

Bedsore Care

soothing blend 10ml

Bedsores, also known as pressure sores or pressure ulcers, are localized injuries to the skin and/or underlying tissue resulting from prolonged pressure on the skin. Bedsores develop most commonly in bedridden individuals or those confined to a wheelchair. Bedsores most often occur on skin covering bony areas of the body such as the hips, tailbone, back of the shoulders, knees, elbows, and ankles.*

Bedsores can develop quickly and are often difficult to treat. Bedsore Care is formulated with Essential Oils that are known to have constituents to assist and support the body with the care of bedsores.*

ingredient highlights

- **Lavender Spike:** Has a higher cineole and camphor content than regular lavender, giving it powerful antibacterial, anti-inflammatory, antimicrobial, and antiseptic properties. Lavender Spike is often used in hand soaps and for wound healing.*
- **Niaouli:** Promotes formation of new tissue and should be the first choice when treating abrasions, cuts, and skin blemishes. Widely used in French hospitals for its antimicrobial properties.*
- **Lavender Vera:** One of the most versatile aromatherapy oils and a "must-have" for every home first-aid kit. It is extremely beneficial for a wide variety of ailments ranging from aches, pains, and skin complaints to colds & flu, stress, headaches, and insomnia. Lavender Vera has many benefits to the skin and is especially regenerative for older skin.*
- **Bay Laurel:** Acts on the lymphatic system by reducing swollen lymph nodes, promoting lymphatic drainage, and stimulating the formation of lymphocytes (the white blood cells) which play a critical role in the body's ability to fight disease by attacking bacteria, viruses, toxins, and tumors.*

uses

- Dilute 20 drops in 4 ounces of distilled water and spray over the area of concern up to 2 times daily or as needed. May also spray onto a pad and apply to the area.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil).*

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application methods

Topical

safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified Aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

ingredients

Lavandula latifolia (Lavender Spike), Melaleuca quinquenervia (Niaouli), Lavandula angustifolia (Lavender Vera), Laurus nobilis (Bay Laurel), Vitis vinifera (Grapeseed)

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*