

Clay & Tea Tree

deodorant 2.5oz

Sweating is a natural and necessary function of our bodies, and we all do it. Sweating helps control body temperature and assists in detoxifying the body, but when sweat comes in contact with bacteria on our skin body odor is the result.*

Traditional chemical-laden deodorants often contain aluminum compounds that prevent the body from sweating and tend to block pores. But if we prevent our skin from sweating, bacteria can become trapped and cause even worse body odor. Natural deodorants, on the other hand, help keep the pores open allowing the skin to breathe, and also help kill the bacteria that causes the odor.*

Our aluminum-free Clay & Tea Tree Deodorant is an incredibly effective, natural formula to nourish and deodorize the skin.*

This gentle, natural deodorant features Kaolin Clay to absorb moisture and help balance the skin's pH levels combined with Tea Tree Oil for its incredible bacteria-fighting properties.*

ingredient highlights

Kaolin Clay: With an ability to absorb impurities from deep within the skin, Kaolin Clay can help restore and balance the skin's pH levels. It may also benefit skin issues like irritation, redness, and acne.*

Tea Tree: With scientifically-proven antibacterial and antimicrobial properties, Tea Tree is an ideal alternative to commercial deodorants. It kills odor-causing bacteria quickly and naturally, and may reduce underarm pores. Tea Tree oil is also high in natural astringents that can help reduce perspiration.*

Grapeseed Oil: Extracted from real grape seed, this oil has several important health benefits, and is a good source of essential fatty acids and vitamin E. It's packed with antioxidant benefits to nourish and moisturize skin.*

Tapioca Root Powder: Well-known for absorbing moisture and neutralizing odor, tapioca root powder helps keep underarms dry without aluminum or artificial fragrances, and without clogging the pores.*

Castor Seed Oil: This oil is rich in ricinoleic acid, a monounsaturated fatty acid known for its moisturizing properties and its ability to assist with skin inflammation.*

uses

- For external use only. Apply to underarms only; re-apply as needed throughout the day.*

goDesana

Product Information Page



ingredients

Vitis Vinifera (Grape) Seed Oil, Beeswax, Cocos Nucifera (Coconut) Fruit Oil, Maranta Arundinacea (Tapioca) Root Powder, Ricinus communis (Castor) Seed Oil, Kaolin (Rose) Clay, Rosmarinus officinalis (Rosemary) Flower Oil, Mentha piperita (Peppermint) Leaf Oil, Laurus nobilis (Bay Laurel) Oil, Organic Eucalyptus globulus (Eucalyptus) Leaf Oil, Citrus paradisi (Pink Grapefruit) Oil, Ocimum basilicum (Basil) Leaf Oil, Mentha spicata (Spearmint) Leaf Oil, Organic Lavandula angustifolia (Lavender) Flower Oil, Citrus limon (Lemon) Fruit Oil, Zingiber officinale (Ginger) Root Oil, Melaleuca alternifolia (Tea Tree) Leaf Oil, Melaleuca leucadendron cajaput (Cajeput) Leaf Oil, Cinnamomum zeylanicum (Cinnamon) Leaf Oil, Cymbopogon flexuosus (Lemongrass) Leaf Oil, Citrus aurantifolia (Lime) Fruit Oil, Helichrysum italicum Flower Oil, Anthemis nobilis (Roman Chamomile) Flower Oil, Organic Sesamum indicum (Sesame) Seed Oil

responsible cautions

- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Keep out of reach of children and pets.
- Store in a cool, dry place.
- Discontinue use if any adverse reactions occur.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

Organic Hair & Body Bars

paraben-free. vegan. phthalate-free.

Clean & Moisturize From Head To Toe.

Emerge renewed, with nourished skin, shiny hair, and a calm, relaxed mind.

