

Grape Seed carrier oil

Ingredients: *Vitis vinifera*, cold pressed and unrefined

Carrier oils, also known as message oils, are so named because they “carry” essential oils onto the skin.

Carrier oil, sometimes referred to as base oil or vegetable oil, is used to dilute essential oils before they’re applied to the skin in massage and aromatherapy.

Carrier oils do not contain a concentrated aroma, unlike essential oils, although some have a mild, distinctive smell. Carrier oils should be as natural and unadulterated as possible, with organic being the best choice whenever possible.

Each carrier oil offers a different combination of therapeutic properties and characteristics, and the choice of carrier oil can depend on the therapeutic benefit being sought.

highlights

Grape Seed Oil is the preferred carrier oil for use with children and during pregnancy.

Grape Seed oil has several important health benefits. It is a good source of essential fatty acids and vitamin E. It is also an effective natural hair moisturizer and conditioner. Consistent use of Grape Seed Oil as a supplement to your regular hair-care products will leave you with stronger, healthier, more attractive hair.

Grape Seed Oil can help strengthen and repair damaged or broken capillaries and blood vessels which can help to improve circulation and alleviate conditions like varicose veins, spider veins, and hemorrhoids.

Grape Seed Oil has anti-inflammatory properties and can provide relief against pain and swelling caused by arthritis and other inflammation-based conditions.

suggested usage

- Pour at least 1 tablespoon in the palm of your hand, add 3-5 drops of your favorite essential oil or essential oil blend, mix by rubbing your palms together, and then apply the oils to deliver an all-around or targeted massage to relax and rejuvenate the body.
- Works as an excellent body lotion, hand lotion, and facial moisturizer.
- Use for a deep conditioning hot oil treatment in your hair, adding your favorite hair essential oil if desired.
- Add a tablespoon to your bath to moisturize skin; favorite essential oil and/or bath salts may be added if desired.
- Apply liberally to lower abdomen, breasts, and inner thighs daily to prevent and reduce stretch marks during and after pregnancy.

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor’s care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.



STANDARDS OF QUALITY
All ingredients in goDesana products are 100% pure and therapeutic, meaning they are sourced and approved by Master Formulator Alexandria Brighton to the highest standards possible.

Our raw plant ingredients are chosen for their integrity (all chemical constituents important for use are intact), ecological “soundness” (all are organic or wild-crafted), and the specific therapeutic chemical constituent percentages that Alexandria Brighton insists upon for safety and therapeutic properties.

DISCLAIMER
The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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