

CHARITY

This sweet, gentle synergistic blend was created to support the four chakra - the heart which represents the pure, unconditional love of Divinity. It is the energy center of benevolence and compassion.

SWEET,
LOVING,
BENEVOLENCE

Charity blend assists in strengthening emotional balance and supports once in being more open and emotionally available to others, particularly during times when one may feel "hard hearted, shut down, or hiding behind a wall." Adults and children of any age can benefit from the use of Charity and its energy of unconditional love.

Charity blend can be of added benefit during pregnancy and upon the birth of an infant. The child can become familiar with its aroma during pregnancy and thereby associate it with the safety and security of the mother. When the time comes to leave the baby with a sitter, a drop or two of Charity blend applied to a babysitter's clothing can calm and reassure the little one, lessening or eliminating any potential anxiety resulting from the mother's absence.

daily uses

BATH

- Thoroughly mix 10-15 drops into 1/2 cup Pink Himalayan or Dead Sea salt and dissolve into warm bath water.

DIFFUSION

- Diffuse several drops 15 minutes per hour as desired throughout the day.

FOOT SOAK

- Thoroughly mix 5-8 drops into ¼ cup Dead Sea salt and dissolve into a basin of warm water, soak and enjoy!

INHALATION

- Rub 2-3 drops on the palms of the hands, cup over nose and mouth and inhale deeply.

MASSAGE

- Add 5-6 drops to 1 tbsp of carrier or massage oil and massage as desired. Increase proportions if desired for a full body massage.

MISTING SPRAY

- Add 15-20 drops to 4 ounces distilled water in a cobalt blue or PET spray bottle. Shake well when using. Spray as needed or desired.

TOPICAL

- Use as perfume by applying a drop or two to pulse points and/or on the heart.
- To open the heart and support emotional balance, apply 2-3 drops to heart chakra and/or 203 drops on the soles of the feet.

RESPONSIBLE CAUTIONS

- Non-toxic, non-irritant, non-sensitizing.
- People with highly sensitive skin may want to dilute this blend before applying directly to the skin.



Essential Blends

ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted oils of Myrrh, Rosa Damascena, Geranium, Ylang Ylang Complete, Lavender Vera, Red Mandarin, Palmarosa, Jasmine, and Fractionated Coconut Oil.

notes



QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

