

Eucalyptus Globulus

eucalyptus globulus 10ml

This variety of Eucalyptus, also known as the Blue Gum Tree, is a potent respiratory oil beneficial with bacterial infections, colds, flu, sinusitis, bronchitis, asthma, and chronic cough.*

It has strong decongestant action due to a high concentration of 1,8 cineole, possesses antibacterial and anti-inflammatory abilities, and is of benefit in reducing fever. It is highly expectorant, mucolytic, and antiseptic and has been used successfully against bronchitis and bronchial pneumonia.*

Eucalyptus Globulus has been shown to be a powerful germ killer and is effective in eliminating certain strains of staph. It's an excellent oil to use in the dishwasher to kill germs that wouldn't otherwise be eliminated. Powerful antiseptic properties strengthen as the oil ages.

Its good psychological abilities aid in lifting mood, easing stress or anxiety, and restoring emotional balance; a mental stimulant which can aid focus and concentration.*

Eucalyptus Globulus is an excellent pain reliever of benefit to arthritis, rheumatism, ligament damage, and muscular aches and pains; blend with carrier or massage oil prior to application.*

USES

aromatic

- **Diffusion:** Diffuse 10 to 20 drops in a cool mist essential oil diffuser for up to 20 minutes every hour to kill airborne bacteria, ease congestion, lift and support mood and emotional balance, or aid focus and concentration.*

environmental

- **Dishwasher:** Add 10 drops to the dishwasher each cycle to eliminate germs.*
- **Household Cleaning:** Add 12 to 15 drops to a bucket of water for cleaning floors, disinfecting garbage pails, etc.*

topical

- **Massage:** Dilute 2 drops per 1 teaspoon of carrier oil and massage into back or chest for respiratory relief.*
- **Massage:** Dilute 50/50 with carrier oil for applying to a large area.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil).

goDesana

Product Information Page



application methods

Aromatic • Environmental • Topical

safety group: 4

Never recommended for children or while pregnant or nursing.

properties

Wildcrafted

Producing Organ: Leaves

Extraction: Steam Distillation

Country of Origin: China

Main Chemical Constituents: cineol, pinene, limonene

Therapeutic Properties: Analgesic, antineuralgic, antirheumatic, antiseptic, antispasmodic, antiviral, balsamic, cicatrizant, decongestant, deodorant, depurative, diuretic, expectorant, febrifuge, hypoglycemic, parasiticide, prophylactic, rubefacient, stimulant, vermifuge, vulnerary

responsible cautions

- Not to be applied to the face, particularly the nose.
- Not recommended for internal use.
- Not recommended for use with infants or children under 10 years; use Eucalyptus Radiata instead.
- Not for use during pregnancy.
- Not for use by those with high blood pressure or epilepsy.
- Do not use within 2 hours of homeopathic treatments, as it may neutralize them.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*