

Copaiba

copaifera officinalis 10ml

We all have cannabinoid receptors found in our brain, organs, tissues, glands, and immune cells. Two types of receptors, CB1 and CB2, are present in many tissues although each is linked to a different action within the body.*

Copaiba oil contains high levels of beta-caryophyllene (BCP), a cannabinoid that interacts directly with the CB2 receptors in our body and may be neuroprotective and have cardiovascular and immune benefits. Beta-caryophyllene is also found, in lower levels, in other essential oils like Black Pepper and Melissa.*

Indigenous tribes in South America have used copaiba in traditional medicine for centuries as a topical wound healer, to stop bleeding, and for skin sores and psoriasis. It has been used as a strong antiseptic and expectorant for the respiratory system, and as an anti-inflammatory and antiseptic for the urinary tract. It was an official drug in the *U.S. Pharmacopeia* from 1820 to 1910.*

The high levels of beta-caryophyllene and its uniquely sweet aromatic profile help Copaiba create a relaxing atmosphere when diffused or applied topically. Copaiba oil is used widely in cosmetic products including soaps, lotions, perfumes, and creams. It can be used following exercise or strenuous activity as a comforting cooldown. Combined with a neutral moisturizer, it makes a great addition to your daily skincare regimen to promote a clear, smooth complexion.*

When taken internally Copaiba is a powerful antioxidant supporting the health of our cardiovascular, respiratory, digestive, nervous, and immune systems.*

USES

aromatic

- **Diffusion:** Diffuse 3 drops up to 15 minutes per hour to create a warm, inviting atmosphere and to ease respiratory issues.*

bath

- **Bath:** Combine 1 drop of Copaiba, 1 drop of Peppermint, and 3 drops of Frankincense with ½ cup of Pink Himalayan or Dead Sea bath salts and add to warm water for a relaxing, rejuvenating bath.*

internal

- **Internal:** ASupport the cardiovascular, respiratory, nervous, immune, and digestive systems by adding 1-2 drops to water, juice, or tea, or encapsulating with a few drops of carrier oil.*

topical

- **Massage/Lotion:** Reduce the appearance of blemishes and promote clean, clear skin by adding to carrier oil or facial moisturizer.*
- **Massage:** Dilute one to two drops with a carrier oil, then apply to desired area for a relaxing massage, especially after workouts or strenuous physical activity.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.*

goDesana

Product Information Page



application methods

Aromatic • Bath • Internal • Topical

safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified Aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

properties

Wildcrafted

Producing Organ: Resin

Extraction: Steam Distillation

Country of Origin: Brazil

Main Chemical Constituents: Beta-caryophyllene

Therapeutic Properties: Bactericidal, balsamic, disinfectant, diuretic, expectorant, stimulant [Julia Lawless, "The Illustrated Encyclopedia of Essential Oils" (Rockport, MA: Element Books, 1995), 126.]

responsible cautions

- Non-toxic, non-irritant, and non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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