

# Wellness For Adults

This blend was specifically formulated with Essential Oils known for their antibacterial, antiviral, and immune-stimulant properties. At the same time, it's gentle, non-toxic, and appropriate for long-term daily use.

It is designed to defend against bacteria, viruses, and 'bugs' that are constantly assaulting the immune system. Wellness For Adults contains Essential Oils that support and strengthen the body's overall health and wellbeing and assist all of the major body systems.

This formula is supercharged with the smallest amount necessary of powerful bacteria-busting phenols, providing a significant boost to the body's natural defense mechanisms. Not recommended for children under the age of ten, the elderly, or those with compromised liver function; use Wellness For Kids & Elderly Blend instead.

## ingredient highlights

**Eucalyptus Radiata:** Primarily an Essential Oil for the respiratory system, it has good anti-catarrhal properties. It is a powerful expectorant and works well to thin mucus.

**Tea Tree:** Unlike antibiotics, Tea Tree has been shown to not kill germs indiscriminately, but to identify and kill the destructive bacteria while leaving the friendly bacteria needed to stay healthy.

**Ravensara:** Ravensara is one of the most versatile and indispensable Essential Oils; there is little it can't do. Potent, yet safe and gentle. The chemical composition of Ravensara is simple, and without any specific compound that makes its smell.

## general uses

### BATH

- Add 8-10 drops to ½ cup of Clay Vitality or Vitality Bath Salts and add to a warm tub of water.

### INHALATION

- Place 1-2 drops on a tissue, cotton ball, or in the palms of the hands and inhale deeply as needed.

### TOPICAL

- Roll onto the soles of the feet in the morning and again at bedtime for prevention.
- If you have contracted a cold or flu, you can reapply 4 to 6 times a day until you are well.

## pregnancy & children

- Not recommended for children under age ten.
- Not recommended for women who are pregnant or nursing.



## ingredients

*100% Pure, Certified Organic and Wildcrafted oils of Eucalyptus radiata, Tea Tree, Thyme ct. linalool, Ravensara ct. 1,8 cineole, Oregano, Cinnamon Bark, Clove Bud, Palmarosa, Peppermint, and Fractionated Coconut*

## reasonable cautions

- Keep out of reach of children and pets.
- Use as directed, and adhere to Responsible Cautions at [www.godesana.com/cautions.asp](http://www.godesana.com/cautions.asp).
- Store away from sunlight, at room temperature, with lid securely tightened.

## availability

10ml Bottle & AromaStix



### QUALITY ASSURANCE

All goDésana Essential Oils are 100% Pure, Certified Organic and Wildcrafted. They are sourced, formulated, and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents, and GC/MS Chromatography Documents are sent to Alexandria for her approval prior to being shipped to goDésana.

### DISCLAIMER

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified health care professional and you should seek the advice of your health care professional before undertaking any dietary or lifestyle changes. The material provided in this document is for educational purposes only.  
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