

# **beINTUITIVE**

beIntuitive reminds us to honor that mysterious "gut feeling" or "instinct" that often, in retrospect, turns out to be right. beIntuitive blend lets you know it is time of come into your own power; a time of trusting your intuition and instincts.

## ENERGIZING, MOTIVATIONAL, INSTINCTUAL

This blend can help you to develop self-motivation, to bring success and leadership into your life. It can give you intuitive awareness of your own personal power.

You must try out your skills and talents, and develop and use them to your advantage.

You must stretch yourself and not be afraid to move to the next level. When options are whittled down and one is stuck at a crossroads, getting in touch with your intuition can help.

The Essential Oils in this blend support your will to act aggressively and the intuitive awareness to jump on opportunities when they present themselves.

Learning how to separate the wheat from the chaff, so to speak, is difficult, but intuition can be developed. Support your inner voice with this powerful blend.

**Available in: 5ml Bottle** 

# suggested uses

### **BATH**

Not appropriate to use in a bath as it may cause irritation.

### **INHALATION**

Apply 2 drops to a tissue and inhale when you need to increase your sense of personal power.
 Diffuse 10 to 15 drops in your water mist diffuser and mist into the environment for added benefit.

## **MISTING SPRAY**

- Mix 10 to 12 drops in 4 ounces of distilled water in a blue cobalt spray bottle. Shake well
  before use. Close your eyes and mist around yourself when you need awareness of your
  personal power and the ability to express it.
- Mix 5 to 6 drops in 2 ounces of distilled water in a cobalt blue spray bottle. Shake well
  before use. Carry with you to share with friends or family, or as a mentoring tool to sample
  out to your team members and/or potential members, prospects, and clients.

### TOPICALLY

- Apply 2 to 4 drops beIntuitive blend to the soles of the feet for courage and inspiration to move forward.
- Apply 1 to 2 drops on the Solar Plexus area for strength of will and for the right use of your personal power.
- By applying 1 or 2 drops to the Heart area we can remember to act from the heart when expressing your personal power and to not overpower those you live and work with.

### **RESPONSIBLE CAUTIONS**

 Non-toxic, non-sensitizing, Thyme oil may cause irritation, do not apply to skin unless diluted to 3% or less.



# **Success Mentoring**

# ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted essential oils of Thyme ct. thymol, Lemongrass, Juniper Berry, Roman Chamomile, Tea Tree, Bay Laurel, & Fractionated Coconut Oil

### THYME CT. THYMOL

A wide-spectrum anti-infectious agent, supporting the formation of white blood cells.

### **LEMONGRASS**

Extremely beneficial for stress-related conditions and for times of nervous exhaustion as it is energizing yet soothing.

#### JUNIPER BERRY

An exceptional strengthening and purifying tonic.

#### **ROMAN CHAMOMILE**

Soothing, relaxing, and gentle oil particularly calming in times of tension or stress.

### **TEA TREE**

Soothing, relaxing, and gentle oil particularly calming in times of tension or stress.

### **BAY LAUREL**

A powerful stimulant to the immune and lymphatic systems.



### QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

