

# TEACHER

Teacher opens us to new opportunities to develop our innate potential, and deepen those abilities and power.

## TALENT, ALTRUISM, RESPONSIBILITY

As a result, Teachers shows us that in order to handle the responsibilities associated with our power, we must make proper choices. We must use our power cautiously, and make sure we don't place ourselves in a position to have power used against us.

Teacher promises to reveal deep mysteries and power, signaling the awakening of a great talent.

With Teacher, we have the opportunity to develop our innate talents; and the choice of using them for our own benefit or to the highest good of all.

Available in: 5ml Bottle

## daily uses

### BATH

- Add 12-15 drops to ½ cup of Pink Himalayan or Dead Sea salts and dissolve into a warm bath, allowing yourself to be renewed with courage, honor and a sense of integrity.

### INHALATION

- 1 to 2 drops on a tissue or cotton ball, or apply to the wrist and inhale deeply to calm and ground the mind and inspire clear thought.

### MISTING SPRAY

- Add 10 to 12 drops of Teacher to 4 ounces of distilled water in a blue cobalt spray bottle. Shake well before use. Close your eyes and mist around yourself to ground your energy and inspire clarity and courage to be a force for positive change. Mist around yourself before you make important choices to calm the emotions and give clarity to the mind.
- Add 5 to 6 drops to 2 ounces of distilled water in a blue cobalt bottle. Shake well before use. Carry with you to share with friends and family who could use a little awareness of their need for right use of power. Great to sample out to potential customers.

### TOPICAL

- May be applied over the Heart Chakra, your center for spiritual strength forgiveness, to remind us the affect our actions have on others.
- Massage over the Solar Plexus, our center of will, to act from a place of clear perception and without attachment to the outcome of a situation.
- Apply a drop to the Third Eye Chakra to increase awareness of reality and receive intuitive guidance.
- Apply to the Crown Chakra to be open to receiving guidance and to recognize messages when we receive them and not dismiss them as coincidence.

### RESPONSIBLE CAUTIONS

- Non-toxic, non-irritating, and non-sensitizing.
- Not recommended for use during the first trimester of pregnancy.



## Essential Blends

## ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted oils of Sandalwood, Tanacetum Annuum, Clary Sage, Peppermint, Elemi, and Frankincense.

## notes

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### QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

