

Trauma Relief

soothing blend

Ingredients: *Helichrysum, Clove Bud, Rosemary 1,8 cineole, Marjoram, sweet, Wintergreen* | AromaStix contain Fractionated Coconut Oil

A wonderful healing blend, Trauma Relief is an excellent synergistic blend when assisting and supporting the body with arthritis and rheumatic concerns, sports injuries, back pain, or pain and inflammation resulting from injured or overworked muscles, tendons, ligaments, etc. Trauma Relief will help provide relief from bumps, bruises, and everyday mishaps - from fingers slammed in doors to bumps on the head to stubbed toes.*

Trauma Relief contains Essential Oils which are well-documented for their ability to relieve pain, reduce swelling, and prevent bruising even in severe cases. It is particularly helpful before and after working out, participating in sports, performing strenuous activities, or just playing too hard.*

Apply by rolling onto the area of pain or inflammation. Its therapeutic action can be further enhanced by applying a cool compress immediately following application of the oil. Many happily surprised users report that they no longer need their OTC pain relievers after using Trauma Relief.*

suggested usage (10 years & up)

BATH:

- Mix 6 to 8 drops with ½ cup of Bath Salt or Clay Vitality for a muscle relaxing bath.*

INHALATION

- Not appropriate for inhalation.*

INTERNAL

- Not to be used internally.*

MISTING

- Not appropriate for misting.*

TOPICAL

- Apply neat or mixed with carrier oil directly to tired, overworked muscles to relieve weariness or aches and pains. Warm or cool compresses may be applied to enhance therapeutic benefits.*

responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- May increase the effect of anticoagulant drugs.
- Not recommended for those facing major surgery, suffering from hemophilia or other bleeding disorders, during pregnancy, while breastfeeding, with young children, or those with salicylate sensitivity.
- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at www.goDesanaOrganics.com/cautions.asp.
- Store away from sunlight, at room temperature, with the lid securely tightened.

topical dilution guidelines

Ages 10 & Over: Topical dilution for healthy individuals is 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.

pregnancy & children

 Safety Group #4

Topical

- Infant to 3 months: not recommended
- 3 months to 3 years: not recommended
- 3 to 5 years: not recommended
- 5 to 10 years: not recommended
- Pregnancy: not recommended

Bath

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- 5 to 10 years: not recommended
- Pregnancy: not recommended

availability

10ml Bottle & AromaStix



STANDARDS OF QUALITY

All ingredients in goDesana Organics products are 100% pure and therapeutic, meaning they are sourced and approved by Master Formulator Alexandria Brighton to the highest standards possible.

Our raw plant ingredients are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wild-crafted), and the specific therapeutic chemical constituent percentages that Alexandria Brighton insists upon for safety and therapeutic properties.

DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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