

Ear Relief

soothing blend 10ml

Earaches and ear infections are both scary and painful for little ones and parents alike. They're one of the most common reasons for families to visit a doctor or emergency room. The standard pediatric answer to earaches & ear infections is to treat with antibiotics which can create secondary challenges with yeast/ candida issues and immune system suppression.*

Pure, quality essential oils have been proven to quickly and effectively treat earaches and infections without prescription antibiotics or the risk of secondary challenges and subsequent immune system suppression.*

Studies show that the frequent use of antibiotics actually depress the immune system, which is the opposite direction we want our immune system to go.*

Ear Relief is a proprietary blend formulated for use with earaches and ear infections in children and adults alike.*

uses

topical

- Apply 1 to 2 drops to finger or cotton swab and gently rub in front of and behind ear on the mastoid bone. Re-apply as often as needed.*
- Apply to both ears even if only one ear has an active infection, otherwise it can potentially recur in the other ear.*
- **Topical Dilution Guidelines:** Topical dilution for healthy individuals ages 10 and over is 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.*
- **Children 3 to 5 years:** Dilute 3 drops in 10 ml of carrier oil.*
- **Children 5 to 10 years:** Dilute 6 drops in 10 ml of carrier oil.*
- **Pregnancy:** Safe when used as directed starting in the 2nd trimester at 3% dilution(15 drops/1 ounce).*

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Product Information Page



application methods

Topical

safety group: 2

Generally regarded as safe when properly diluted and used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.

ingredients

Lavandula angustifolia (Lavender Vera), Melaleuca alternifolia (Tea Tree), Rosmarinus officinalis ct. cineole (Rosemary 1,8 cineole), Eucalyptus radiata (Eucalyptus Radiata)

responsible cautions

- Do not drop oil directly into ear.
- Not recommended for use in children under 3 years of age.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*