Alexandría Bríghton Collection —

bePREPARED

bePrepared teaches you how to plan ahead and to love yourself enough to gather the goods, ideas and relationships that support you and your business.

It helps you maintain the balance between gathering and giving which is essential to the flow of energy in your life.

SOOTHING, SUPPORTIVE, PREPARATIVE

It lets you live beyond fear, knowing that you will always be guided to prepare yourself and have all your needs met.

With today's uncertain financial times and looming economic crisis it is wise to be prepared.

Let bePrepared become your mentor for preparedness, gathering what you need and reserving something for the future.

This blend will help connect you to the rhythms of the Earth and your body and you will know what you will need for the "lean times" when you will have to depend on your reserves.

You must become aware of where you are leaking energy by negative thought and worry as well as what situations and people drain your energies leaving you unprepared to handle the stresses in your life. With bePrepared you can feel safe, secure and provided for.

You can connect to a Higher Power, trusting in your ability to manifest what you need in the material world.

Available in: 5ml Bottle

suggested uses

BATH

 Add 10 to 12 drops of to ½ cup of Vitality Bath Salt and soak in the warmth and joy of success. Calming and stimulating, great when the spirits need to be revived and optimism restored.

INHALATION

• Apply 2 drops to a tissue and inhale as needed to overcome negative thinking and restore optimism. Diffuse 10 to 15 drops in your water mist diffuser and mist into the environment for added benefit.

MISTING SPRAY

- Add 10 to 12 drops of bePrepared blend to 4 ounces of distilled water in a cobalt blue spray bottle. Shake well before using. Close your eyes and mist around your body to create a "feelgood" energy of optimism, joy, and openness to abundance. This positive energy will attract what you need in life.
- Add 5 to 6 drops to 2 ounces of distilled water in a cobalt blue spray bottle. Shake well before
 using. Carry with you to share with friends and family, or as a mentoring tool for your team
 and to sample out to potential clients.

TOPICALLY

- Apply 1 to 2 drops over the Solar Plexus Chakra your center of willpower, to instill determination and action towards your success.
- 1 to 2 drops over the Heart Chakra to remind us to love and care for ourselves by meeting our needs now and in the future.
- 2 to 4 drops on the feet to connect to the Root Chakra, our center for manifesting what we need in the material world.

RESPONSIBLE CAUTIONS

• Non-toxic, non-irritating and non-sensitizing.

Success Mentoring

ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted essential oils of Jasmine, Pink Grapefruit, Tangerine, Ginger, Wild Orange, & Fractionated Coconut Oil.

JASMINE Helps to resolve emotional blocks, tension, fear, and paranoia.

PINK GRAPEFRUIT Possesses tremendous anti-depressive ability, with a fresh and sweet aroma.

TANGERINE

Can be supportive in easing tension, fear, sadness, irritability, and even insomnia.

GINGER

Benefits a wide variety of complaints including pain from arthritis, rheumatic conditions, muscular aches, and toothache.

WILD ORANGE

Uplifting, anti-depressive oil that inspires a cheerful outlook and attitude.



QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

