



Vitality For Kids

Ingredients: 100% Pure, Certified Organic and Wildcrafted oils of Dill Weed, Chamomile, Roman; and Lemon

Depression, the most common mental health problem in the United States, affects millions of people from all ages, races, and economic backgrounds every year. About 5% of children and adolescents in the general population suffer from depression at any given point in time. Depression is defined as an illness when the feelings of depression persist and interfere with a child or adolescent's ability to function.

Children under stress, those who experience loss, or those who have attentional, learning, conduct, or anxiety disorders are at higher risk of developing depression. Depression can also run in families.

Vitality For Kids is a proprietary blend of Essential Oils that have been shown to assist and help support the body with depression in children ages 3 years and over.

ingredient highlights

- Dill Weed Essential Oil is useful for anxiety, tension, anger, and depression. It has beneficial sedative and calming effects on the nerves and brain, making one feel relaxed and satisfied.

- Roman Chamomile is a particularly effective mood enhancer, and may be used to treat depression and anxiety naturally. Chamomile Essential Oil was used by Roman soldiers to relieve anxiety and to induce a strong sense of purpose as they set out to fight. In clinical trials, Roman Chamomile Essential Oil has been found to be effective in treating generalized anxiety disorder (GAD).
- Lemon has a refreshing scent, along with purifying and uplifting properties. It can help combat negative emotions, stress, depression, and even boost your immunity. Clinical studies at Mie University of Medicine in Japan showed Lemon Essential Oil reduced depression and stress levels when inhaled.

suggested usage

- Add 2-5 drops in warm bath water.
- Use 10 drops in diffuser, or 10-12 drops with water in 4 ounce spray mist bottle.
- For massage, dilute 5 drops in 5 ml of Grape Seed Oil; use on back or apply to feet.

responsible cautions

- Keep out of reach of children and pets. Use as directed, and adhere to Responsible Cautions at www.godesana.com/cautions.asp.
- Store away from sunlight, at room temperature, with lid securely tightened.
- Not for use in children under 3 years of age.

availability

5ml Bottle



goDésana organics
feel the difference

QUALITY ASSURANCE

All oils from goDésana Organics are 100% pure and therapeutic, meaning they are sourced and approved by Alexandria Brighton to the **highest standards possible**. Our Essential Oils are chosen for their integrity (all chemical constituents important for use are intact), ecological 'soundness' (all are organic or wildcrafted), and the **specific chemical constituent percentages** that Alexandria Brighton insists upon for efficacy and safety.

DISCLAIMER

goDésana Organics products have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease. They are not intended as a substitute for the advice or medical care of a qualified health care professional. Seek the advice of your health care professional before undertaking any dietary or lifestyle changes.

©2011 Green Organics International, LLC • ©2013 goDésana, LLC