

EUCALYPTUS CITRIODORA

LEMON EUCALYPTUS

Country of Origin: China

Steam Distilled from leaves and twigs

Fresh air has a way of changing everything.

A single open window can transform a room that has felt heavy all winter.

Breath deepens.
The body relaxes.
The mind begins to reset.

Eucalyptus Citriodora, often called Lemon Eucalyptus, carries that same refreshing clarity.

Its bright, clean aroma helps clear stagnant air, awaken the senses, and bring a feeling of renewed space to both the body and the environment.

In April – the season of Courage to Begin Again – this oil reminds us that sometimes forward movement begins with something simple:

a deeper breath
a clearer mind
a room filled with fresh air.

SIMPLE DAILY RITUAL

- Diffuse or inhale the aroma.
- Pause.
- Take one slow breath in.
- Then a longer breath out.
- Let the body soften and the mind clear.

Fresh air is often the beginning of forward movement.



AROMATIC PROFILE

Fresh. Bright. Clean. Soft citrus-green.

The aroma is crisp and uplifting with subtle lemon-like notes that refresh both the mind and the atmosphere.

It often feels like:

- opening windows in spring
- breathing deeply after tension
- fresh air moving through a room

APRIL DAILY PAUSE

April is the season when the air begins to change.

Windows open.
Fresh air returns.
The body remembers how to breathe more deeply.

Eucalyptus Citriodora supports this seasonal shift.

Its aroma clears the atmosphere and refreshes the senses, helping the mind feel lighter and more ready for what comes next.

Sometimes courage begins with a single breath.

TRADITIONAL AROMATHERAPY USES

Eucalyptus citriodora has long been used in aromatherapy to support:

- Refreshing and purifying indoor air
- Comfortable breathing
- Clearing humid or musty environments
- Uplifting mental clarity and focus
- Natural outdoor insect protection
- Soothing skin after insect exposure

Because of its naturally high citronellal content, this oil has been traditionally valued as a plant-based insect repellent while still offering the refreshing aromatic benefits of eucalyptus.

WAYS TO USE EUCALYPTUS CITRIODORA

Diffusion

- Diffuse throughout the day to refresh the air and create a clean, uplifting environment.
- Especially helpful in stuffy rooms, humid areas, and spaces needing fresh circulation.

Outdoor Use

- Dilute with a carrier oil and apply lightly to exposed skin before spending time outdoors.
- Often used as a natural alternative to synthetic insect repellents.

Natural Room Spray

- Add 15–20 drops to 4 ounces of distilled water in a spray bottle. Shake well and mist around living spaces to refresh the air.

Shower Aromatherapy

- Place a few drops on the shower floor (away from the direct stream) and allow the steam to release the refreshing aroma.

Foot Application

- Dilute and apply to the bottoms of the feet for a refreshing aromatic effect.

SAFETY GROUP 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified Aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

RESPONSIBLE USE

- Keep out of reach of children and pets.
- If pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight at room temperature with the lid securely tightened.

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LETTING GO OF FEAR

Courage to Begin Again

Fear has a way of making the body feel tight and the mind feel small.

It can keep your thoughts circling, your shoulders lifted, your steps hesitant.

But April is not the season for staying frozen.

It is the season when the ground softens, the light grows longer, and life remembers how to move again.

Letting Go of Fear was created for that moment.

The moment when you are ready to loosen what has held you back.

To release the inner bracing.
To breathe more deeply.
To take the next step with calm and courage.

This blend supports emotional release, steady confidence, and the quiet strength it takes to begin again.

Fear does not have to be fought. Sometimes it simply needs to be softened so courage has room to return.

SIMPLE DAILY RITUAL

- Place a drop in your palms or diffuse nearby.
- Close your eyes.
- Take one slow breath in.
- Then one longer breath out.

Whisper:

I am steady. I can move forward.

Let that be enough.



AROMATIC PROFILE

Bergamot • Patchouli • Cypress
Clary Sage • Lavender

Fresh. Earthy. Softly floral. Calm with depth.

The aroma opens with brightness, settles into the earth, and finishes with a soft exhale.

It feels like:

- Unclenching
- Exhaling
- Stepping forward more gently

THE ENERGY OF THIS BLEND

Letting Go of Fear is for moments when you feel:

- Hesitant
- Uncertain
- Emotionally tight
- Mentally overworked
- Ready to move forward, but not yet at ease

Its aroma is grounding, clarifying, and gently uplifting. It helps create a sense of inner steadiness when fear, doubt, or tension begin to crowd the moment.

