

Dill Weed

anethum graveolens 10ml

Dill Weed produced from the whole plant is one of the most gentle essential oils, and it can be used from early childhood for all problems to do with the digestive, respiratory, and renal systems. Care must be taken not to use Dill oil produced from the seeds as this oil is too strong for children.*

Dill Weed offers relief from flatulence, helps treat parasites, and may be beneficial for nervous vomiting and hiccups. Additionally, it has been proven effective to promote milk flow in nursing mothers. Dill Weed may also benefit juvenile acne resulting from hormonal changes and improper diet.*

Dill Weed possesses decongesting and diuretic abilities as well as antispasmodic action. It is an excellent stimulant and digestive antispasmodic for children who tend to experience vomiting, colic, and nausea with stomach cramps. Dilute with carrier oil and gently massage clockwise around abdominal area.*

uses

aromatic

- **Misting:** Mix 20 drops with 4 ounces of distilled water in a cobalt blue glass or PET plastic bottle, shake well and mist into environment as desired.*

bath

- **Bath:** Add 10 drops Dill Weed with 10 drops Roman Chamomile to ½ cup Pink Himalayan or Dead Sea salts and mix into warm bath water to calm and relax.*

internal

- **Internal:** Add 1 drop to a teaspoon of honey and stir into warm water to assist with digestive concerns.*
- **Internal:** For diabetics, to assist with balancing blood sugar metabolism, use 2 drops each of Coriander Seed, Dill Weed, and Sweet Fennel in a veggies capsule filled with olive oil. Take at night.*

topical

- **Massage:** Add 10 to 20 drops to 1 tablespoon of carrier oil and gentle massage clockwise around abdominal area to relieve hiccups, cramping, flatulence, and upset stomach.*

goDesana

Product Information Page



application methods

Aromatic • Bath • Internal • Topical

safety group: 1

Generally regarded as safe when properly diluted and used as directed with children and while pregnant or nursing.

properties

Wildcrafted

Producing Organ: Whole Plant

Extraction: Steam Distillation

Country of Origin: USA

Main Chemical Constituents: carvone, limonene, phellandrene

Therapeutic Properties: Antispasmodic, bactericidal, carminative, digestive, emmenagogue, galactagogue, hypotensive, stimulant, stomachic [Julia Lawless, "The Illustrated Encyclopedia of Essential Oils" (Rockport, MA: Element Books, 1995), 83.]

responsible cautions

- Generally non-toxic, non-irritant.
- Avoid in allergic skin conditions.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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