

Renew Vitality Infusion

Detoxing your body and improving your overall health has never been so easy, natural and pleasant with *Renew Vitality Infusion* detox tea.

Renew Vitality Infusion detox tea is a powerful and effective detoxification tea with ingredients targeted to detoxing muscles, ligaments, tissues, lymphatic glands, and of course, your stomach, bladder, liver, and kidneys.

**RELEASE,
RESTORE,
RENEW**

Renew Vitality Infusion detox tea is a proprietary blend of 100% Certified Organic ingredients with naturally occurring phyto-nutrients, antioxidants, vitamins and minerals, blood purifiers, and healing herbs known for their pain relief and anti-inflammatory properties.

Renew Vitality Infusion detox tea formula assists with eliminating environmental toxins, detoxify your blood, ligaments, tissues, muscles, and organs.

historical benefits [include but not limited to]

- Detoxification
- Alkalize & Energize
- Reduce Toxins
- Reduce Inflammation & Pain
- Refresh Bladder, Liver, & Kidneys
- Refresh Lymphatics

suggested uses

- Less than 150lbs: Drink 16-24 ounces for 10 consecutive days, monthly or 3 days, weekly.
- Less than 250lbs: Drink 36-48 ounces for 10 consecutive days, monthly or 3 days, weekly.
- Over 250lbs: Drink 48-60 ounces for 10 consecutive days, monthly or 3 days, weekly.

instructions

- Bring water to a rolling boil.
- Pour 8-32 ounces of boiling water over one Renew Vitality Infusion tea bag.
- Steep for 10 minutes up to 8 hours.
- The longer you steep the more flavor and nutrients are released.
- Use 3 tea bags when making a gallon.
- Drink hot, room temperature, or cold.
- Reheat in stove pot. Do not microwave.
- NOTE: For maximum results, allow tea to steep overnight and then serve hot, cold or room temperature.

supporting products

All of the below products can be added to create a customized taste and increase results.

- Add 1 drop of your favorite GRAS Approved Essential Oil (Lemon, Lime, Grapefruit, ect.)
- Add 2 drops of Cell Vitality
- Add 2 drops of Magnesium BeCalm
- Add 1/2 tsp of Green Vitality

optimal weight loss strategies

- Drink suggested amount of Renew Vitality Infusion for 10 consecutive days, monthly or 3 days, weekly. Do not exceed 10 consecutive days, monthly or 3 consecutive days, weekly.
- Drink suggested amount of Ease Vitality Infusion, nightly.
- Drink suggested amount of Slimmer Vitality Infusion, daily.
- Add 2 drops of Cell Vitality to all liquid.
- Add 2 drops Magnesium BeCalm to all liquid.
- Add Liver Detox Protocol in Week 2 (www.goDesana.com/LiverCleanse.pdf).
- May replace 1 - 2 meals with Smooth Vitality, daily, and/or as a late night snack.
- Use only cold pressed oils like Olive, Coconut & Flax.
- Lunch & snacks can consist of nut butters as a spread or dip with fresh vegetables or fruits.
- Make dinner your healthiest meal, stir fry, steam, puree raw, and low heat crock pot soups.



detox tea

ingredients

Made with 100% Certified Organic Green Rooibos Tea, Dandelion Root, Brahmi, Wormwood, Burdock Root, Spearmint Leaves, Peppermint Leaves, Galangal Root, Birch Leaves, & Melissa Leaves

GO Alkalize, Detox & Energize Lifestyle

Shed 20+ lbs in 30 days. Feel & Look Energized!

1. Follow weight loss strategies found on your left.
2. Snacks & meals should be derived from whole foods. Prepare steamed, stir fried, or in a crockpot.
3. Drink 1 quart of pure water (Vitality Infusions Teas count) for every 50 lbs of body weight daily (sipping is optimal).
4. Increase intake of fresh lemon and lime if possible, as well as GO Essential Oils especially Ginger, Lemon, Lime, Lemongrass, etc, which all aid in healthier blood.
5. Eat mostly vegetables (organic when possible) slightly cooked, steamed, stir fried, raw or pureed are the most important part of our diet and can be supplemented with GO Green Vitality, which is comprised of 25 vegetables and herbs.
6. Reduce or eliminate intake of red meats, sugar, white & processed foods.
7. Eat cold water and wild fish as they stand the best chance of having the fewest bad micro-organisms and the highest amount of good oils and nutrients.

RESPONSIBLE CAUTIONS

- Not for use during pregnancy or if nursing.
- Do not use for more than 10 consecutive days, monthly or more than 3 days each week.
- Caffeine Free.
- Do not use microwave.
- Detox symptoms will occur with use.