This is not the energy of force.
It is the energy of release.
The energy of softening.
The energy of beginning again from a calmer place.

USAGE SUGGESTIONS

Topical	<ul style="list-style-type: none">• Apply 2 to 4 drops on bottoms of big toes on each foot.*• Add a few drops to unscented/perfume-free lotions, creams, and massage oils. Patch-test before applying to large areas.*• Apply 2 to 4 drops on pulse points behind the ears, at the base of the throat, on the wrists, inside the elbows, and behind the knees for a safe, healthier alternative to synthetic fragrances.*
Aromatic	<ul style="list-style-type: none">• Diffuse 10 to 15 drops for 5 to 8 minutes per hour.*• Mix 15 to 20 drops into 4 ounces of distilled water in a cobalt blue glass or PET plastic spray bottle. Shake vigorously and mist around yourself as desired when feeling fearful.*
Bath	<ul style="list-style-type: none">• Add 5 to 10 drops to ½ to 1 cup of Pink Himalayan or Dead Sea bath salts, and add to warm bath water. Soak 10 to 20 minutes to help cleanse negative beliefs held in your personal energy field.*

MORE WAYS TO USE LETTING GO OF FEAR

Morning

- Diffuse as you begin the day to create a calmer, steadier emotional tone.

Before a Hard Conversation

- Apply or inhale before speaking when you want to stay grounded and clear.

When Fear Starts To Rise

- Pause.
- Breathe.
- Inhale the blend slowly and let the body soften.

During Transition

- Use when stepping into something new, making a decision, or moving out of an old pattern.

At Night

- Diffuse or apply before bed when the mind feels crowded and the body needs help unwinding.

AFFIRMATION

I release what tightens me.

I soften what I no longer need to hold.

I am safe enough to begin again.



APRIL MESSAGE

April is about the courage to begin again.

Like all of nature starting a new cycle of growth, the body and spirit are being asked to move forward too.

Not by pushing.
Not by forcing.

But by letting go
of what no longer needs to be carried.

This blend was chosen for April
because courage rarely begins as boldness.

It begins as release.

A softer jaw.
A slower breath.
A steadier step.

And then, from there,
life begins to move again.

CLOSING THOUGHT

Letting go of fear
does not mean you never feel it.

It means fear no longer leads.

It means your breath returns.
Your shoulders soften.
Your ground steadies.
And from that place, you begin again.

SAFETY GROUP 3

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E-MOTION

Encouraging Blend

Movement changes everything.

When the body begins to move,
energy moves with it.

Thoughts clear.
Confidence returns.
Momentum begins to build.

E-Motion was created to support this shift.

Its uplifting aroma encourages emotional balance, clarity, and
the confidence to take action when life feels stuck or uncertain.

In the natural world, spring arrives with motion.

The ground warms.
The wind moves through new leaves.
Life begins again.

This blend carries that same encouraging energy.

It supports the moment when hesitation softens and forward
movement becomes possible.

Sometimes all we need is a little encouragement to put energy
back into motion.

SIMPLE DAILY RITUAL

- Diffuse or inhale the aroma.
- Pause.
- Take one slow breath in.
- Then one longer breath out.
- Let your shoulders relax.

Whisper:

I am steady. I can begin again.



AROMATIC PROFILE

Roman Chamomile • Thyme • Tea Tree
Lemongrass • Juniper Berry • Bay Laurel

Fresh. Herbal. Bright. Uplifting.

Energizing yet balanced, combining refreshing
herbal oils with grounding notes that help
maintain emotional steadiness.

It feels like:

- Renewed motivation
- Emotional lift
- The moment before the 1st step forward

APRIL DAILY PAUSE

April is the courage to begin again.

Fear softens.
The air clears.
And life begins to move forward.

E-Motion supports the moment when hesitation turns
into action.

Its aroma encourages confidence, emotional strength,
and the motivation to take the next step.

Not rushed.
Not forced.

Simply moving forward
with renewed energy.

TRADITIONAL AROMATHERAPY USES

The essential oils in E-Motion have been traditionally used to support:

- Emotional balance
- Mental clarity
- Uplifting mood
- Confidence and motivation
- Overcoming feelings of stagnation
- Renewed personal energy

This blend can be especially helpful during times when motivation feels low or when new action is needed.

WAYS TO USE E-MOTION

Diffusion

- Diffuse during the day when you need encouragement, mental clarity, or emotional lift.
- Ideal during planning, creative work, or decision-making.

