

Success Mentoring Blends

The Alexandria Brighton Success Mentoring Blends are unlike any blends you may have experienced from any other source.

Alexandria's deep, innate wisdom, intuitive guidance, and energetic sensitivity leads her to create synergistic blends that are far more than "a bunch of oils mixed together" as is so common in the essential oil industry.

The profound energetic and therapeutic properties are far more beneficial than the sum of their parts, offering benefits far beyond the simple applications for which we might use them.

Much like the difference between listening to a recording of a symphony, and the experience of being in the room of that same profound and moving symphonic performance - the subtleties of Alexandria's blends will feed your body, mind, and soul.



How many times have we told ourselves this is it, this is the one... this is the time?

This is the time I get that contract... this is the time I get the promotion... this is the time I will succeed... this is the company where I am really going to be successful!

Then the hard work begins and the rejections happen, and sadly our resolve slowly starts to diminish until the light goes out altogether.

The Success Mentoring Blends have never been needed more than now, when the world is experiencing major energetic and economic crises. Opportunities that give you a real possibility for improving your personal financial situation and providing real security and well-being for yourself and your family don't come along every day.

The Success Mentoring Blends are designed to mentor you through some of the most common and self-limiting beliefs that keep you from the success and abundance you so richly deserve. Not only will this collection help you, but you can use it to mentor and inspire your family, friends, loved ones, and the incredible people who are part of your goDesana organization!

The Success Mentoring Blends are worth more than gold. Now is the right time, goDesana is the company, and the Success Mentoring Blends are the tool to make your dreams a reality.*

**Be Bold • Be Capable • Be Determined • Be Free
Be Intuitive • Be Prepared • Be Wise • Be Worthy**

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

Be Determined

success mentoring blend 10ml

Be Determined encourages us to adapt to our surroundings and be the best we can be at whatever we choose to do. It can teach us to build and work towards our dreams, even if they seem impossible.*

With this essential oil blend, we are reminded that we must act on our dreams and work to make them a reality. Envisioning and planning are not enough, you must take action and never give up.*

Be Determined supports our ability to build and work toward our dreams, creating a strong sense of security and a knowledge of what needs to be done to succeed, as well as how to go about doing it.*

With this blend, you will be determined take action towards your dreams and have the resolve to apply physical effort to their manifestation. Accomplish your goals with this assertive, invigorating oil.*

USES

aromatic

- **Diffuser:** Diffuse 10 to 15 drops in a cool mist essential oil diffuser.*
- **Inhalation:** Apply 2 drops to a tissue and inhale when you need to increase your left- and right-brained mental ability.*
- **Misting:** Mix 10 to 12 drops in 4 ounces of distilled water in an amber glass or PET plastic spray bottle. Shake well before use. Close your eyes and mist around your body when making your plan of action. Mist into the environment to help keep you on track. If you lose a dream you have built, mist Be Determined for the strength and determination to build again.*

bath

- **Bath:** Mix 6 to 12 drops to ½ cup of Pink Himalayan or Dead Sea bath salts and add to a warm bath. Soak while allowing the waters of inspiration to give form to your dream-building plans.*

topical

- **Feet:** Apply 2 to 4 drops Be Determined blend to the soles of the feet for courage to move forward.*
- **Massage:** Apply 1 to 2 drops on the solar plexus area for strength of will and to overcome fear of taking action.*
- **Massage:** By applying 1 drop to the Third Eye area you can find the freedom of thought to dream big and use your increased analytical thinking to form a solid plan to turn your dreams into reality.*

topical dilution guidelines

- Topical dilution for healthy individuals ages 10 and over is 10% (60 drops per 1 ounce of carrier oil).

goDesana

Product Information Page



application methods

Aromatic • Bath • Topical

safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

ingredients

Nardostachys jatamansi (Spikenard), Zingiber officinale (Ginger Root), Pinus pinaster (Ocean Pine), Picea mariana (Black Spruce), Abies balsamea (Balsam Fir), Cocos nucifera (Fractionated Coconut)

responsible cautions

- Non-toxic, non-irritating, non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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