

# Myrrh & Sandalwood

deodorant 2.5oz

Sweating is a natural and essential bodily function that helps regulate temperature and eliminate toxins. While perspiration itself is odorless, the bacteria on our skin break down the sweat, leading to body odor. Many people seek solutions to manage this odor without resorting to harsh chemicals and synthetic fragrances found in conventional deodorants.\*

Natural deodorants are formulated with ingredients derived from nature, which work in harmony with your body. Key ingredients like arrowroot powder and various clays absorb moisture and neutralize odor, while essential oils provide pleasant scents and additional antibacterial properties. For instance, ingredients such as myrrh and sandalwood essential oils not only impart a soothing aroma but also possess natural antimicrobial properties that help keep odor-causing bacteria at bay.\*

Stay naturally fresh and confident all day with our Myrrh & Sandalwood Deodorant. This unique blend combines the purifying properties of clay with the warm, soothing scents of myrrh and sandalwood, offering effective odor protection and a touch of luxury.\*

## ingredient highlights

**French Green Clay:** A powerful ingredient in natural deodorants, known for its exceptional detoxifying and absorbent properties. Mined from ancient volcanic ash deposits in France, this mineral-rich clay effectively absorbs moisture and impurities, helping to keep you dry and fresh throughout the day. Its natural antibacterial qualities combat odor-causing bacteria, while its gentle nature makes it suitable for sensitive skin.\*

**Myrrh:** A valuable addition to natural deodorants, celebrated for its antibacterial and anti-inflammatory properties. Extracted from the resin of the Commiphora tree, myrrh oil helps combat odor-causing bacteria, ensuring long-lasting freshness. Its soothing qualities make it ideal for sensitive skin, reducing irritation and promoting healing. Additionally, myrrh's warm, earthy aroma adds a rich, grounding scent to deodorant formulations, enhancing your daily routine with a touch of ancient wellness.\*

**Sandalwood:** A prized ingredient in natural deodorants, Sandalwood is known for its soothing, anti-inflammatory properties and rich, woody aroma. This essential oil not only imparts a luxurious scent that lingers throughout the day but also offers antibacterial benefits, helping to combat odor-causing bacteria naturally. Its gentle nature makes it suitable for sensitive skin, ensuring a calm and irritation-free experience.\*

**Arrowroot Powder:** A key ingredient in natural deodorants, prized for its ability to absorb moisture and keep you feeling fresh. Derived from the roots of the arrowroot plant, this fine, silky powder helps to naturally combat wetness without clogging pores, allowing your skin to breathe. Its gentle, non-irritating properties make it ideal for sensitive skin, while its effectiveness in maintaining dryness ensures you stay comfortable and confident all day.\*

## uses

- For external use only. Apply to underarms only; re-apply as needed throughout the day.\*

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## ingredients

Beeswax, *Maranta arundinacea* (Arrowroot) Powder, *Vitis Vinifera* (Grape) Seed Oil, *Cocos Nucifera* (Coconut) Fruit Oil, *Ricinus communis* (Castor) Seed Oil, French Green (Illite) Clay, Montmorillonite (Bentonite) Clay, *Commiphora myrrha* (Myrrh) Resin Oil, *Santalum album* (Sandalwood) Wood Oil, *Cedrus atlantica* (Cedarwood Atlas) Wood Oil, *Pogostemon cablin* (Patchouli) Leaf Oil, *Boswellia carteria* (Frankincense) Resin Oil, *Citrus sinensis* (Sweet Orange) Fruit Oil

## responsible cautions

- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Keep out of reach of children and pets.
- Store in a cool, dry place.
- Discontinue use if any adverse reactions occur.

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# Organic Hair & Body Bars

paraben-free. vegan. phthalate-free.

## Clean & Moisturize From Head To Toe.

*Emerge renewed, with nourished skin, shiny hair, and a calm, relaxed mind.*

Treat yourself to spa-quality bathing with our luxurious all-in-one hair & body bars. After just one use, you'll wonder how you ever lived without them. The rich, creamy lather rinses clean while nourishing hair and skin with luxurious softness. The gentle plant-based cleansers lift dirt and oil without over-drying or irritation. Give your hair and skin the spa treatment you deserve!\*

### Cassia & Clove

Our luxurious, handcrafted organic Cassia & Clove bar will invigorate and beautify your hair and skin. Cassia & Clove combine to give this bar a subtle yet spicy aroma. The organic ground cloves and oatmeal in this bar provide gentle cleansing along with skin-healing exfoliation that may help the appearance of fine lines and wrinkles. Perfect for all skin & hair types.\*

### Charcoal & Cacao

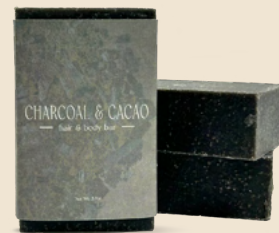
Our luxurious, handcrafted organic Charcoal & Cacao bar will detox and beautify your hair and skin. Activated Charcoal and organic Cacao strengthen hair follicles while removing toxins, oils, and pollutants. Added Plantain Leaf and Cocoa Butter moisturize hair bringing luster and shine to every strand. Perfect for all skin types and great for shaving too!\*