Inhalation

- Place a drop on a tissue or inhale from the bottle when you feel overwhelmed or mentally stuck.

Bath

- Add 8–10 drops to bath salts and dissolve into warm bath water for a calming yet uplifting soak.

Massage

- Dilute with carrier oil and massage into the upper abdomen or shoulders to support emotional steadiness and motivation.

Reflexology

- Apply diluted oil to the solar plexus area or reflex points on the feet for emotional support and encouragement.

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BE FREE

Success Mentoring Blend

There are moments when life asks us to move forward.

Not with force.
Not with pressure.
But with courage.

Be Free was created for those moments.

Its aroma supports clarity of mind, emotional lightness, and the confidence to move beyond old limitations. When the mind becomes less crowded and the body relaxes, possibilities begin to appear.

Freedom does not mean escaping life.
It means releasing what keeps you from stepping fully into it.

In the season of spring, when the world begins to move again, Be Free encourages the courage to explore new ideas, follow inspiration, and move toward what calls you forward.

Sometimes freedom begins with a single step.

SIMPLE DAILY RITUAL

- Diffuse or inhale the blend.
- Pause.
- Take one slow breath in.
- Then a longer breath out.
- Allow your shoulders to soften.

Whisper:

I am steady. I can move forward.



AROMATIC PROFILE

Helichrysum • Myrrh • Lemon
Spearmint • Lemongrass

Bright. Fresh. Herbal-citrus. Light with depth.

The aroma feels uplifting yet grounded. It opens with a bright citrus lift, softens with herbal clarity, and settles into a calm steadiness.

It often feels like:

- New ideas forming
- Mental space opening
- Energy beginning to move forward

APRIL DAILY PAUSE

April is the season of beginning again.

The ground softens.
The air clears.
And life begins to move forward.

Be Free supports the moment when hesitation turns into movement.

When fear softens,
and courage takes its place.

Its aroma encourages clear thinking, emotional lightness, and the confidence to take the next step.

Freedom often begins quietly.

With the realization that you are allowed to move forward.

TRADITIONAL AROMATHERAPY USES

The essential oils in Be Free have been traditionally used to support:

- Emotional clarity
- Positive thinking
- Mental focus
- Uplifting mood
- Releasing self-limiting thought patterns
- Inspiration and forward movement

This blend is often used when setting goals, making decisions, or stepping into new opportunities.

WAYS TO USE BE FREE

Diffusion

- Diffuse during planning sessions, creative work, or when beginning a new project.
- Helps create a clear, focused atmosphere.

Inhalation

- Place a drop on a tissue or inhale from the bottle when you need mental clarity or encouragement.

Body Mist

- Add 10–12 drops to 4 ounces of distilled water in a glass spray bottle and mist lightly around you while focusing on new ideas or forward movement.

Feet Application

- Apply diluted oil to the bottoms of the feet to encourage calm confidence and emotional steadiness.

Solar Plexus Massage

- Dilute and apply lightly to the solar plexus area to support courage, decision-making, and forward momentum.

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TRUE NORTH

Conditioning & Softening Beard Oil

Confidence begins with direction.

True North is a beard oil created to support both the beard and the skin beneath it.

A healthy beard is not just about appearance. It is about care.

Dry skin softens.
Coarse hair becomes smooth.
The beard feels conditioned, balanced, and comfortable.

True North combines nourishing plant oils with a grounded blend of essential oils to create a grooming oil that supports healthy beard growth and a calm, confident presence.

Not overpowering fragrance.
Not heavy oils.

Just clean conditioning and a scent that feels steady and refined.

THE DAILY PRACTICE

- Place 3–5 drops into your palms.
- Rub hands together.
- Massage gently into the beard and the skin beneath.
- Comb or brush through to distribute evenly.
- Take one slow breath.

Confidence grows when care becomes routine.



THE BLEND

Jjoba • Argan • Black Seed
Fractionated Coconut • Cedarwood
Bergamot • Frankincense • Vetiver

Light plant oils nourish and condition while grounding wood oils create a calm, steady scent.

The aroma feels like:

- fresh woods
- clean citrus
- steady confidence

WHAT IT SUPPORTS

Beards require care just like skin.

Without conditioning, the beard can feel rough, dry, or uneven. The skin beneath it can become irritated.

True North helps maintain balance.

The carrier oils nourish both beard and skin, while the essential oils add a subtle aroma that reflects calm strength and direction.

This blend supports:

- softer beard texture
- healthier skin beneath the beard
- natural shine and manageability
- a clean, grounded aroma

Grooming becomes less about appearance and more about daily care.

