

# Eucalyptus Radiata

eucalyptus radiata 10ml

Eucalyptus Radiata is primarily an essential oil for the respiratory system as it has good antitarrhal properties. It is a powerful expectorant and mucolytic with good ability for fluidification. Eucalyptus Radiata has long lasting effects and is particularly indicated for children.\*

Eucalyptus Radiata has good infection-fighting properties for both acute and chronic respiratory infections, and is effective for the flu. Its high content of 1,8 cineole makes it a good choice for diffusion into a room when someone has a respiratory infection.\*

Eucalyptus Radiata is also a cooling essential oil due to its high concentration of 1,8 cineole. This gives it the ability to control a fever.\*

Eucalyptus Radiata is a strong antiseptic, yet it is non-toxic. A good anti-viral and an energizer to the body, it can be very effective in cases of chronic fatigue and immune deficiency.\*

## uses

### aromatic

- **Diffusion:** Eucalyptus Radiata blends well with Tea Tree and the two can be diffused together in a child's room when they are congested and can't sleep. Diffuse for 15 minutes, repeating every 2 to 3 hours.\*
- **Inhalation:** Apply 10-15 drops on the absorbent inner core of a nasal inhaler, cap the bottom, and inhale as needed.\*

### bath

- **Bath:** Mix 10 to 12 drops in warm water for a soothing, cooling bath to relieve aching muscles.\*

### topical

- **Massage:** Make a chest rub with Eucalyptus Radiata, Tea Tree, and Lavender. Put 5 drops of each into 1 ounce of Grape Seed Oil and massage over the lung area. If there is also ear congestion you can massage a small amount around the ear (do not drop essential oils directly into the ear).\*
- **Feet:** Use Eucalyptus Radiata neat on the tips of the toes (sinus reflex points) and on the pad of the foot (lung reflex points); one drop on each foot for small children, 2 drops for older children and 3 to 4 drops for adults.\*

goDesana

Product Information Page



## application methods

Aromatic • Bath • Topical

## safety group: 1

Generally regarded as safe when properly diluted and used as directed with children and while pregnant or nursing.

## properties

Organic

**Producing Organ:** Leaves

**Extraction:** Steam Distillation

**Country of Origin:** Australia

**Main Chemical Constituents:** eucalyptol, alpha-terpineol

**Therapeutic Properties:** Antiseptic, antispasmodic, antiviral, balsamic, cicatrizant, decongestant, deodorant, depurative, diuretic, expectorant, febrifuge, hypoglycemic, parasiticide, prophylactic, rubefacient, stimulant, vermifuge, vulnerary

## responsible cautions

- Non-toxic, non-irritant, non-sensitizing, with no known contraindications.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*