

# Abscess Relief

SOOTHING BLEND 10ml

Abscesses on the skin are often referred to as boils. Common sites for abscesses can include the armpits, groin, rectal area, external vaginal area, and along the tailbone. Inflammation surrounding hair follicles or sweat glands can lead to the formation of abscesses as well.\*

When an area of tissue become infected and the body's immune system tries to fight it, an abscess occurs. As white blood cells move into the area through the walls of the blood vessels, they collect in the damaged tissue and pus forms. Pus is the buildup of fluid, living and dead white blood cells, dead tissue, and bacteria or other foreign substances.\*

In general, abscesses must open and drain to improve. Sometimes abscesses will open and drain spontaneously, but frequently they must be lanced by a medical professional.\*

Abscess Relief has been formulated to assist with bringing abscesses to a head so they will open and drain on their own.\*

## uses

### topical

- Apply topically to area of abscess 2 to 3 times daily.\*

**Topical Dilution Guidelines:** Topical dilution for healthy individuals ages 10 and over is 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.\*



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## application methods

Topical

## safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified Aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

## ingredients

*Lavandula latifolia (Lavender Spike),  
Mentha piperita (Peppermint), Sesamum indicum (Sesame Seed)*

## responsible cautions

- Dilute before applying topically.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*