

Clove Bud

syzygium aromaticum 10ml

Clove Bud has an impressive range of action against pathogens and illnesses of all kinds. Many of the plagues that scourged Europe were started by fleas carried by rats that came ashore from ships bringing spices from the East. So cloves have a share in the responsibility for plagues. With poetic justice, they were also used as a prophylactic against bubonic plague. Sponges impregnated with extract of cloves were often held beneath the noses of plague victims.*

The 17th-century plague doctor wore the protective clothing of his profession – a leather gown, leather gloves, and a leather mask. The beak through which he breathed was filled with cloves, cinnamon, and other spices and aromatics. He carried a wand so that he does not have to touch his patients with his hands; he even felt their pulses with it.*

There is some modern evidence that suggests cloves might have had some real medical value; one researcher has reported that oil of cloves kills the bacillus that causes typhoid. Clove Bud is a remarkable uterine tonic; it helps tone the uterine muscles and thus prepares the mother for an easy birth physically, but also psychically since it lessens anxiety about the delivery.*

Clove Bud is an excellent antiseptic, bactericide, and viricide. A mother prepared for delivery with Clove Bud has a very good chance of giving birth to a healthy infant, one better protected against post-partum infections.*

USES

aromatic

- **Diffusion:** Diffuse 10 to 15 drops in a cool mist essential oil diffuser.*

internal

- **Gargle:** Add 1 to 2 drops to a glass of water for a gargle to sweeten breath.*
- **Internal:** Use 1 to 2 drops in a veggie capsule with a carrier oil and ingest one per day for up to 10 days for digestive and respiratory issues, or to aid in parasite elimination. If longer assistance is needed consult a qualified aromatherapist.*
- **Internal:** For colds and flu, add 2 drops to a veggie capsule with Grapeseed Oil and take 3 to 4 times per day for up to 10 days. If longer assistance is needed, consult a qualified Aromatherapist.*
- **Teeth/Gums:** Place 1 to 2 drops on a cotton swab and apply to canker sores or a painful tooth.*

topical

- **Reflexology:** Apply 1 to 2 drops to the colon or digestive reflex points on the hands or feet.*
- **Lotion/Massage:** Dilute 10 to 20 drops to 1 ounce of lotion or carrier oil and use for a warming, pain-relieving massage.*

topical dilution guidelines

- Topical dilution for healthy individuals ages 10 and over is 10% (60 drops per 1 ounce of carrier oil).*
- **Children 3 to 5 years:** Dilute 3 drops in 10 ml of carrier oil.*
- **Children 5 to 10 years:** Dilute 6 drops in 10 ml of carrier oil.*
- **Pregnancy:** Safe when used as directed starting in the 2nd trimester at 3% dilution (15 drops/1 ounce).*

goDesana

Product Information Page



application methods

Aromatic • Internal • Topical

safety group: 2

Generally regarded as safe when properly diluted and used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.

properties

Wildcrafted

Producing Organ: Buds

Extraction: Steam Distillation

Country of Origin: Sri Lanka

Main Chemical Constituents: Eugenol, eugenol acetate, caryophyllene

Therapeutic Properties: Anthelmintic, antibiotic, anti-emetic, antihistaminic, antirheumatic, antineuralgic, anti-oxidant, antiseptic, antiviral, aphrodisiac, carminative, counter-irritant, expectorant, larvicidal, spasmolytic, stimulant, stomachic, vermifuge

responsible cautions

- May cause skin irritation; patch test before topical use, and dilute with carrier oil if necessary.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*