Treat yourself to spa-quality bathing with our luxurious all-in-one hair & body bars. After just one use, you'll wonder how you ever lived without them. The rich, creamy lather rinses clean while nourishing hair and skin with luxurious softness. The gentle plant-based cleansers lift dirt and oil without over-drying or irritation. Give your hair and skin the spa treatment you deserve!*

Cassia & Clove

Our luxurious, handcrafted organic Cassia & Clove bar will invigorate and beautify your hair and skin. Cassia & Clove combine to give this bar a subtle yet spicy aroma. The organic ground cloves and oatmeal in this bar provide gentle cleansing along with skin-healing exfoliation that may help the appearance of fine lines and wrinkles. Perfect for all skin & hair types.*

Charcoal & Cacao

Our luxurious, handcrafted organic Charcoal & Cacao bar will detox and beautify your hair and skin. Activated Charcoal and organic Cacao strengthen hair follicles while removing toxins, oils, and pollutants. Added Plantain Leaf and Cocoa Butter moisturize hair bringing luster and shine to every strand. Perfect for all skin types and great for shaving too!*

Geranium & Clay

Our luxurious handcrafted organic Geranium & Clay bar will soothe and rejuvenate your hair and skin. Rose Geranium and Pink Clay soothe inflammation and redness while helping to minimize pores and repair damaged skin cells. This bar is perfect for all skin types and is great for shaving as well!*



Cassia & Clove Ingredients: Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos nucifera*) Oil, Water, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Seed Oil, Clove Bud (*Eugenia caryophyllata*) Essential Oil, Organic Clove (*Syzygium aromaticum*), Organic Oat Kernel (*Avena sativa*), Cassia (*Cinnamomum cassia*) Essential Oil, Rosemary (*Rosmarinus Officinalis*) Leaf Extract



Charcoal & Cacao Ingredients: Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos Nucifera*) Oil, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Oil, Water, Cocoa (*Theobroma cacao*) Butter, Sweet Orange (*Citrus sinensis*) Essential Oil, Tea Tree (*Melaleuca alternifolia*) Essential Oil, Organic Bergamot (*Citrus aurantium bergamia*) Essential Oil, Activated Charcoal, Plantain (*Plantago major*) Leaf, Cacao (*Theobroma cacao*), Organic Rosemary (*Rosmarinus Officinalis*) Leaf Extract



Geranium & Clay Ingredients: Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos Nucifera*) Oil, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Oil, Water, Sweet Orange (*Citrus sinensis*) Essential Oil, Cedarwood Atlas (*Cedrus atlantica*) Essential Oil, Lavender (*Lavandula angustifolia*) Essential Oil, Geranium (*Pelargonium*) Essential Oil, Pink (Kaolin) Clay, Himalayan Pink Salt (Mineral Halite), Apricot (*Prunus Armeniaca*) Kernel Oil, Rosemary (*Rosmarinus Officinalis*) Extract

Organic Hair & Body Bars

paraben-free. vegan. phthalate-free.

Lavender & Comfrey

Our luxurious, handcrafted organic Lavender & Comfrey bar will moisturize and beautify your hair and skin. Lavender's fresh, floral scent has a soothing effect on both the skin and the senses while Comfrey contains allantoin, a natural skin cell regenerator, to help restore your skin to its natural balance and glow. Perfect for all skin & hair types.*

Orange Blossom

Our luxurious, handcrafted organic Orange Blossom bar will invigorate and beautify your hair and skin. This bar is great for muscle aches and pains, and its bright, citrus scent will invigorate and uplift. Perfect for all skin & hair types.*

Patchouli

Our Patchouli bath bar is a luxurious blend of essential oils and botanical extracts in a hypoallergenic, vegan soap base of organic palm, coconut, olive, and palm kernel oils. It will surely delight your skin and sweeten your soul. With a classic Patchouli aroma, it's a favorite among men for shaving. Perfect for normal, combination, and oily skin.*

suggested usage

Wet bar and rub directly onto hair and body, or rub on hands or a washcloth and apply lather to hair & body. Gently cleanse your body from head to toe. Rinse well.*

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*



Lavender & Comfrey Ingredients: Sodium Cocoate, Sodium Sunflowerate, Aqua, Sodium Palmate, Sodium Safflowerate, Glycerin, Lavender Grosso (*Lavandula hybrid*) Oil, Lavender (*Lavandula angustifolia*) Oil, Alkanet (*Alkanna tinctoria*) Root, Rosemary (*Rosmarinus Officinalis*) Leaf Extract, Organic Comfrey (*Symphytum officinale*) Root



