

Carrot Seed

daucus carota 10ml

Carrot Seed is a very full Essential Oil and therefore a precious aid in therapy and able to be assimilated just as well through the skin as orally. It has the strongest affinity for the liver, kidneys, pancreas, and skin.*

Generally used after an attack of an illness and not during. It has anti-anemic properties and is slightly neuro-tonic due to its alcohols. It is an anti-inflammatory agent which may assist the body with cardiovascular functions.*

Carrot Seed along with Dill Weed, are two rare essential oils of the Apiaceae family which are gentle and non-toxic. Carrot Seed, however, can quickly become nauseating and should always be blended with other essential oils.*

Carrot Seed is an essential oil somewhat in its own class, more often than not misunderstood, but possessing significant properties. It should not be used indiscriminately, but selectively.*

USES

bath

- **Bath:** Add 10 to 15 drops to ½ cup Pink Himalayan or Dead Sea bath salts and mix into warm bath water.*

topical

- **Massage:** Apply 1 to 2 drops on the soles of the feet daily for digestive support.*
- **Massage/Lotion:** Add 15 drops to 1 ounce of facial moisturizer to assist with mature wrinkles.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.*

gōDesana

Product Information Page



application methods

Bath • Topical

safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

properties

Wildcrafted

Producing Organ: Seed

Extraction: Steam Distillation

Country of Origin: Hungary

Main Chemical Constituents: Pinene, carotol, daucol, limonene

Therapeutic Properties: Anthelmintic, antiseptic, carminative, depurative, diuretic, emmenagogue, hepatic, stimulant, tonic, vasodilatory and smooth muscle relaxant

responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*