

# Success Mentoring Blends

The Alexandria Brighton Success Mentoring Blends are unlike any blends you may have experienced from any other source.

Alexandria's deep, innate wisdom, intuitive guidance, and energetic sensitivity leads her to create synergistic blends that are far more than "a bunch of oils mixed together" as is so common in the essential oil industry.

The profound energetic and therapeutic properties are far more beneficial than the sum of their parts, offering benefits far beyond the simple applications for which we might use them.

Much like the difference between listening to a recording of a symphony, and the experience of being in the room of that same profound and moving symphonic performance - the subtleties of Alexandria's blends will feed your body, mind, and soul.



How many times have we told ourselves this is it, this is the one... this is the time?

This is the time I get that contract... this is the time I get the promotion... this is the time I will succeed... this is the company where I am really going to be successful!

Then the hard work begins and the rejections happen, and sadly our resolve slowly starts to diminish until the light goes out altogether.

The Success Mentoring Blends have never been needed more than now, when the world is experiencing major energetic and economic crises. Opportunities that give you a real possibility for improving your personal financial situation and providing real security and well-being for yourself and your family don't come along every day.

The Success Mentoring Blends are designed to mentor you through some of the most common and self-limiting beliefs that keep you from the success and abundance you so richly deserve. Not only will this collection help you, but you can use it to mentor and inspire your family, friends, loved ones, and the incredible people who are part of your goDesana organization!

The Success Mentoring Blends are worth more than gold. Now is the right time, goDesana is the company, and the Success Mentoring Blends are the tool to make your dreams a reality.\*

**Be Bold • Be Capable • Be Determined • Be Free  
Be Intuitive • Be Prepared • Be Wise • Be Worthy**

*\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

# Be Prepared

success mentoring blend 10ml

Be Prepared teaches you how to plan ahead and to love yourself enough to gather the goods, ideas and relationships that support you and your goals. It helps you maintain the balance between gathering and giving which is essential to the flow of energy in your life.\*

Be Prepared lets you live beyond fear, knowing that you will always be guided to prepare yourself and have all your needs met. With today's uncertain financial times and looming economic crisis it is wise to be prepared.\*

Let Be Prepared become your mentor for preparedness, gathering what you need and reserving something for the future. This blend will help connect you to the rhythms of the Earth and your body, and you will know what you will need for the "lean times" when you will have to depend on your reserves. You must become aware of where you are leaking energy by negative thought and worry as well as what situations and people drain your energies leaving you unprepared to handle the stresses in your life.\*

With Be Prepared you can feel safe, secure, and provided for. You can connect to a Higher Power, trusting in your ability to manifest what you need in the material world.\*

## uses

### aromatic

- **Diffuser:** Diffuse 10 to 15 drops in a cool mist essential oil diffuser.\*
- **Inhalation:** Apply 2 drops to a tissue and inhale as needed to overcome negative thinking and restore optimism.\*
- **Misting:** Mix 10 to 12 drops in 4 ounces of distilled water in an amber glass or PET plastic spray bottle. Shake well before use. Close your eyes and mist around your body to create a "feelgood" energy of optimism, joy, and openness to abundance. This positive energy will attract what you need in life.\*

### bath

- **Bath:** Add 10 to 12 drops to ½ cup of Pink Himalayan or Dead Sea bath salts and soak in the warmth and joy of success. The Be Prepared bath is both calming and stimulating; great when the spirits need to be revived and optimism restored.\*

### topical

- **Feet:** Apply 2 to 4 drops of to the soles of the feet to connect to the Root Chakra, our center for manifesting what we need in the material world.\*
- **Massage:** Apply 1 drop to the Solar Plexus area, your center of willpower, to instill determination and action towards your success.\*
- **Massage:** Apply 1 or 2 drops to the heart area to remember to act from the heart to remind us to love and care for ourselves by meeting our needs now and in the future.\*

## topical dilution guidelines

- Topical dilution for healthy individuals ages 10 and over is 10% (60 drops per 1 ounce of carrier oil).

goDesana

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## application methods

Aromatic • Bath • Topical

## safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

## ingredients

*Jasminum grandiflorum (Jasmine), Citrus paradisi (Pink Grapefruit), Citrus reticulata (Tangerine), Zingiber officinale (Ginger Root), Citrus sinensis (Sweet Orange), Cocos nucifera (Fractionated Coconut)*

## responsible cautions

- Non-toxic, non-irritating and non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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