TRADITIONAL AROMATHERAPY USES

The essential oils in True North have been traditionally used to support:

- Beard conditioning and softness
- Healthy skin beneath facial hair
- Natural beard shine
- Manageable beard texture
- A calm, grounded scent

True North is designed to support daily grooming without heaviness.

Clean oils.
Steady scent.
Simple care.

HOW WE USE TRUE NORTH

Daily Beard Conditioning

- Apply after showering to soften beard hair and nourish the skin beneath.

Grooming Routine

- Massage into beard before combing or brushing to improve texture and manageability.

Skin Support

- Helps prevent dryness and irritation beneath facial hair.

Scent

- Provides a subtle, masculine aroma without overpowering fragrance.

Confidence Ritual

- Apply each morning as part of a grooming routine that supports presence and self-care.
- Steady direction begins with simple habits.

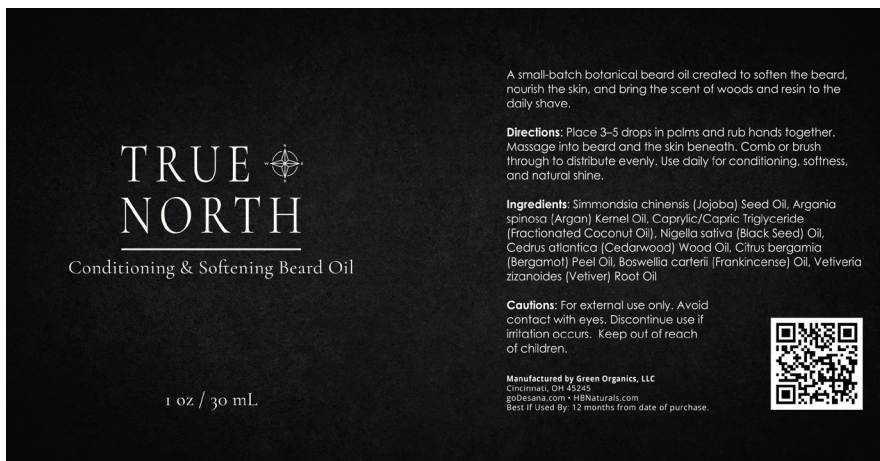
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RESPONSIBLE USE

- For external use only.
- Keep out of reach of children and pets.
- Avoid contact with eyes.
- Discontinue use if irritation occurs.
- Store away from sunlight at room temperature with the lid securely tightened.

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TRUE NORTH
Conditioning & Softening Beard Oil

1 oz / 30 mL


A small-batch botanical beard oil created to soften the beard, nourish the skin, and bring the scent of woods and resin to the daily shave.

Directions: Place 3-5 drops in palms and rub hands together. Massage into beard and the skin beneath. Comb or brush through to distribute evenly. Use daily for conditioning, softness, and natural shine.

Ingredients: Simmondsia chinensis (Jojoba) Seed Oil, Argania spinosa (Argan) Kernel Oil, Caprylic/Capric Triglyceride (Fractionated Coconut Oil), Nigella arvensis (Black Seed) Oil, Cedrus atlantica (Cedarwood) Wood Oil, Citrus bergamia (Bergamot) Peel Oil, Boswellia carterii (Frankincense) Oil, Vetiveria zizanioides (Vetiver) Root Oil

Cautions: For external use only. Avoid contact with eyes. Discontinue use if irritation occurs. Keep out of reach of children.

Manufactured by Green Organics, LLC
Cincinnati, OH 45245
goDesana.com • HBNaturals.com
Best if used by: 12 months from date of purchase.



OSTEO

WholeBody Collection Blend

The body keeps score.

In joints. In movement. In the quiet signals that something isn't quite right.

Osteo was created to support the structural system of the body - bones, joints, and surrounding tissue. Its aroma and topical application work in tandem to ease discomfort, support mobility, and calm areas of tension so the body can move more freely and recover more efficiently.

This is not about masking discomfort.
It is about supporting the body where it needs it most.

When movement feels limited or strain begins to build, Osteo offers a grounded, practical way to restore ease, encourage circulation, and help the body return to a more balanced, functional state.

SIMPLE DAILY RITUAL

- Apply to areas of tension or discomfort.
- Pause.
- Take one slow breath in.
- Then a longer breath out.
- Gently move or stretch the area.

Whisper:

I move with ease.



AROMATIC PROFILE

Clove • Helichrysum • Rosemary
Marjoram • Wintergreen

Warm. Herbal. Cooling.

