

What are Essential Oils?

- Essential Oils are natural, aromatic, chemical constituents that are extracted, usually via steam distillation, from the roots, stems, bark, seeds, and flowers of aromatic plants.
- Essential Oils are not oil. They are lipid acids. Lipids are hydrocarbon molecules. They are the building blocks of living cells.



That's why Essential Oils are so easily recognized and utilized by our bodies.

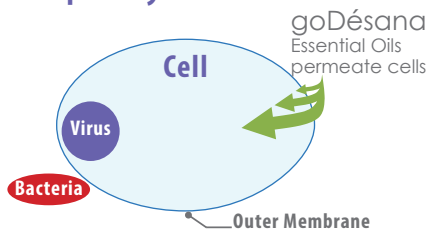
- The top three therapeutic chemical constituents found in Essential Oils - Oxygen, Hydrogen and Carbon - are also the top three elements found in the human body.

Essential Oils are scientifically proven to be anti-infectious, antibacterial, antiviral, antiseptic, antifungal, and anti-parasitic.

- Their small molecular size allows them to be easily absorbed through the skin.

How Do Essential Oils Work?

1. Topically



Applied to the skin, Essential Oils absorb in three seconds and travel where needed throughout the body!

2. Via the Limbic System (Emotional Glandular Response)

Breathing in the aromatic constituents of the oils by applying to hands or pulse points, with a diffuser, dry evaporation (cotton ball), misting, or steam.



3. Frequency Enhancement

All living things have an electrical frequency measured in megahertz. Research indicates the following:

Healthy Body.....	62-78 mhz
Cold Symptoms.....	58 mhz
Flu Symptoms.....	57 mhz
Candida.....	55 mhz
Chronic Fatigue.....	52 mhz
Cancer.....	42 mhz

Essential Oils range from 52 mhz. to 320 mhz. Imagine what that can do for the body in fighting disease!

Using Essential Oils can increase the body's electrical frequency.

The Alexandria Brighton Advantage

- All goDésana Essential Oils are sourced and formulated exclusively by Alexandria Brighton, a French Medical Certified Aromatherapist with over 25 years experience in Essential Oil formulation and education.

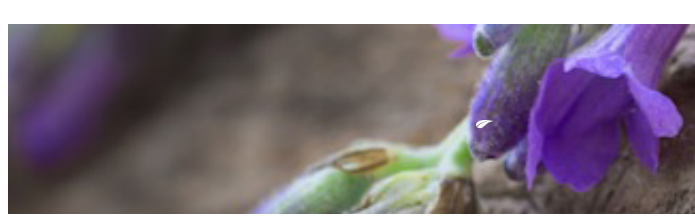
All goDésana Essential Oils are independently tested and documented for purity, authenticity, and therapeutic constituent levels.

- All extraction is done in a manner that preserves the integrity of the organic, wildcrafted plant life.
- Each bottle bears a lot and batch number to document and assure authenticity.

- No pesticides or chemicals are used in the cultivation of any crop.
- No irradiation or GMO plant materials are used for distillation or extraction.
- No cross-contamination from allergens; peanuts, milk, tree nuts, wheat, soy, fish, eggs or shellfish.
- Cruelty-free oils, no animal testing or animal products used.

100% pure therapeutic essential oils. No additives, extenders, or chemicals added.





How Do I Use Essential Oils?

1. Hand or Foot Application



Layer on the hands or feet. Feet have the body's highest density of pores, with over 800 per square inch. Use 2-4 drops on reflex points on either hands or feet.

2. Massage

Topical dilution for healthy individuals ages 10 and up is 10% (15 drops per ounce of carrier oil).

3. Bath

Add 8-10 drops to ½ cup Clay Vitality or Vitality Bath Salts and mix into warm bath water.

4. Misting

Mix 5 drops with 1 ounce distilled water in a cobalt blue glass or PET plastic bottle, shake well and mist into environment as desired.

5. Dietary

Never take Essential Oils by mouth unless under the guidance of a suitably qualified practitioner, working in cooperation with your doctor.

6. Cleaning/Disinfecting

Many Essential Oils are antibacterial and antiviral; add 6-8 drops to the dishwasher, washing machine, and cleaning products to clean & disinfect.

7. Compress

Mix 2-4 drops of oil in 1 pint of hot or cold water; soak towel in water and apply on desired location. Cover the area with a dry towel and heating pad or ice pack.

8. Personal Care

Add 3-6 drops to create your own Essential Oil infused deodorant, hair care, skin care, and oral care products.

9. Perfume & Cologne

For a safe, healthier alternative to synthetic fragrances, apply and layer 2-4 drops of Essential Oils on pulse points to create your own personalized signature scent.



goDésana Oil Of The Month Club

The "Oil of the Month Club" is a simple, affordable, and fun way of building your own natural, organic, and chemical-free Stillroom arsenal to keep you and your loved ones safe!

Enroll once, and then each month following, we'll send you that month's collection of Independently Certified Pure & Therapeutic Essential Oils. Each month's collection will include a chapter of Alexandria Brighton's acclaimed book, *Recipes from the Stillroom*.

The collections cost \$27.00 to \$197.00, based upon the level at which you participate, and **some levels include free shipping**.

February Romance

\$27 (20BV) - \$5.00 SAVINGS + FREE US SHIPPING

- Passion {5ml}

\$67 (50BV) - \$19.00 SAVINGS + FREE US SHIPPING

- Passion {5ml}
- Sesso Dolce {5ml}
- Lavender, fine {10ml}

\$127 (80BV) - \$60.00 SAVINGS + FREE US SHIPPING + TRY ME PRODUCT

- Passion {5ml}
- Sesso Dolce {5ml}
- Lavender, fine {10ml}
- Moon {5ml}
- Sun {5ml}
- Grapefruit, pink {10ml}
- Flora Oceana Bath Bags {4oz} - *Try Me*

\$197 (80BV) CYCLE PACK - \$120.00 SAVINGS + TRY ME PRODUCT

- Passion {5ml}
- Sesso Dolce {5ml}
- Lavender, fine {10ml}
- Moon {5ml}
- Sun {5ml}
- Grapefruit, pink {10ml}
- Rose Moisturizing Cream {2oz}
- Ylang Ylang Hydrating Mineral Mister (2oz)
- Rose Hydrating Mineral Mister {2oz}
- Jasmine Hydrating Mineral Mister {2oz}
- Sandalwood Hydrating Mineral Mister {2oz}
- Patchouli Hydrating Mineral Mister {2oz}
- Flora Oceana Bath Bags {4oz} - *Try Me*

For More Information:

Name: _____

Phone: _____ Consultant ID #: _____

Web Address: _____