Orange Blossom Ingredients: Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos nucifera*) Oil, Water, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Seed Oil, Rosemary (*Rosmarinus officinalis*) Leaf Extract, Organic Annatto (*Bixa orellana*) Seed, Madder (*Rubia tinctorum*) Root, Blood Orange (*Citrus sinensis*) Essential Oil, Bergamot (*Citrus bergamia*) Essential Oil, Tangerine (*Citrus reticulata*) Essential Oil, Orange (*Citrus sinensis*) Essential Oil, Lemongrass (*Cymbopogon flexuosus*) Essential Oil, Lime (*Citrus aurantiifolia*) Essential Oil



Patchouli Ingredients: Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Coconut (*Cocos Nucifera*) Oil, Saponified Organic Olive (*Olea europaea*) Oil, Saponified Organic Palm (*Elaeis guineensis*) Kernel Oil, Water, Patchouli (*Pogostemon cablin*) Essential Oil, Hemp (*Cannabis sativa*) Essential Oil, Organic Rosemary (*Rosmarinus Officinalis*) Leaf Extract

Fresh

bentonite clay tooth cleansing powder 2oz

Fresh mouth. Clean ingredients. Now you can have healthy, clean teeth and gums without artificial flavorings, artificial sweeteners, fluoride, carrageenan, triclosan, and sodium lauryl sulfate. Fresh Tooth Powder refreshes and cleans with powerful calcium bentonite clay, pink Himalayan salt, pure essential oils, and healing herbs.*

ingredient highlights

Bentonite Clay: Montmorillonite (Bentonite) Clay is a form of volcanic ash that is antibacterial and anti-inflammatory. It is a rich source of trace minerals like calcium, iron, copper, and zinc. When Bentonite Clay gets wet, it expands, changes its electrical charge to a negative charge, and becomes like a big sponge that can absorb toxins. It also has an alkalinizing effect that is beneficial for the health of teeth and gums.*

Pink Himalayan Salt: This all-natural salt is estimated to contain as many as 84 trace minerals that are naturally anti-inflammatory and antibacterial. Brushing with Pink Himalayan Salt can assist in removing bacteria from the teeth and gums, which helps in preventing the buildup of plaque and tartar.*

Peppermint Essential Oil: This tried-and-true remedy has been used all around the world for more than a thousand years. It kills bacteria and fungus, both of which can cause infections in the mouth or lead to the development of cavities. Peppermint oil is especially effective against anaerobic bacteria, which love a low-oxygen environment such as the spaces between teeth or below the gum line where cavities can form and thrive. Studies have shown that peppermint oil is more effective in reducing cavities than many of the active chemical ingredients used in commercial mouthwashes.*

Clove Essential Oil: Used in traditional Indian and Chinese medicine for centuries to relieve tooth pain, modern clinical research has indicated that clove oil can relieve tooth pain and bad breath, as well as help reduce gum disease. Clove oil also has the natural ability to restrict the development of bacteria and can help fight mouth and throat infections.*

Spearmint Essential Oil: An excellent antifungal and breath freshener. Studies show that using spearmint and/or peppermint oil for oral hygiene can help delay the process of gum disease and gingivitis. It is believed by some to have the ability to assist with toothaches as well.*

USES

- Wet toothbrush. Dip in powder and brush as you normally would. Rinse.*

goDesana

Product Information Page



ingredients

Extra Fine Montmorillonite (Bentonite) Clay, Extra Fine Pink Halite (Pink Himalayan Salt), Eugenia caryophyllata (Clove Bud) Essential Oil, Cinnamomum zeylanicum (Cinnamon) Essential Oil, Thinopyrum intermedium (Wheatgrass) Juice Powder, Mentha spicata (Spearmint) Essential Oil, Citrus sinensis (Sweet Orange) Essential Oil, Mentha piperita (Peppermint) Essential Oil, Citrus paradisi (Pink Grapefruit) Essential Oil

responsible cautions

- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Keep out of reach of children and pets.
- Store in a cool, dry place.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

