



# Respi Relief For Kids

**Ingredients:** 100% Pure, Certified Organic and Wildcrafted oils of Dill; Rosemary ct. 1,8 cineole, Lemon, and Thyme ct. linalool

Congestion in children can be caused by colds, flu, and allergies. Congestion isn't the same as an infection, but it does create a breeding ground for bacteria. Chest congestion can interfere with breathing, sleeping, and eating.

Respi Relief For Kids is a proprietary blend of Essential Oils that have been shown to assist and help support the body with ENT and lung issues in children ages 3 years and over.

## ingredient highlights

- Rosemary ct. 1,8 cineole is excellent with pulmonary congestion and respiratory conditions such as colds, flu, strep, bronchitis, and sinusitis. Its stimulating and uplifting properties are of added benefit when dealing with asthma or other respiratory issues involving a nervous or emotional component.

Rosemary ct. 1,8 cineole is high in oxides. It's noted to be mucolytic, expectorant, antispasmodic, fungicidal, antibacterial, and antiviral. It is traditionally used for lung congestion, to increase cerebral blood flow, and to decrease chronic inflammation.

- Thyme ct. linalool is one of the preferred oils for use with children and the elderly when a powerful infection fighter is needed; particularly with colds, coughs, flu, and respiratory infections.

Because of its antispasmodic properties, it is ideal for helping to control coughing fits. Like Tea Tree, Thyme ct. linalool is an Essential Oil that is recommended for inclusion in first-aid kits. It is strongly antiseptic and antimicrobial, yet is gentle enough to use on children and the elderly.

- Lemon can be beneficial to the circulatory system and blood flow, reducing blood pressure and helping with nosebleeds. It may bring down fever, help relieve throat infections, bronchitis, asthma, and flu.

- Dill Weed Essential Oil, although it is not widely known, is an effective immune stimulant.

## suggested usage

- Diffuse 6 to 8 drops for 15 minutes.
- May be applied onto the ears, sinus, and throat reflex points on the feet, as well as the lung reflex points.
- Can be applied over the glandular areas of the throat under the ears and on the lung areas of chest and back.
- May be inhaled by applying onto a tissue and inhaling.

## responsible cautions

- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at [www.godesana.com/cautions.asp](http://www.godesana.com/cautions.asp).
- Store away from sunlight, at room temperature, with lid securely tightened.

## availability

5ml Bottle



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feel the difference

## QUALITY ASSURANCE

All oils from goDésana Organics are 100% pure and therapeutic, meaning they are sourced and approved by Alexandria Brighton to the highest standards possible. Our Essential Oils are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wildcrafted), and the specific chemical constituent percentages that Alexandria Brighton insists upon for efficacy and safety.

## DISCLAIMER

goDésana Organics products have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease. They are not intended as a substitute for the advice or medical care of a qualified health care professional. Seek the advice of your health care professional before undertaking any dietary or lifestyle changes.

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