

Sacred Time

renewing blend

Ingredients: *Davana, Sandalwood, Melissa, Rose, Jasmine, Neroli, Basil, sweet; Inula, Patchouli, Rosewood, Jojoba*

Sacred Time is time that we experience differently than ordinary time; it is a “time out” from the everyday stress, chaos, and distractions that make up our days. Sacred Time refreshes the spirit, mind, and body by restoring our sense of wonder and allowing us time to evaluate what really matters in life.*

Sacred Time can help us to make time for those small, precious things that in the end will be the ones we will remember most and hold closest to our hearts. Sacred Time blend can be used in a mister and sprayed around the home or office when we have people over to inspire us to make the moments we spend with family and friends Sacred Time. It can be misted before meditation, yoga, or any spiritual practice to set the intention and mood for the time spent to be experienced as time out of the ordinary.*

suggested usage (10 years & up)

BATH:

- Thoroughly mix 10-15 drops into 1/2 cup Pink Himalayan or Dead Sea salt and dissolve into warm bath water.*

INHALATION

- Rub 1-2 drops in the palms of the hands, cup over nose and mouth, and inhale deeply.*
- Diffuse several drops 15 minutes per hour as desired throughout the day.*

INTERNAL

- Not to be used internally.*

MISTING

- Add 15-20 drops to 4 ounces of distilled water in a cobalt blue or PET spray bottle. Shake well before each use. Spray as needed or desired.*

TOPICAL

- Use as perfume by applying a drop or two to pulse points and/or on the heart.*
- To open the heart and support emotional balance, apply 2-3 drops to heart and/or 2-3 drops on the soles of the feet.*

responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at www.goDesana.com/cautions.asp.
- Store away from sunlight, at room temperature, with the lid securely tightened.

topical dilution guidelines

Ages 10 & Over: Topical dilution for healthy individuals is 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.

pregnancy & children



safety group #3

Topical

- Infant to 3 months - *not recommended*
- 3 months to 3 years - *not recommended*
- 3 to 5 years - *not recommended*
- 5 to 10 years - *not recommended*
- Pregnancy - *not recommended*

Bath

- Infant to 3 months - *not recommended*
- 3 months to 3 years - *not recommended*
- 3 to 5 years - *not recommended*
- 5 to 10 years - *not recommended*
- Pregnancy - *not recommended*

availability

5ml Bottle



STANDARDS OF QUALITY

All ingredients in goDesana Organics products are 100% pure and therapeutic, meaning they are sourced and approved by Master Formulator Alexandria Brighton to the highest standards possible.

Our raw plant ingredients are chosen for their integrity (all chemical constituents important for use are intact), ecological “soundness” (all are organic or wild-crafted), and the specific therapeutic chemical constituent percentages that Alexandria Brighton insists upon for safety and therapeutic properties.

DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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