### Geranium & Clay

Our luxurious handcrafted organic Geranium & Clay bar will soothe and rejuvenate your hair and skin. Rose Geranium and Pink Clay soothe inflammation and redness while helping to minimize pores and repair damaged skin cells. This bar is perfect for all skin types and is great for shaving as well!\*



**Cassia & Clove Ingredients:** Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos nucifera*) Oil, Water, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Seed Oil, Clove Bud (*Eugenia caryophyllata*) Essential Oil, Organic Clove (*Syzygium aromaticum*), Organic Oat Kernel (*Avena sativa*), Cassia (*Cinnamomum cassia*) Essential Oil, Rosemary (*Rosmarinus Officinalis*) Leaf Extract



**Charcoal & Cacao Ingredients:** Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos Nucifera*) Oil, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Oil, Water, Cocoa (*Theobroma cacao*) Butter, Sweet Orange (*Citrus sinensis*) Essential Oil, Tea Tree (*Melaleuca alternifolia*) Essential Oil, Organic Bergamot (*Citrus aurantium bergamia*) Essential Oil, Activated Charcoal, Plantain (*Plantago major*) Leaf, Cacao (*Theobroma cacao*), Organic Rosemary (*Rosmarinus Officinalis*) Leaf Extract



**Geranium & Clay Ingredients:** Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos Nucifera*) Oil, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Oil, Water, Sweet Orange (*Citrus sinensis*) Essential Oil, Cedarwood Atlas (*Cedrus atlantica*) Essential Oil, Lavender (*Lavandula angustifolia*) Essential Oil, Geranium (*Pelargonium*) Essential Oil, Pink (Kaolin) Clay, Himalayan Pink Salt (Mineral Halite), Apricot (*Prunus Armeniaca*) Kernel Oil, Rosemary (*Rosmarinus Officinalis*) Extract



# Organic Hair & Body Bars

paraben-free. vegan. phthalate-free.

## Lavender & Comfrey

Our luxurious, handcrafted organic Lavender & Comfrey bar will moisturize and beautify your hair and skin. Lavender's fresh, floral scent has a soothing effect on both the skin and the senses while Comfrey contains allantoin, a natural skin cell regenerator, to help restore your skin to its natural balance and glow. Perfect for all skin & hair types.\*

## Orange Blossom

Our luxurious, handcrafted organic Orange Blossom bar will invigorate and beautify your hair and skin. This bar is great for muscle aches and pains, and its bright, citrus scent will invigorate and uplift. Perfect for all skin & hair types.\*

## Patchouli

Our Patchouli bath bar is a luxurious blend of essential oils and botanical extracts in a hypoallergenic, vegan soap base of organic palm, coconut, olive, and palm kernel oils. It will surely delight your skin and sweeten your soul. With a classic Patchouli aroma, it's a favorite among men for shaving. Perfect for normal, combination, and oily skin.\*

## suggested usage

Wet bar and rub directly onto hair and body, or rub on hands or a washcloth and apply lather to hair & body. Gently cleanse your body from head to toe. Rinse well.\*

## responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

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**Lavender & Comfrey Ingredients:** Sodium Cocoate, Sodium Sunflowerate, Aqua, Sodium Palmate, Sodium Safflowerate, Glycerin, Lavender Grosso (*Lavandula hybrid*) Oil, Lavender (*Lavandula angustifolia*) Oil, Alkanet (*Alkanna tinctoria*) Root, Rosemary (*Rosmarinus Officinalis*) Leaf Extract, Organic Comfrey (*Symphytum officinale*) Root



**Orange Blossom Ingredients:** Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos nucifera*) Oil, Water, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Seed Oil, Rosemary (*Rosmarinus officinalis*) Leaf Extract, Organic Annatto (*Bixa orellana*) Seed, Madder (*Rubia tinctorum*) Root, Blood Orange (*Citrus sinensis*) Essential Oil, Bergamot (*Citrus bergamia*) Essential Oil, Tangerine (*Citrus reticulata*) Essential Oil, Orange (*Citrus sinensis*) Essential Oil, Lemongrass (*Cymbopogon flexuosus*) Essential Oil, Lime (*Citrus aurantiifolia*) Essential Oil



**Patchouli Ingredients:** Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Coconut (*Cocos Nucifera*) Oil, Saponified Organic Olive (*Olea europaea*) Oil, Saponified Organic Palm (*Elaeis guineensis*) Kernel Oil, Water, Patchouli (*Pogostemon cablin*) Essential Oil, Hemp (*Cannabis sativa*) Essential Oil, Organic Rosemary (*Rosmarinus Officinalis*) Leaf Extract

# Fresh

## bentonite clay tooth cleansing powder 2oz

Fresh mouth. Clean ingredients. Now you can have healthy, clean teeth and gums without artificial flavorings, artificial sweeteners, fluoride, carrageenan, triclosan, and sodium lauryl sulfate. Fresh Tooth Powder refreshes and cleans with powerful calcium bentonite clay, pink Himalayan salt, pure essential oils, and healing herbs.\*