The aroma opens with herbal intensity, carries a subtle warmth, and finishes with a clean cooling clarity. It feels both activating and easing.

It often feels like:

- Tension beginning to soften
- Stiff areas loosening
- Circulation increasing

APRIL DAILY PAUSE

April is a season of renewed movement.

The body begins to wake up.
What felt tight can begin to loosen.

Osteo supports the shift from restriction to mobility.
From stiffness to flow.
From holding back to moving forward.

Its aroma encourages the body to release tension,
support structural ease, and move with greater comfort
and confidence.

Sometimes progress begins
with simply moving again.

TRADITIONAL AROMATHERAPY USES

SAFETY GROUP 4

Never recommended for children or while pregnant or nursing.

The essential oils in Osteo have been traditionally used to support:

- Joint comfort
- Muscle relaxation
- Circulation
- Recovery after physical exertion
- Easing tension and stiffness
- Support for overworked or strained areas

This blend is often used after activity, during periods of discomfort, or when the body needs targeted support to restore ease and mobility.

WAYS TO USE OSTEO

Bath

- Add 8–10 drops to bath salts and mix into warm bath water. Soak after exercise, body work, or physical strain to encourage relaxation and recovery.

Topical

- For larger areas, dilute 10–12 drops in 1 tablespoon of carrier oil and massage into targeted areas using a clockwise motion.
- For focused support, apply 5–6 drops along the spine and cover with a warm compress for 10–30 minutes.

Diffusion

- Diffuse 10–12 drops in 15-minute intervals throughout the day when the body feels tense or after physical exertion to create a supportive environment.

RESPONSIBLE USE

- May increase the anticoagulant action of blood thinners when applied topically; not recommended for those facing major surgery, hemophilia, or other bleeding disorders.
- Keep out of reach of children and pets.
- If pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight at room temperature with the lid securely tightened.

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goDesana
Osteo
soothing blend

0.34 fl. oz. (10ml)

Osteo 10ml

Ingredients: Eugenia caryophyllata (Clove Bud), Helichrysum italicum (Helichrysum), Rosmarinus officinalis ct. cineole (Rosemary ct. 1.8 cineole), Organum majorana (Sweet Marjoram), Gautheria fragrantissima (Wintergreen), Cocos nucifera (Fractionated Coconut Oil)

Caution: Keep out of reach of children. This product has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease. Store in a cool, dark place.

Distributed by
Green
Organics, LLC
& goDesana
Cincinnati, OH
45246

WHAT IF YOU COULD RESET YOUR MIND AND MOOD... IN ONE DEEP BREATH?

Find your calm with our Frankincense Nasal Inhaler, expertly crafted to promote deep relaxation, mental clarity, and emotional balance. Designed to help ease stress, support focus, and uplift your mood, it's perfect for daily grounding or moments when you need to restore calm. Just inhale and feel centered, refreshed, and balanced throughout your day.

For thousands of years, Frankincense has been treasured for its grounding aroma and remarkable wellness benefits. Known as the "King of Oils," it supports calm, clarity, and whole-body balance.

WHY FRANKINCENSE WORKS

With our Frankincense Nasal Inhaler, you can ground yourself anytime, anywhere. Just inhale... and feel the shift. Say goodbye to stress, brain fog, and low mood. Pocket-sized. All-natural. Always ready.

Frankincense's alpha-pinene and incensole acetate work together to soothe the nervous system, clear mental clutter, and restore emotional balance. Your calm is now portable.

DIRECTIONS

- Adults and children 12 and above. Twist to remove cap. Hold inhaler just below nostrils and inhale deeply through each nostril for 1-2 seconds. Enjoy the invigorating effect. Recap tightly after use. Teach others how to GOGO!

INGREDIENT HIGHLIGHTS

Boswellia carteri (Frankincense)

- Key Constituents: Alpha-Pinene, Incensole Acetate, Boswellic Acids*
- Alpha-Pinene supports clear breathing, mental clarity, and emotional grounding.
- Incensole Acetate encourages feelings of peace and relaxation.
- Rich, resinous aroma calms the mind and deepens focus or meditation.
- *Boswellic acids are primarily found in the resin, not the distilled oil.
- Tradition Meets Today: Revered as the "King of Oils," Frankincense was valued in ancient temples and royal courts for enhancing spiritual connection and personal reflection.

