

MESSENGER

spiritual blend 5ml



application

Aromatic • Bath • Topical

safety group #3

ingredients

Boswellia carteri (Frankincense), Cistus ladaniferus (Cistus), Helichrysum italicum (Helichrysum), Canarium luzonicum (Elemi), Salvia sclarea (Clary Sage), Litsea cubeba (Litsea Cubeba), Piper nigrum (Black Pepper), Cocos nucifera (Fractionated Coconut)

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

product summary

Messenger carries all energy flow from prayer and meditation to its intended destination.*

For example, if you are praying for a member of your family in a crisis to have strength and courage during this time, Messenger would be the courier for that energy flow.*

Remembering that what we send out will come back multiplied, Messenger teaches us to use energy and our imagination so that we're not inadvertently sending negative or harmful wishes to others that will bring negative consequences back to us.*

uses

- Mix 10-15 drops into ½ cup Pink Himalayan or Dead Sea bath salts and dissolve into a warm bath, relaxing your cares away while renewing your energy. Helpful to use when you have had a particularly trying day. For intensive therapy, soak once a day; if you can't do a full bath you can do a foot soak instead.*
- For a foot soak, add 8-10 drops to ½ cup of Pink Himalayan or Dead Sea bath salts. For best results, soak feet 10-20 minutes.*
- Mix 12-15 drops in a 4-ounce cobalt blue spray bottle of distilled water. Shake well before use. Mist around yourself, front and back, when in need of guidance.*
- Apply 1-2 drops over the Heart Chakra, your center for spiritual strength and connection.*
- Apply 1-2 drops on the Third Eye Chakra to increase your dream activity when in need of guidance.*
- Apply 1-2 drops to the Crown Chakra to be open to receiving guidance and to recognize messages when you receive them and not dismiss them as coincidence.*
- Diffuse 10-12 drops in a cool mist essential oil diffuser as desired throughout the day.*