

beFREE

beFree reminds us to “dream big” and go beyond our perceived limitations and fears to develop our full potential.

**FREEING,
ENERGIZING,
FORTIFYING**

A great Essential Oil blend for setting new goals and going beyond our perceived self-limitations.

beFree helps us find the courage to take advantage of new ideas and opportunities that come our way.

When we work to reach our full potential, you are in fact setting yourself free to be all that you can be.

Unblock and move beyond your old wounds and self-defeating behaviors. beFree blend helps you overcome rejection and gives lightness of spirit.

Available in: 5ml Bottle

suggested uses

BATH

- Not appropriate to use in a bath as it may cause irritation.

INHALATION

- Apply 2 drops to a tissue and inhale when you need to increase your left-brained mental ability. Diffuse 10 to 15 drops in your water mist diffuser and mist into the environment for added benefit.

MISTING SPRAY

- You can create a spray mister with 10 to 12 drops of beFree blend in 4 ounces of distilled water in a blue cobalt spray bottle. Shake well before using. Mist around yourself or into the environment as needed for free thinking.
- 5 to 6 drops in 2 ounces of distilled water in a cobalt blue glass spray bottle. Shake well before use. Carry with you to share with friends or family or as a mentoring tool for your team and to sample out to potential clients.

TOPICALLY

- You can apply 1 to 2 drops to the soles of the feet for courage, and on the solar plexus area for strength of will and to overcome fear.
- By applying the 1 to 2 drops to the feet, wrists, and solar plexus area you can find the freedom of thought to dream big and use your increased analytical thinking to form a solid plan to turn your dreams into reality.

RESPONSIBLE CAUTIONS

- Non-toxic, non-irritating and non-sensitizing..



Success Mentoring

ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted essential oils of Helichrysum, Myrrh, Lemon, Spearmint, Lemongrass, & Fractionated Coconut Oil.

HELICHRYSUM

Can provide relief from migraine headaches, neuralgia, nervous exhaustion, and stress-related disorders.

MYRRH

Myrrh is believed to enhance visualization, provide relief from worry and over-thinking, enhance deep connectivity to one's spirituality, and act as a meditative aid.

LEMON

Uplifting in a work or study environment, Lemon helps clear the mind, stimulate the brain, and improve concentration and accuracy.

SPEARMINT

Relaxing to muscles and nerves, it is useful in treating mental fatigue, depression, and tension headaches.

LEMONGRASS

Extremely beneficial for stress-related conditions and for times of nervous exhaustion as it is energizing yet soothing.



QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