Niaouli

melaleuca quinquenervia cineolifera 10ml

Niaouli is gentle and seldom irritates, which makes it suitable for use on children.*

The capacity of Niaouli to promote the formation of new tissue should not be underestimated, and it should be the first choice when treating abrasions, cuts, and skin blemishes.*

Historically, Niaouli has been used for aches, acne, bronchitis, colds, coughs, cuts, dull skin, flu, oily skin, sore throat, and whooping cough. [Julia Lawless, The Illustrated Encyclopedia of Essential Oils (Rockport, MA: Element Books, 1995), 56-66.]*

The French use this oil in most hospitals all over the country, especially in the gynecological and obstetrics wards, for its antimicrobial properties, and this oil is also implemented into their pharmacopoeia.*

uses

aromatic

- **Diffusion:** Diffuse 10 to 15 drops in a cool mist essential oil diffuser for 15 minutes per hour throughout the day to assist with respiratory congestion.*
- **Inhalation:** Place 1 to 2 drops on a tissue, cotton ball, or in the palms of the hands and inhale.*

bath

- **Bath:** Add 20 drops of Niaouli to ½ cup of Dead Sea Salt for a warm sitz bath to benefit those suffering from urinary infection or cystitis.*

internal

- **Gargle:** For a sore throat mix 3 drops of Niaouli and 3 drops of Tea Tree in 6 ounces of water and gargle. Do not swallow.*

topical

- **Feet:** Apply neat (undiluted) on soles of feet. Effective when used at the beginning of illness to fortify the body; useful in any weakened condition.*
- **Massage:** Create an effective chest rub for respiratory congestion by mixing 15 drops of Niaouli and 10 drops of Eucalyptus Radiata into 1 tablespoon of carrier oil.*
- **Massage:** Use directly on areas where muscle pain, aches, or inflammation is causing discomfort.*
- **Skin:** Apply 1 to 2 drops neat (undiluted) to cuts, scrapes, pimples, and other minor skin irritations to disinfect and aid healing.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.*
- **Children 3 to 5 years:** Dilute 3 drops in 10 ml of carrier oil.*
- **Children 5 to 10 years:** Dilute 6 drops in 10 ml of carrier oil.*
- **Pregnancy:** Safe when used as directed starting in the 2nd trimester at 3% dilution(15 drops/1 ounce).*

goDesana

Product Information Page



application methods

Aromatic • Bath • Internal • Topical

safety group: 1

Generally regarded as safe when properly diluted and used as directed with children and while pregnant or nursing.

properties

Wildcrafted

Producing Organ: Leaves

Extraction: Steam Distillation

Country of Origin: Australia

Main Chemical Constituents: cineol, terpineol, pinene

Therapeutic Properties: Analgesic, anthelmintic, anticatarrhal, antirheumatic, antiseptic, antispasmodic, bactericidal, balsamic, cacatrizant, diaphoretic, expectorant, regulator, stimulant, vermifuge

responsible cautions

- Dilution not required, but can be done with carrier oil if individual skin sensitivity occurs.
- Non-toxic, non-irritant, non-sensitizing
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

Seasons of Success



The Seasons of Success oil blends assist in overcoming negative emotions and beliefs that limit you from thoroughly enjoying success and happiness.*

From the first day of Spring, and following the natural cycle of creative energy, each unique blend reflects the energy of a specific month of the year. We start with the Spring Equinox, a time of planting and creating. We then move to the Summer Solstice, a time of nurturing what you have created. From there we enter the Fall Equinox, a time to harvest what you created and nurtured, ending the Seasons of Success line with the Winter Solstice, a time of reflection and review of what you have accomplished and making plans for the future.*

Even though the blends reflect the months of the year with a natural flow of energy, you do not have to wait until Spring to start your pathway to success; you can start any time. The blends contain the energy that naturally occurs in the month they were created. Start by using the blend created for the current month.*

