

Primal

romance ready blend 10ml

Inhaling essential oils stimulates an area of the brain called the Limbic System, which governs moods and emotions. The inhalation can trigger varying emotional and physical responses in people, and essential oils with aphrodisiac properties have the ability to invoke romantic feelings.*

Primal is a refreshing, masculine scent that isn't overpowering. It can be used as a cologne, added to a bath, or diluted for use as a body or room spray.*

ingredient highlights

- **Vetiver:** Stimulates the limbic system and acts as a natural aphrodisiac that increases libido and sparks sexual desire. A stress-free mind is a vital requirement for sexual health, and sexual disorders like frigidity, impotence, and lack of libido are often vested with the limbic system of the brain. Vetiver stimulates the limbic system, pacifies the mind, and serves as an effective natural remedy for such health disorders.*
- **Patchouli:** One of the most recognizable fragrances in the world, Patchouli may remind people of the hippie era, but its value is incalculable. It has been known to assist with depression and anxiety, and is widely recognized as an aphrodisiac to stimulate sensual energy and boost the libido. It helps with frigidity, nervous exhaustion, and stress-related complaints.*
- **Neroli:** Not only promotes arousal and increases the libido, but it can also help cure a loss of interest in sex, frigidity, impotence, and erectile dysfunction. Neroli has long been used in weddings because of both its aphrodisiac properties and its ability to calm a bride on her big day. Many Victorian brides wore a sprig of orange blossom in their head dress and carried orange blossoms in their bridal bouquets in an attempt to calm nerves and stimulate romance on the wedding night.*

uses

aromatic

- **Misting:** Mix 6 to 8 drops in a 2-ounce amber glass or PET plastic spray bottle of distilled water. Mist generously whenever you need emotional support and to give yourself permission to give and receive love. Shake well before each use.*

bath

- **Bath:** Mix 10 to 15 drops into ½ cup Pink Himalayan or Dead Sea salts and dissolve into warm bath water. Soak 10 to 20 minutes for best results. Soaking in the Primal bath warms and energizes the heart chakra, creating a feeling of being loved and cared for.*

topical

- **Reflexology:** Apply 1 to 3 drops to pulse points. Applying to pulse points on the wrists is a powerful way to affect your heart chakra as the meridian for the heart runs through the wrists.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.*

goDesana

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application methods

Aromatic • Bath • Topical

safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

ingredients

Vetiveria zizanioides (Vetiver), Pogostemon cablin (Patchouli), Lavandula angustifolia (Lavender vera), Citrus aurantium var. amara (Neroli), Pelargonium graveolens (Rose Geranium), Cocos nucifera (Fractionated Coconut Oil)

responsible cautions

- Dilution not required, but can be done with carrier oil if individual skin sensitivity occurs.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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