Simmondsia Chinensis (Organic Jojoba) Seed Oil, Tocopherol (Vitamin E) Oil, Azadirachta Indica (Organic Neem) Seed Oil, Salvia officinalis (Sage) Essential Oil, Cinnamomum camphora ct. 1,8 cineole (Ravensara ct. 1,8 cineole) Essential Oil, Melaleuca quinquenervia (Niaouli) Essential Oil, and Rosmarinus Officinalis (Organic Rosemary) Leaf Extract

Slimmer Hydrating Lip Balm

A concentrated blend of nourishing, organic oils with a patented dehydrasome delivery system of Papaya & Pumpkin. Use as a protective and hydrating treatment to diminish fine lines around the mouth area or as a moisturizing lip conditioner.

ingredients

Triticum Vulgare (Organic Wheat) Germ Oil, Helianthus Annuus (Organic Sunflower) Seed Oil, Organic Beeswax, Rosa Mosqueta (Organic Rosehip) Seed Oil, Olea Europaea (Organic Olive) Fruit Oil, Persea Gratissima (Organic Avocado) Oil, Carica Papaya Fruit Extract (and) Curcubita Pepo (Pumpkin) Extract, Cocos Nucifera (Organic Coconut) Oil, Butyrospermum Parkii (Organic Shea) Butter, Simmondsia Chinensis (Organic Jojoba) Seed Oil, Tocopherol (Vitamin E) Oil, Azadirachta Indica (Organic Neem) Seed Oil, Citrus paradisi (Pink Grapefruit) Essential Oil, Citrus limon (Lemon) Essential Oil, Cymbopogon flexuosus (Lemongrass) Essential Oil, Mentha piperita (Peppermint) Leaf Essential Oil, Zingiber officinale (Ginger) Root Essential Oil, and Rosmarinus Officinalis (Organic Rosemary) Leaf Extract



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Age Delay

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Hydrating Hand & Body Lotion (4 ounce Bottle)

Our creamy smooth lotion will hydrate and nourish your skin. Made from organic ingredients, this unscented formula can be personalized with a few drops of your favorite goDésana Essential Oils.

Rejuvenation & UV Protection Benefits

- Organic Aloe Barbadensis Leaf Juice soothes the skin and protects it from UV damage. With its natural anti-inflammatory properties it can help to reduce the look of redness and scarring.
- Vitamin E is an anti-oxidant that protects your skin from free radicals and prevents damage from occurring. Vitamin E will help prevent signs of premature aging.

Moisturizing Benefits

- Studies on individuals with dry skin show that Organic Coconut Oil can improve the moisture and lipid content of the skin.
- Organic Sunflower Oil is known for retaining moisture, and keeping the skin from drying out. It's high in antioxidants, which keep out those free radicals that can cause premature aging.
- The traditional use of Organic Shea Butter is to reduce the appearance of fine lines, scars and stretch marks, and to ease a variety of skin irritations, such as psoriasis, eczema, and sunburn.

Pore Minimizer & Antiseptic Benefits

- Sugar Cane contains glycolic acid which helps protect the skin from toxins, moisturizes, and conditions. As a natural exfoliate it eliminates dead skin cells and blemishes, while restoring the natural balance of oils in our skin.
- Organic Chamomile Tea, has amazing anxiolytic and antioxidant properties which fight against acne, and acne scarring. It can also lighten your skin tone for a more natural healthy glow.
- Organic Arrowroot Powder is a nutritious starch from the root of the plant that was used by aboriginal peoples to heal wounds from poisoned arrows (thus the name).

DIRECTIONS FOR USE

- Shake well before use.
- For hydration and conditioning, massage into skin after bath or as needed.

RESPONSIBLE CAUTIONS

- Keep out of reach of children. Keep away from eyes. Store away from sunlight, at room temperature, with lid securely tightened.

PREGNANCY

Safe for use as directed during pregnancy and while nursing.

ingredients

Organic Chamomile Tea, Organic Coconut Oil, Organic Sugar Cane Alcohol, Organic Beeswax, Organic Lecithin, Organic Carnauba Wax, Organic Shea Butter, Organic Cocoa Butter, Organic Sunflower Oil, Organic Coconut Fatty Acid, Organic Arrowroot Powder, Organic Aloe Vera Juice, Organic Calendula Oil, Non GMO Xanthan Gum, Organic Rosemary Extract, Mixed Tocopherols

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Facial Toner (4 ounce Bottle)

Based on cooling, organic peppermint extract, this refreshing toner will help deeply cleanse skin. Organic vegetable glycerin locks in moisture while Organic Willow Bark extract soothes stressed skin. Bolstered by a broad spectrum of natural alpha hydroxy acids derived from Organic Bilberry, Organic Sugar Cane, Organic Sugar Maple, Organic Orange Peel, Organic Lemon Peel, and Organic Cranberries. goDésana Age Delay Facial Toner gently exfoliates dead skin cells, restoring the appearance of a youthful, glowing complexion.