INGREDIENTS

- *Menthol Crystal, Pink Himalayan Salt, Boswellia carteri (Frankincense)*

CAUTIONS

- Do not eat or use orally.
- Temporary burning, stinging, or nasal discharge may occur. Discontinue use if irritation persists.
- Keep out of reach of children and pets.
- **Best by:** 30 days after opening. Store in a cool, dry place.

GOGOSTIX™



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WHAT IF YOU COULD QUIET THE NOISE... AND HEAR YOURSELF AGAIN?

Find calm and clarity with our Myrrh Nasal Inhaler, expertly formulated to support emotional grounding, spiritual focus, and inner stillness. Known for its ancient use in aromatherapy, myrrh helps ease tension, quiet the mind, and promote a sense of centered calm. Whether you're meditating, winding down, or simply seeking balance in a busy day - just inhale and feel deeply connected, relaxed, and restored.

Perfect for meditation, prayer, or a quiet pause between busy moments. Just inhale... and feel deeply connected, relaxed, and restored.

WHY MYRRH WORKS

In a world that never stops, finding stillness is rare. Our Myrrh Nasal Inhaler brings ancient wisdom to modern life. Now you can instantly ground your emotions, sharpen spiritual focus, ease tension and promote your inner calm. Used since ancient times for its deeply grounding and restorative qualities, Myrrh offers a warm, resinous aroma that supports emotional balance, skin health, and overall well-being.



DIRECTIONS

- Adults and children 12 and above. Twist to remove cap. Hold inhaler just below nostrils and inhale deeply through each nostril for 1-2 seconds. Enjoy the invigorating effect. Recap tightly after use. Teach others how to GOGO!

INGREDIENT HIGHLIGHTS

Commiphora myrrha (Myrrh)

- Key Constituents: Furanoeudesma-1,3-diene, Curzerene, Lindestrene
- Furanoeudesma-1,3-diene promotes emotional stability and grounding.
- Curzerene supports skin health and renewal.
- Deep, earthy aroma eases feelings of stress and restores calm.
- Tradition Meets Today: Myrrh was treasured in ancient healing practices and sacred ceremonies, often burned or worn to promote peace, wellness, and spiritual devotion.

INGREDIENTS

- Menthol Crystal, Pink Himalayan Salt, Commiphora myrrha (Myrrh)

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GO FROM OVERWHELMED TO RESTFUL RELAXATION... WITH ONE DEEP INHALE?

Find deep calm and emotional balance with our Spikenard Nasal Inhaler, expertly sourced to ease stress, promote restful relaxation, and support your body's natural healing processes. Known for its grounding and restorative aromatherapeutic benefits, spikenard helps you unwind and reconnect whenever life feels overwhelming. Perfect for daily self-care or moments when you need to find peace - just inhale and let tranquility wash over you.

Spikenard is an ancient oil celebrated for its deeply calming and centering qualities. Spikenard's sesquiterpene-rich chemistry helps calm the nervous system and ease restlessness.

WHY SPIKENARD WORKS

For thousands of years, these precious oils have been cherished for their spiritual, emotional, and wellness benefits. Known from ancient texts and sacred rituals, Frankincense, Myrrh, and Spikenard offer a timeless connection to calm, balance, and inner peace — now made simple to enjoy anywhere.

DIRECTIONS

- Adults and children 12 and above. Twist to remove cap. Hold inhaler just below nostrils and inhale deeply through each nostril for 1-2 seconds. Enjoy the invigorating effect. Recap tightly after use. Teach others how to GOGO!

INGREDIENT HIGHLIGHTS

Nardostachys jatamansi (Spikenard)

- Key Constituents: Jatamansone (Nardostachone), Calarene, Maaliol
- Jatamansone has calming, sedative qualities that quiet the mind.
- Calarene balances mood and promotes inner stability.
- Maaliol softens the aroma and enhances relaxation.
- Tradition Meets Today: In ancient times, Spikenard was prized for anointing and meditation, symbolizing devotion, rest, and spiritual renewal.

INGREDIENTS

- *Menthol Crystal, Pink Himalayan Salt, Nardostachys jatamansi (Spikenard)*

CAUTIONS

- Do not eat or use orally.
- Temporary burning, stinging, or nasal discharge may occur. Discontinue use if irritation persists.
- Keep out of reach of children and pets.
- **Best by:** 30 days after opening. Store in a cool, dry place.

GOGOSTIX™



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Organic Hair & Body Bars

paraben-free. vegan. phthalate-free.

Clean & Moisturize From Head To Toe.

Emerge renewed, with nourished skin, shiny hair, and a calm, relaxed mind.

