YLANG YLANG COMPLETE
Cananga odorata

The fragrance of Ylang Ylang is soft, sweet and erotic. It stimulates the same part of the brain that releases endorphins. It is, therefore, helpful in reducing pain as well as in creating euphoric and erotic moods. It layers well with Rose and Jasmine as they all stimulate the same center of the brain. This oil has antidepressant properties and is calming and antispasmodic. These properties relieve external and internal tensions with an additional euphoric effect.

Ylang Ylang has a particular affinity for states of anger, rage and frustration, allowing them to be released and replaced with joy, sensuality, inner trust and peacefulness. Ylang Ylang helps emotionally blocked men to become less harsh towards themselves and others. It awakens their feminine side, allowing access to their intuition and understanding. If your man finds the fragrance too intense, you can layer it with the less sweet essence of Neroli. They can always begin by applying to the soles of the feet where it will absorb and still find its way to the heart and mind. By awakening one’s awareness of joy and beauty to be found in life, it eases communication with others and allows us to speak and listen from the heart.

The sweet fragrance of Ylang Ylang has been shown to lower blood pressure and create more rhythmic breathing. Effective in the bath and massage, you can apply to feet, heart area and the shoulders. Often when we have elevated blood pressure and rapid breathing, it is because we are holding on to anger, rage and/or frustration in the body. The liver is where we hold our anger so application over the liver and on the liver reflex points on the feet can help to release the anger in a positive way.

Ylang Ylang has also proven effective for PMS, especially when irritability before menstruation is an issue. Can be even more effective when layered with Neroli, Rose or Jasmine. It is also used in cosmetics to rejuvenate the skin.

Available in: 10ml Bottle and 10ml PassionStix

daily uses

BATH
- Stir 5-6 drops into bath.

DIFFUSION
- Diffuse 5-6 drops 10 minutes per hour for a rich flower aroma. Overcomes odors and enhances the moods.

INHALATION
- Place 1-2 drops on cloth and inhale. Carry cloth with you to aid with tension, high blood pressure, palpitations and frigidity.

MASSAGE
- Add 3 drops to massaging oil to stimulate hair growth.
- Combine 6 drops of Ylang Ylang, 8 drops Lavender Fine and 8 drops Orange in 1 tablespoon of massage oil. Massage into areas of stored tension, always stroking toward the heart.

TOPICAL
- Apply and/or layer on wrists to create personalized Designer Scent.
- To calm anger, place 4 drops on soles of feet or place 1 drop over liver and heart.
- Mix 3 drops with massage oil as a nighttime skin treatment for the body and face.

RESPONSIBLE CAUTIONS
Non-toxic, non-sensitizing, irritant in high concentration due to rubefacient properties. Use in moderation.

PRODUCING ORGAN
- Flowers

EXTRACTION
- Steam distillation

COUNTRY OF ORIGIN
- Phillipines

PROPERTIES
- Antidepressant, antiseborrhoeic, antiseptic, aphrodisiac, hypotensive, nervine and sedative.

RELEASES ANGER, EMOTIONAL AID, APHRODISIAC

QUALITY ASSURANCE
All goDesana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDesana.