

# SUN

## Hormone Balance

Sun is a very strengthening, grounding, and emotionally uplifting essential oil blend. Formulated to enhance physical and emotional intimacy for men and bring balance to male hormones.

Supports male physical performance and allows them to be more available emotionally for their partner.

Although formulated for men, women also have some male hormones, and many women must be both mother and father to their children and this blend will help her to access her more masculine side and have the strength and authority necessary to provide the guidance and discipline a child would normally receive from their father.

## daily uses

### BATH

- Add 8-10 drops to ½ cup Pink Himalayan salt, Dead Sea salt, or Clay Vitality and add to a warm tub of water to help restore energy and physical vigor.

### INHALATION

- Place 1-2 drops on a tissue, cotton ball, or in the palms of the hands and inhale as needed for general debility, mental and emotional exhaustion, or for its aphrodisiac effects.

### TOPICAL

- Dilute 10 to 12 drops in 1 ounce of carrier oil and massage over the Sacral Chakra area to support and vitalize the reproductive energy.
- Apply 1 to 2 drops on the foot reflex points for the reproductive organs, gently stimulating the points as you massage in the oil.

### RESPONSIBLE CAUTIONS

- Use as directed, and adhere to reasonable cautions at [www.godesana.com/cautions.asp](http://www.godesana.com/cautions.asp)
- Store at room temperature with lids securely tightened.
- Keep away from sunlight.

## Health Blends

### ingredients

Certified Organic and Wild Harvested oils of Spikenard, Frankincense, Cedarwood, atlas, Elemi, Cypress, Sandalwood, Coriander Seed and Ginger Root

#### Spikenard

Regarded as a calming, sedative, stabilizing oil; it regulates the nervous system and the heart.

#### Frankincense

Has tremendous ability to heal emotional wounds.

#### Cedarwood, atlas

Can provide strength in times of stress, extreme fatigue, and nervous exhaustion.

#### Cypress

Mentally strengthening, particularly in times of grief. Calming and soothing; eases anger, irritability, and stress.

#### Sandalwood

Proven beneficial in relieving depression, insomnia, and stress-related concerns.



Available in:  
5ml Bottle

#### QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.



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