### ingredient highlights

**Bentonite Clay:** Montmorillonite (Bentonite) Clay is a form of volcanic ash that is antibacterial and anti-inflammatory. It is a rich source of trace minerals like calcium, iron, copper, and zinc. When Bentonite Clay gets wet, it expands, changes its electrical charge to a negative charge, and becomes like a big sponge that can absorb toxins. It also has an alkalinizing effect that is beneficial for the health of teeth and gums.\*

**Pink Himalayan Salt:** This all-natural salt is estimated to contain as many as 84 trace minerals that are naturally anti-inflammatory and antibacterial. Brushing with Pink Himalayan Salt can assist in removing bacteria from the teeth and gums, which helps in preventing the buildup of plaque and tartar.\*

**Peppermint Essential Oil:** This tried-and-true remedy has been used all around the world for more than a thousand years. It kills bacteria and fungus, both of which can cause infections in the mouth or lead to the development of cavities. Peppermint oil is especially effective against anaerobic bacteria, which love a low-oxygen environment such as the spaces between teeth or below the gum line where cavities can form and thrive. Studies have shown that peppermint oil is more effective in reducing cavities than many of the active chemical ingredients used in commercial mouthwashes.\*

**Clove Essential Oil:** Used in traditional Indian and Chinese medicine for centuries to relieve tooth pain, modern clinical research has indicated that clove oil can relieve tooth pain and bad breath, as well as help reduce gum disease. Clove oil also has the natural ability to restrict the development of bacteria and can help fight mouth and throat infections.\*

**Spearmint Essential Oil:** An excellent antifungal and breath freshener. Studies show that using spearmint and/or peppermint oil for oral hygiene can help delay the process of gum disease and gingivitis. It is believed by some to have the ability to assist with toothaches as well.\*

### USES

- Wet toothbrush. Dip in powder and brush as you normally would. Rinse.\*

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### ingredients

*Extra Fine Montmorillonite (Bentonite) Clay, Extra Fine Pink Halite (Pink Himalayan Salt), Eugenia caryophyllata (Clove Bud) Essential Oil, Cinnamomum zeylanicum (Cinnamon) Essential Oil, Thinopyrum intermedium (Wheatgrass) Juice Powder, Mentha spicata (Spearmint) Essential Oil, Citrus sinensis (Sweet Orange) Essential Oil, Mentha piperita (Peppermint) Essential Oil, Citrus paradisi (Pink Grapefruit) Essential Oil*

### responsible cautions

- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Keep out of reach of children and pets.
- Store in a cool, dry place.

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# Balsam Fir

**abies balsamea** 10ml

Canadian Balsam Fir has the Latin name *Abies balsamea*; the meaning of the genus name "Abies" is "living for a long time" or "great longevity".

*Abies balsamea* is only found in North America; there are fir species in Europe, but not the *Abies balsamea*. It is unique because of the oleoresin called balsam that oozes from the bark. Balsam resin has two primary uses. Firstly, it is a wound healing substance used first by the Native Americans. Secondly, it is used in the optical industry because its refraction index is very near that of glass, minimizing image distortion.\*

Balsam Fir has a powerful psychological influence; it helps release many of the emotional issues behind illness. It helps to open and free the mind and heart. It is believed by Dr. Daniel Péroël to protect the healthcare worker from picking up negative energy released by their clients and patients.\*

Balsam Fir gives exceptional mental clarity, assisting us to let go of old mental patterns that are detrimental.\*

## USES

### aromatic

- **Diffusion:** Diffuse 10 to 12 drops in a cool mist essential oil diffuser to bring the relaxing, grounding aroma of the forest into your home. Especially nice around the winter holidays!
- **Misting:** Mix 5 drops per 1 ounce of distilled water in an amber glass or PET plastic bottle, shake well, and mist into environment as desired.\*

### bath

- **Bath:** Add 8 to 10 drops to ½ cup Pink Himalayan or Dead Sea bath salts and mix into warm bath water.\*

### topical

- **Massage:** To assist the body with sinus infections, apply diluted Balsam Fir on each forefinger and, beginning at the outside end of the eyebrow massage very gently just under the eyebrow towards the top of the nose. Be extremely careful not to get any into the eyes.\*
- **Massage:** Apply 2-3 drops neat (undiluted) on painful muscles or joints.\*
- **Massage/Lotion:** Add to hand & body lotion or the carrier oil of your choice for an invigorating yet relaxing massage with anti-inflammatory benefits.\*

### topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.\*

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## application methods

Aromatic • Bath • Topical

## safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

## properties

*Organic*

**Producing Organ:** Needles, young twigs, and cones

**Extraction:** Steam Distillation

**Country of Origin:** Canada

**Main Chemical Constituents:**

*Monoterpenes, pinene, phellandrene*

**Therapeutic Properties:** Antiseptic (genito-urinary, pulmonary), antitussive, astringent, cicatrizant, diuretic, expectorant, purgative, regulatory, sedative (nerve), tonic, vulnerary [Julia Lawless, "The Illustrated Encyclopedia of Essential Oils" (Rockport, MA: Element Books, 1995), 72.]

## responsible cautions

- Non-toxic, non-irritant, non-sensitizing
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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