

NIAOULI

melaleuca quinquenervia bs. *viridiflora* 10ml

goDésana
feel the pure plant difference



application

Aromatic • Bath • Internal • Topical

properties

Wildcrafted

Producing Organ: Leaves

Extraction: Steam Distillation

Country of Origin: Australia

Safety Group: #1

Main Chemical Constituents: cineol, terpineol, pinene

Therapeutic Properties: Analgesic, anthelmintic, anticatarrhal, antirheumatic, antiseptic, antispasmodic, bacterial, balsamic, cacatrizant, diaphoretic, expectorant, regulator, stimulant, vermifuge

responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- Store away from sunlight, at room temperature, with the lid securely tightened.

product summary

Niaouli is gentle and seldom irritates, which makes it suitable for use on children.*

The capacity of Niaouli to promote the formation of new tissue should not be underestimated, and it should be the first choice when treating abrasions, cuts, and skin blemishes.*

Historically, Niaouli has been used for aches, acne, bronchitis, colds, coughs, cuts, dull skin, flu, oily skin, sore throat, and whooping cough. [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element Books, 1995), 56-66.]*

The French use this oil in most hospitals all over the country, especially in the gynecological and obstetrics wards, for its antimicrobial properties, and this oil is also implemented into their pharmacopoeia.*

Uses

- 20 drops Niaouli in ½ cup of Dead Sea Salt in a warm sitz bath will benefit those suffering from urinary infection or cystitis.*
- Diffuse 15 minutes per hour throughout the day to assist with respiratory congestion.*
- Place 1-2 drops on a tissue, cotton ball, or in the palms of the hands and inhale.*
- Add add 2 to 8 drops of Niaouli to respiratory blends when rest isn't an option.*
- For a sore throat, mix 3 drops of Niaouli and 3 drops of Tea Tree in 6 ounces of water and gargle.*
- Apply neat on soles of feet. Effective when used at the beginning of illness to fortify the body; useful in any weakened condition.*
- Apply 1 drop neat to pimples or skin blemishes.*
- Apply 1-2 drops neat to cuts and scrapes to disinfect and aid healing.*
- Use directly on areas where muscle pain, aches, or inflammation is causing discomfort.*
- Create an effective chest rub for respiratory congestion by mixing 15 drops of Niaouli and 10 drops of Eucalyptus Radiata into 1 tablespoon of carrier oil.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

goDésana • Morrow, OH 45152 • www.goDesana.com • (614) 948-4409 • V02272018