You probably know that if you want to change a habit, you need to practice a new way of thinking consistently for at least 28 days for it to stick. With these fantastic blends and the intention that goes with them, you have a partner on your success journey to creating a new you. If used as intended, at the end of twelve months you should be a happier person in every area of your life; family, health, financial, and business relationships. As with anything, you will get out of it what you are willing to put into it; time, dedication, and, most of all, an unwavering commitment to your success.*



spring Prosperity • Letting Go Of Fear • Personal Power

Here, we have outflowing energy giving us inspiration and freedom from limitation. This is where we experience the power of discovery and the birth of new projects. This is the period of the Earth's natural cycle when the energy to initiate a start-up, or start over, naturally supports your efforts. Using the three blends coinciding with the three months of Spring, you can align with this natural energy.*

summer Seeing The Big Picture • Joy • Stop Self Sabotage

Summer is the definition of joy, fun and the inner child. The good weather gives us optimism and is a great time to "see the bigger picture". Sunlight always helps us feel like we can accomplish anything we set our mind to. Take your inner child out to play and when you return to work you will be happier and more effective than ever. Keep in mind, your business partners will follow the example you give them.*

fall Self Aware • Gentle Change • Compassion

We generally associate Fall with harvest time, cooler nights, shorter days, and pumpkin pies. At this point you can reflect on your family, friends, partners, and loved ones who have joined you on this journey. You have worked through the first six emotional blends and increased your potential for emotional healing and success while guiding others to do the same. In Spring, you planted the first seeds of emotional healing and success, and in Summer you nurtured those seeds into a robust and self-empowered circle. It is now time to consider what comes next. It is important to remember that people don't always do what you say, they do what you do. The blends for Fall will help you refine how you move forward to even more significant emotional healing and success for everyone.*

winter Gratitude • Hope • High Vibe

The season of Winter is where you gain wisdom from the experience you had in the seasons before, and start anew with that experience embodied. It is about the gathering of energy to begin preparing for a new beginning and a return to the season of Spring to start the cycle afresh. Winter represents letting go of the old and accepting new opportunities with a chance to do things differently come Spring. If you need to end some relationship or project or cleanse and purify your life of any negativity that no longer serves your highest good; now is the time.*

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

Gentle Change

OCTOBER: BLEND 8 1.5ml

When you are excited about what you're doing and want others to join you, there are two ways to go about it. The first way will drive even your best friends and family away and harm your relationships. The second way will be a pleasant experience for those who choose to join you, and cause no bad feelings between you and anyone who does not.*

Needless to say, way number one is not successful. Why? Because it involves deception, harassment, and guilting someone while trying to force them to join you. Pushing people to change and see things as you want is pointless. The more you push, the more they resist. This method tells them you are doing this to help yourself, not them, which is another big turn-off. Keep in mind that the only person you can change is yourself.*

So you will change your approach to how you introduce your business and how you work with them. When you gently share your enthusiasm, how much fun you are having, and how much better you feel, they will be interested because you have not asked them to do anything. Usually, because you have piqued their interest, they will ask you about what you are doing. Gift them a sample of something you think would be helpful to them, and this will most likely result in at least a happy customer. Some people need a bit more time than others to decide about joining.*

USES

topical

- **Wrists:** Apply 2 to 4 drops to wrists and inhale as you repeat the following intention each day for 28 days:*

Gentle Change Intention

I know how much these blends can change lives and how much they have changed my life. I will maintain a positive attitude and a strong desire to better the life of my family, friends, and anyone I attract to my group. I let them know we are in this together, and I care as much about their success as I do my own. I lead by example.

