

MESSENGER

Use Messenger to connect to your higher power, or to go within and connect to your own source of power.

Messenger can help you deliver your prayers and meditations into the Great Void from which all things come into manifestation.

For example, if you're praying for members of your family in a disaster area to have strength and courage, Messenger would be the courier for that prayer's energy flow.

Remembering that what we send out will come back multiplied, Messenger teaches us to use energy and our imagination so that we're not inadvertently sending negative or harmful wishes to others that will bring negative consequences back to us.

Messenger carries energy flow from prayer and meditation to its intended destination.

daily uses

BATH

 Mix 10-12 drops Messenger in ½ cup Pink Himalayan salt, Dead Sea salt, or Clay Vitality and add to a warm tub of water, relaxing your cares away while renewing your energy. Helpful to use when you have had a particularly trying day.

INHALATION

Rub 2-3 drops on the palms of the hands, cup hands over nose and mouth, and inhale deeply.

MISTING SPRAY

- Add 10 to 12 drops of Messenger to 4 ounces of distilled water in a blue cobalt spray bottle.
 Shake well before use. Close your eyes and mist around yourself to provide extra energy for prayer and to bring intention into manifestation.
- Mist around yourself before you meditate to calm the mind and connect to the Source.

 Mist a small amount on sheets and your pillow for a linen spray that will help increase dreams.
- Add 5 to 6 drops to 2 ounces of distilled water in a blue cobalt bottle. Shake well before use.
 Carry with you to share with friends and family who could use a little help bringing their desires into manifestation. Great to sample out to potential customers.

TOPICAL

- May be rolled over the Heart Chakra, your center for spiritual strength and connection.
- Roll over the Third Eye Chakra to increase your dream activity when in need of guidance.
- Apply to the Crown Chakra to be open to receiving guidance and to recognize messages when we receive them and not dismiss them as coincidence.

RESPONSIBLE CAUTIONS

- Use as directed. For topical and aromatic use only.
- Store at room temperature with lids securely tightened, keep away from sunlight.
- Not recommended for use during pregnancy.
- Not recommended for use with children.

Emotional Blends

ingredients

Essential Oils of Frankincense, Cistus, Helichrysum, Elemi, Clary Sage, Letsea Cubeba, and Black Pepper

Black Pepper

Often used to enhance memory and concentration.

Clary Sage

Used anciently to enhance meditation and encourage spiritual connection and protection.

Elemi

Works to bring together mind, body, and spirit.

Frankincense

Has tremendous ability to heal emotional wounds.

Letsea Cubeba

Has refreshing, stimulating, and uplifting action, which makes it perfect for relieving fatigue and lethargic psychological states.



Available in: 5ml Bottle

QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.



June 30, 2014