

Success Mentoring Blends

The Alexandria Brighton Success Mentoring Blends are unlike any blends you may have experienced from any other source.

Alexandria's deep, innate wisdom, intuitive guidance, and energetic sensitivity leads her to create synergistic blends that are far more than "a bunch of oils mixed together" as is so common in the essential oil industry.

The profound energetic and therapeutic properties are far more beneficial than the sum of their parts, offering benefits far beyond the simple applications for which we might use them.

Much like the difference between listening to a recording of a symphony, and the experience of being in the room of that same profound and moving symphonic performance - the subtleties of Alexandria's blends will feed your body, mind, and soul.



How many times have we told ourselves this is it, this is the one... this is the time?

This is the time I get that contract... this is the time I get the promotion... this is the time I will succeed... this is the company where I am really going to be successful!

Then the hard work begins and the rejections happen, and sadly our resolve slowly starts to diminish until the light goes out altogether.

The Success Mentoring Blends have never been needed more than now, when the world is experiencing major energetic and economic crises. Opportunities that give you a real possibility for improving your personal financial situation and providing real security and well-being for yourself and your family don't come along every day.

The Success Mentoring Blends are designed to mentor you through some of the most common and self-limiting beliefs that keep you from the success and abundance you so richly deserve. Not only will this collection help you, but you can use it to mentor and inspire your family, friends, loved ones, and the incredible people who are part of your goDesana organization!

The Success Mentoring Blends are worth more than gold. Now is the right time, goDesana is the company, and the Success Mentoring Blends are the tool to make your dreams a reality.*

**Be Bold • Be Capable • Be Determined • Be Free
Be Intuitive • Be Prepared • Be Wise • Be Worthy**

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

Be Capable

success mentoring blend 10ml

Be Capable reminds us that we have, within ourselves, the ability to do whatever we set our minds to.*

Be Capable blend helps to protect you within your own energy field. It is nurturing to the spirit and protective of the soul.

It can help you be solid, steadfast and grounded in what you are doing allowing you to make steady progress towards your goals.*

This blend contains some of the highest frequency oils, allowing you to connect to spirit and continue down your chosen path with the guidance needed to arrive where you were meant to be.*

Be Capable helps the heart to feel safe and secure, while allowing the mind to flow and adapt to changes that must be faced. When faced with feelings of insecurity and vulnerability beCapable blend grounds you and helps you to remember you are capable and spirit lead.*

uses

aromatic

- **Diffuser:** Diffuse 10 to 15 drops in a cool mist essential oil diffuser.*
- **Inhalation:** Apply 2 drops to a tissue and inhale as needed to calm the heart and balance the emotions when feeling insecure or vulnerable.*
- **Misting:** Mix 10 to 12 drops in 4 ounces of distilled water in an amber glass or PET plastic spray bottle. Shake well before use. Close your eyes and mist around your body to provide a high frequency energy that inspires feelings of protection and being cared for.*

bath

- **Bath:** Mix 6 to 12 drops to ½ cup of Pink Himalayan or Dead Sea bath salts and add to a warm bath, allowing yourself to be surrounded by security and nurturing from Be Capable.*

topical

- **Perfume/Cologne:** Apply as a perfume/cologne to the pulse points, over the heart, or where desired.*
- **Massage:** Apply 1 drop on the Third Eye Chakra to increase intuitive guidance.*
- **Massage:** Apply 1 to 2 drops to the Crown Chakra to be open to receiving guidance and to recognize messages when you receive them and not dismiss them as coincidence.*

topical dilution guidelines

- Topical dilution for healthy individuals ages 10 and over is 10% (60 drops per 1 ounce of carrier oil).*
 - **Children 3 to 5 years:** Dilute 3 drops in 10 ml of carrier oil.*
 - **Children 5 to 10 years:** Dilute 6 drops in 10 ml of carrier oil.*
 - **Pregnancy:** Safe when used as directed starting in the 2nd trimester at 3% dilution(15 drops/1 ounce).*

goDesana

Product Information Page



application methods

Aromatic • Bath • Topical

safety group: 2

Generally regarded as safe when properly diluted and used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.

ingredients

Citrus aurantium (Neroli), Vetiveria zizanioides (Vetiver), Cymbopogon martinii (Palmarosa), Rosa damascena (Rose), Lavandula angustifolia (Lavender Vera), Pelargonium graveolens (Rose Geranium), Pogostemon cablin (Patchouli), Cocos nucifera (Fractionated Coconut)

responsible cautions

- Non-toxic, non-irritating, non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*