Rejuvenation & UV Protection Benefits

- Organic Aloe Barbadensis Leaf Juice soothes the skin and protects it from UV damage. With its natural anti-inflammatory properties it can help to reduce the look of redness and scarring.
- Willow Bark naturally produces salicylic acid, which removes old and dead skin cells making way for fresh ones. Willow Bark also has great anti-inflammatory properties, that can help in the relief of rosacea, blemishes, and sensitive skin.
- Lemon Peel helps to lighten and brighten the skin. It too stimulates the removal of dead skin cells leaving room for the fresh cells.

Moisturizing Benefits

- Glycerin improves skin's smoothness, moisture content, and overall appearance. It boosts your skin barrier, helping to keep out toxins while allowing the perfect amount of moisture in.
- Sugar Cane contains glycolic acid which helps protect the skin from toxins, moisturizes, and conditions. As a natural exfoliate it eliminates dead skin cells and blemishes, while restoring the natural balance of oils in our skin.

Anti-aging Benefits

- Bilberry Fruit contains several anti-aging agents, while being enriched with Vitamins B, C, and E. It acts as a natural skin-conditioning agent, while increasing the skin's vitality.
- Peppermint Leaf contains menthol which causes a cooling sensation revealing improved skin texture, and overall appearance.
- Orange Peel is very refreshing and rejuvenating for our skin. It is a rich source of antioxidants so it's very effective in preventing wrinkles and premature signs of aging.
- Cranberry Fruit is known for its anti-aging properties. Highly concentrated with antioxidants, vitamin C, B3, and B5 that are all proven to slow down the aging process.

DIRECTIONS FOR USE

- Shake well before use. After cleansing face with goDésana Age Delay Facial Cleanser, apply a moderate amount of toner to a cotton ball and gently apply all over the face in upward motions. Allow to dry, and follow with goDésana Age Delay Rose Moisturizing Cream and goDésana Age Delay Beauty Serum.

RESPONSIBLE CAUTIONS

- Do not apply to broken skin. Discontinue use if irritation develops.

ingredients

Certified Organic Aloe Barbadensis Leaf Juice, Certified Organic Peppermint Leaf, Certified Organic Glycerin, Certified Organic Alcohol Extracts of Organic White Willow Bark, Certified Organic Bilberry Fruit, Certified Organic Sugar Cane, Certified Organic Sugar Maple Granules, Certified Organic Orange Peel, Certified Organic Lemon Peel, and Certified Organic Cranberry Fruit

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Skin Renewal Serum (15ml Bottle)

Powerful Skin Renewal Serum stimulates skin's natural healing process for an even skin tone and a soft, supple complexion. Can be added to your favorite Age Delay personal care products or used alone. Perfect for use as a men's aftershave to soothe, protect, and renew.

Rejuvenation & UV Protection Benefits

- Carrot Seed Essential Oil, Lavender, vera, Essential Oil, and Wheatgerm have the ability to rejuvenate the skin and encourage new skin cells to come to life. They are high in antioxidants which help protect your skin from harmful environmental stress and UV rays.
- Wheatgerm Oil is an excellent source of Vitamin E, which is a powerful anti-oxidant and a vital ingredient in the protection of the skin from sun-rays, and in neutralizing free radicals that are formed by oxidation resulting from exposure to air-pollution.

Moisturizing Benefits

- Sunflower Oil is known for retaining moisture, and keeping the skin from drying out.
- Wheatgerm Oil is rich in vitamin E, penetrates well to prevent loss of moisture and benefits cells.
- Carrot Seed Essential Oil is indicated for anti-aging, revitalizing and rejuvenating. As it promotes the formation of new cells and helps in reducing wrinkles. It acts as Natural toner and rejuvenator for the skin.

Pore Minimizer & Antiseptic Benefits

- Petitgrain Essential Oil helps to minimize pores, leaving you skin looking smooth and flawless. Petitgrain Essential Oil can reduce the occurrence of acne while keeping skin clear and toned.

DIRECTIONS FOR USE

- Shake well before use.
- Apply topically two to three times per day.
- Can be used undiluted on the face, neck, and décolletage area of the body.
- Can be added to your favorite Age Delay personal care products. Recommended dilution when adding to existing products is 20 drops per 1 ounce.
- For large areas of the body dilute 20 drops to 1 ounce carrier oil or lotion.

