

beWORTHY

beWorthy reminds us to take pride in ourselves and our accomplishments. beWorthy develops self-worth, high self-esteem and the ability to act with confidence and dignity.

ENERGIZING, SUPPORTIVE, STRENGTHENING

It teaches us how to develop friendships, communicate with and support those we work with, without jealousy and competition.

beWorthy gives us the willpower to hold firm against resistance and not give up when we face rejection.

beWorthy is representative of personal inner strength and maintaining a steady forward movement through life.

With this blend, we learn to take pride in ourselves and our accomplishments without becoming egotistical. beWorthy imparts stamina and the ability to pace ourselves, and can help us handle stress without getting burned out. beWorthy blend helps us to proceed at a steady yet powerful pace toward our goals.

Support your inner strength with this energizing, daring oil.

Available in: 5ml Bottle

suggested uses

BATH

- Add 6 to 12 drops to ½ cup of Vitality Bath Salt and soak in a warm bath to renew your strength and confidence.

INHALATION

- Apply 2 drops to a tissue and inhale as needed for strength and confidence. Diffuse 10 to 15 drops in your water mist diffuser and mist into the environment for added benefit.

MISTING SPRAY

- Add 10 to 12 drops of beWorthy blend to 4 ounces of distilled water in a cobalt blue spray bottle. Shake well before using. Close your eyes and mist around your body as needed.
- Add 5 to 6 drops to 2 ounces of distilled water in a cobalt blue spray bottle. Shake well before using. Carry with you to share with friends and family, or as a mentoring tool for your team and to sample out to potential clients.

TOPICALLY

- Apply as a perfume. Can be used alone or layered with other Success Mentoring Blends.
- Apply 1 to 2 drops over the solar plexus and awaken your own confidence, self-esteem and belief in your ability to succeed.
- Apply 2 to 4 drops to the feet and 1 to 2 drops across the back of the neck which accesses the Governing Meridian. This can help you to proceed at a steady pace toward your goals without getting burned out.
- Apply 1 to 2 drops to the wrist or a tissue and inhale deeply whenever you need confidence to go the distance.

RESPONSIBLE CAUTIONS

- Non-toxic, non-irritating and non-sensitizing..



Success Mentoring

ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted essential oils of Bergamot, Cypress, Cedarwood Atlas, Juniper Berry, & Fractionated Coconut Oil.

BERGAMOT

Its pleasant, uplifting aroma and remarkable ability to soothe the emotions have earned Bergamot the name "Nature's Prozac".

CYPRESS

Mentally strengthening particularly in times of grief. Calming and soothing; eases anger, irritability and stress.

CEDARWOOD ATLAS

Has powerful benefits to the emotional system; can provide strength in times of stress, extreme fatigue and nervous exhaustion or breakdown.

JUNIPER BERRY

An exceptional strengthening and purifying tonic.



QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