Treat yourself to spa-quality bathing with our luxurious all-in-one hair & body bars. After just one use, you'll wonder how you ever lived without them. The rich, creamy lather rinses clean while nourishing hair and skin with luxurious softness. The gentle plant-based cleansers lift dirt and oil without over-drying or irritation. Give your hair and skin the spa treatment you deserve!*

Cassia & Clove

Our luxurious, handcrafted organic Cassia & Clove bar will invigorate and beautify your hair and skin. Cassia & Clove combine to give this bar a subtle yet spicy aroma. The organic ground cloves and oatmeal in this bar provide gentle cleansing along with skin-healing exfoliation that may help the appearance of fine lines and wrinkles. Perfect for all skin & hair types.*

Charcoal & Cacao

Our luxurious, handcrafted organic Charcoal & Cacao bar will detox and beautify your hair and skin. Activated Charcoal and organic Cacao strengthen hair follicles while removing toxins, oils, and pollutants. Added Plantain Leaf and Cocoa Butter moisturize hair bringing luster and shine to every strand. Perfect for all skin types and great for shaving too!*

Geranium & Clay

Our luxurious handcrafted organic Geranium & Clay bar will soothe and rejuvenate your hair and skin. Rose Geranium and Pink Clay soothe inflammation and redness while helping to minimize pores and repair damaged skin cells. This bar is perfect for all skin types and is great for shaving as well!*



Cassia & Clove Ingredients: Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos nucifera*) Oil, Water, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Seed Oil, Clove Bud (*Eugenia caryophyllata*) Essential Oil, Organic Clove (*Syzygium aromaticum*), Organic Oat Kernel (*Avena sativa*), Cassia (*Cinnamomum cassia*) Essential Oil, Rosemary (*Rosmarinus Officinalis*) Leaf Extract



Charcoal & Cacao Ingredients: Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos Nucifera*) Oil, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Oil, Water, Cocoa (*Theobroma cacao*) Butter, Sweet Orange (*Citrus sinensis*) Essential Oil, Tea Tree (*Melaleuca alternifolia*) Essential Oil, Organic Bergamot (*Citrus aurantium bergamia*) Essential Oil, Activated Charcoal, Plantain (*Plantago major*) Leaf, Cacao (*Theobroma cacao*), Organic Rosemary (*Rosmarinus Officinalis*) Leaf Extract



Geranium & Clay Ingredients: Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos Nucifera*) Oil, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Oil, Water, Sweet Orange (*Citrus sinensis*) Essential Oil, Cedarwood Atlas (*Cedrus atlantica*) Essential Oil, Lavender (*Lavandula angustifolia*) Essential Oil, Geranium (*Pelargonium*) Essential Oil, Pink (Kaolin) Clay, Himalayan Pink Salt (Mineral Halite), Apricot (*Prunus Armeniaca*) Kernel Oil, Rosemary (*Rosmarinus Officinalis*) Extract

Organic Hair & Body Bars

paraben-free. vegan. phthalate-free.

Lavender & Comfrey

Our luxurious, handcrafted organic Lavender & Comfrey bar will moisturize and beautify your hair and skin. Lavender's fresh, floral scent has a soothing effect on both the skin and the senses while Comfrey contains allantoin, a natural skin cell regenerator, to help restore your skin to its natural balance and glow. Perfect for all skin & hair types.*

Orange Blossom

Our luxurious, handcrafted organic Orange Blossom bar will invigorate and beautify your hair and skin. This bar is great for muscle aches and pains, and its bright, citrus scent will invigorate and uplift. Perfect for all skin & hair types.*

Patchouli

Our Patchouli bath bar is a luxurious blend of essential oils and botanical extracts in a hypoallergenic, vegan soap base of organic palm, coconut, olive, and palm kernel oils. It will surely delight your skin and sweeten your soul. With a classic Patchouli aroma, it's a favorite among men for shaving. Perfect for normal, combination, and oily skin.*

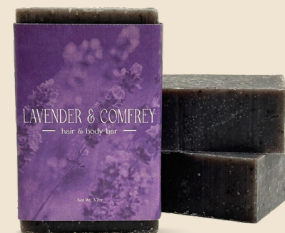
suggested usage

Wet bar and rub directly onto hair and body, or rub on hands or a washcloth and apply lather to hair & body. Gently cleanse your body from head to toe. Rinse well.*