RESPONSIBLE CAUTIONS

- Keep out of reach of children. Keep away from eyes. Store away from sunlight, at room temperature, with lid securely tightened.

PREGNANCY

Safe for use as directed during pregnancy and while nursing.

ingredients

100% Pure, Certified Organic and Wildcrafted oils of Petitgrain, Carrot Seed, Lavender, vera; Wheatgerm, and Sunflower

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Skin Toning Serum (15ml Bottle)

Tightens skin on tummies, thighs, breasts, arms, etc. Use wherever you want smoother, firmer looking skin.

Moisturizing & Toning Benefits

- Ylang Ylang Complete Essential Oil is great at restoring your body's natural oil production. It's perfect for all skin types because it will correct any and all oil imbalances. It's known to regenerate skin cells, improve skin elasticity, and smooth fine lines.
- Geranium, rose Essential Oil can help to eliminate or reduce the appearance of scars and dark spots. It does this by improving the blood circulation below the surface of the skin and promotes an equal distribution of melanin. It also helps to improve skin elasticity and tighten the skin.
- Lavender, vera Essential Oil helps regenerate skin cells so is great for mature skin, sun spots, and scarring. Another great oil for all skin types and needs. Also shown to assist with skin healing, and keep skin firm.
- Sesame Seed Oil has antioxidants that help to slow down the signs of premature aging. One of its key ingredients is sesamol which prevents the appearance of fine lines, and wrinkles.

DIRECTIONS FOR USE

- Shake well before use.
- Apply topically two to three times per day.
- Dilute 20 drops to 1 ounce Rosehip Seed Oil and apply on the breasts, thighs, and buttock areas of the body.

RESPONSIBLE CAUTIONS

- Keep out of reach of children. Keep away from eyes. Store away from sunlight, at room temperature, with lid securely tightened.

PREGNANCY

- Safe for use as directed during pregnancy and while nursing.
- Do not use on breasts while nursing.

ingredients

100% Pure, Certified Organic and Wildcrafted oils of Geranium, rose; Ylang Ylang Complete, Lavender, vera; and Sesame Seed

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Hair & Scalp Serum (15ml Bottle)

Nourishes the scalp and revitalizes damaged, thinning hair. When combined with heat and massage, this serum will increase scalp circulation resulting in a healthy, supple, well-nourished scalp.

Hair & Scalp Benefits

- Cedarwood, atlas Essential Oil is an excellent beauty tonic for the skin and hair. It is used in natural hair care products, particularly for the treatment of greasy scalp, dandruff and hair loss.
- Cedarwood, atlas Essential Oil has a soothing action on the skin and its anti-inflammatory properties are helpful in managing skin conditions like acne, infections, rashes, eczema, dermatitis and itching.
- Juniper Berry is a stimulating essential oil with an unsurpassed cleansing and purifying action. Problem skin conditions such as acne, dermatitis and weeping eczema respond very well to Juniper Berry Essential Oil, where it imparts an antiseptic, astringent and soothing action. Used in a carrier lotion juniper berry is helpful with seborrhea of the scalp, and in creams and lotions it is a tonic for dull, oily and congested skin.
- Rosemary 1,8 cineole Essential Oil helps in preventing fungal scalp infections (which often lead to hair loss) like tinea capitis [2], dissolving away dandruff and reduces scalp pimples (these are quite common).
- Argan Oil is rich in vitamin E, proteins, phenols, has high levels of the important fatty acids (oleic acid and linoleic acid). In addition, it is astonishingly moisturizing, has the ability to restore dull damaged hair and leave hair with a healthy shine.

Thinning Benefits

- Clinical studies indicate that Cedarwood, atlas Essential Oil may help reverse the effects of alopecia areata (bald patches) by 44% if used regularly in hair massage oil.
- Rosemary 1,8 cineole Essential Oil helps to speed up growth of hair.

DIRECTIONS FOR USE

- Shake well before use.
- For best results massage into scalp and leave overnight; shampoo in the morning. May also mix 20 drops to 4 ounces of distilled water and spray onto damp hair; massage into scalp.

RESPONSIBLE CAUTIONS

- Keep out of reach of children. Keep away from eyes. Store away from sunlight, at room temperature, with lid securely tightened. Patch-test scalp for sensitivity before use.

PREGNANCY

- Safe for use as directed during pregnancy and while nursing.
- While pregnant, if experiencing high blood pressure, do not use this blend.

ingredients

100% Pure, Certified Organic and Wildcrafted oils of Cedarwood, atlas; Juniper Berry, Rosemary ct. 1,8 cineole, and Argan

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