- **Feet:** Apply 2 to 4 drops on bottoms of big toes on each foot. Because the soles of the feet are commonly less sensitive than other areas of the body due to their thicker skin, essential oils can generally be applied to the feet without irritation, and are quickly absorbed into the body.*
- **Perfume/Cologne:** For a safe, healthier alternative to synthetic fragrances, apply 2 to 4 drops on pulse points behind the ears, at the base of the throat, on the wrists, inside the elbows, and behind the knees.*
- **Massage/Lotion:** Add a few drops to unscented/perfume-free lotions, creams, and massage oils. Patch-test before applying to large areas.*

aromatic

- **Diffuser:** Diffuse 10 to 15 drops in a cool mist essential oil diffuser for 5 to 8 minutes per hour as desired, throughout the day.*
- **Body Spray:** Mix 15 to 20 drops into 4 ounces of distilled water in a cobalt blue glass or PET plastic spray bottle. Shake vigorously and mist around yourself to provide a high frequency energy that inspires unconditional love and gentleness.*
- **Room Spray:** Mix 15 to 20 drops into 4 ounces of distilled water in a cobalt blue glass or PET plastic spray bottle. Shake vigorously and spray into the environment as desired. Especially helpful before meeting with others to calm the emotions and create an environment of peace and cooperation.*

bath

- **Bath:** Add 5 to 10 drops to ½ to 1 cup of Pink Himalayan or Dead Sea bath salts, and add to warm bath water. Soak 10 to 20 minutes, allowing yourself to be surrounded by unconditional love and acceptance.*

goDesana

Product Information Page



application methods

Aromatic • Bath • Topical

safety group: 2

Generally regarded as safe when properly diluted and used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.

ingredients

Aniba rosaeodora (Rosewood), Rosa damascena (Rose), Lavandula angustifolia (Lavender Vera), Commiphora myrrha (Myrrh), Citrus reticulata var deliciosa (Red Mandarin), (Cymbopogon martinii) Palmarosa, Cananga odorata (Ylang Ylang Complete), Pelargonium graveolens (Rose Geranium), Jasminum grandiflorum (Jasmine), Cocos nucifera (Fractionated Coconut)

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

Fungal Relief

SOOTHING BLEND 10ml

Fungal Relief is formulated with essential oils known to have constituents that assist and support the body with fungal concerns.*

Fungal infections get in through cracks in the nail bed or cuts in the skin. Because toes are often warm and damp, different kinds of fungus, and sometimes yeast, are often found there. Left untreated, such infections could spread to other parts of the body.*

As we age, the potential for fungal infections increases. Those suffering from diabetes, smokers, and those with a weak immune system are also at higher risk. Spending lots of time in the water or previous injury to a nail bed can increase the odds of fungal infection as well.*

Both Spike Lavender and Niaouli have excellent anti-fungal and antibacterial properties, making them helpful in both the treatment and prevention of fungal infections.*

ingredient highlights

- **Spike Lavender:** Unique among lavenders in that it contains cineole which gives it many of the beneficial properties of eucalyptus, but in a softer, more tolerable form. Spike Lavender is more antiseptic due to the cineole and camphor content, and is often used in hand soaps and for wound healing.*
- **Niaouli:** A cousin to Tea Tree, Niaouli has traditionally been used as an antiseptic to treat wounds, discourage infections, and sanitize spaces. Its main chemical constituents are 1,8 cineole, α -pinene, and viridiflorol, all of which are well-known for their purifying properties.*
- **Macadamia Nut:** Has potent anti-fungal, antibacterial, and anti-inflammatory properties. Macadamia oil closely mimics the natural sebum of skin, which makes it beneficial to skin healing from fungal infection.*

uses

- Apply 2 to 3 drops neat (undiluted) directly to areas of concern up to three times per day. Can be used for an extended period of time.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil). A topical dilution of 25% (150 drops per 1 ounce of carrier oil) may be warranted in cases of severe pain, bad bruising, or serious muscle cramping.*
- **Children 3 to 5 years:** Dilute 3 drops in 10 ml of carrier oil.*
- **Children 5 to 10 years:** Dilute 6 drops in 10 ml of carrier oil.*
- **Pregnancy:** Safe when used as directed starting in the 2nd trimester at 3% dilution (15 drops/1 ounce).*

goDesana

Product Information Page



application methods

Topical

safety group: 2

Generally regarded as safe when properly diluted and used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.

ingredients

Lavandula latifolia (Lavender Spike), Melaleuca quinquenervia (Niaouli), Macadamia integrifolia (Macadamia Nut), Cocos nucifera (Fractionated Coconut)

responsible cautions

- Not recommended for use in children under 3 years of age.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*