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

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Lavender & Comfrey Ingredients: Sodium Cocoate, Sodium Sunflowerate, Aqua, Sodium Palmate, Sodium Safflowerate, Glycerin, Lavender Grosso (Lavandula hybrid) Oil, Lavender (Lavandula angustifolia) Oil, Alkanet (Alkanna tinctoria) Root, Rosemary (Rosmarinus Officinalis) Leaf Extract, Organic Comfrey (Symphytum officinale) Root



Orange Blossom Ingredients: Saponified Organic Sunflower (Helianthus annuus) Oil, Saponified Organic Coconut (Cocos nucifera) Oil, Water, Saponified Organic Palm (Elaeis guineensis) Oil, Saponified Organic Safflower (Carthamus tinctorius) Seed Oil, Rosemary (Rosmarinus officinalis) Leaf Extract, Organic Annatto (Bixa orellana) Seed, Madder (Rubia tinctorum) Root, Blood Orange (Citrus sinensis) Essential Oil, Bergamot (Citrus bergamia) Essential Oil, Tangerine (Citrus reticulata) Essential Oil, Orange (Citrus sinensis) Essential Oil, Lemongrass (Cymbopogon flexuosus) Essential Oil, Lime (Citrus aurantiifolia) Essential Oil



Patchouli Ingredients: Saponified Organic Palm (Elaeis guineensis) Oil, Saponified Organic Coconut (Cocos Nucifera) Oil, Saponified Organic Olive (Olea europaea) Oil, Saponified Organic Palm (Elaeis guineensis) Kernel Oil, Water, Patchouli (Pogostemon cablin) Essential Oil, Hemp (Cannabis sativa) Essential Oil, Organic Rosemary (Rosmarinus Officinalis) Leaf Extract

Fresh

bentonite clay tooth cleansing powder 2oz

Fresh mouth. Clean ingredients. Now you can have healthy, clean teeth and gums without artificial flavorings, artificial sweeteners, fluoride, carrageenan, triclosan, and sodium lauryl sulfate. Fresh Tooth Powder refreshes and cleans with powerful calcium bentonite clay, pink Himalayan salt, pure essential oils, and healing herbs.*

ingredient highlights

Bentonite Clay: Montmorillonite (Bentonite) Clay is a form of volcanic ash that is antibacterial and anti-inflammatory. It is a rich source of trace minerals like calcium, iron, copper, and zinc. When Bentonite Clay gets wet, it expands, changes its electrical charge to a negative charge, and becomes like a big sponge that can absorb toxins. It also has an alkalizing effect that is beneficial for the health of teeth and gums.*

Pink Himalayan Salt: This all-natural salt is estimated to contain as many as 84 trace minerals that are naturally anti-inflammatory and antibacterial. Brushing with Pink Himalayan Salt can assist in removing bacteria from the teeth and gums, which helps in preventing the buildup of plaque and tartar.*

Peppermint Essential Oil: This tried-and-true remedy has been used all around the world for more than a thousand years. It kills bacteria and fungus, both of which can cause infections in the mouth or lead to the development of cavities. Peppermint oil is especially effective against anaerobic bacteria, which love a low-oxygen environment such as the spaces between teeth or below the gum line where cavities can form and thrive. Studies have shown that peppermint oil is more effective in reducing cavities than many of the active chemical ingredients used in commercial mouthwashes.*

Clove Essential Oil: Used in traditional Indian and Chinese medicine for centuries to relieve tooth pain, modern clinical research has indicated that clove oil can relieve tooth pain and bad breath, as well as help reduce gum disease. Clove oil also has the natural ability to restrict the development of bacteria and can help fight mouth and throat infections.*

Spearmint Essential Oil: An excellent antifungal and breath freshener. Studies show that using spearmint and/or peppermint oil for oral hygiene can help delay the process of gum disease and gingivitis. It is believed by some to have the ability to assist with toothaches as well.*

USES

- Wet toothbrush. Dip in powder and brush as you normally would. Rinse.*

gōDesana

Product Information Page



ingredients

Extra Fine Montmorillonite (Bentonite) Clay, Extra Fine Pink Halite (Pink Himalayan Salt), Eugenia caryophyllata (Clove Bud) Essential Oil, Cinnamomum zeylanicum (Cinnamon) Essential Oil, Thinopyrum intermedium (Wheatgrass) Juice Powder, Mentha spicata (Spearmint) Essential Oil, Citrus sinensis (Sweet Orange) Essential Oil, Mentha piperita (Peppermint) Essential Oil, Citrus paradisi (Pink Grapefruit) Essential Oil

responsible cautions

- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Keep out of reach of children and pets.
- Store in a cool, dry place.

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